



FALL 2023

GREENDALE

**Greendale Park
and Recreation Department**
Community Learning Center
5647 Broad Street, Greendale, WI 53129

Phone: (414) 423-2790 press 2

24-Hour Information Line:
(414) 423-2803

Regular Office Hours:

Monday through Friday

8:00 a.m. to 4:30 p.m. (Phone)

9:00 a.m. to 4:30 p.m. (In-person/Counter)

Office Closed:

September 4,

November 17, 23 & 24,

December 25 & 26 and January 1 & 2

Payments: Cash, checks, money orders or MasterCard/VISA/Discover are acceptable forms of payment for class registrations. All payments must be received at the time of class registration. We are willing to work on payment plans if you need to do so...we are more interested in you registering for the class/program.

Message from Greendale Schools Superintendent

Dear Greendale Community,

It amazes me how quickly the summer months fly by! I hope you and your family enjoyed a wonderful season and participated in the many offerings of our tremendous Greendale Park & Recreation Department. Our robust programming is truly a benefit to our community and does much to enrich the quality of life for Greendale residents and the Greater Milwaukee area. Thank you to all who participate and keep our programs strong.

Earlier this year, the school district, Park & Rec Department, along with the Village of Greendale began gathering public input to develop recommendations for the future of park and recreation in the community. The Board of Education formed an Ad Hoc Committee this spring to do this work on its behalf. With the guidance of consultants in urban planning and design, the collaboration will result in the creation of both a

School District Athletic/Recreational Facilities Study as well as a Comprehensive Outdoor Recreation Plan (CORP) to meet a state requirement for the Village government. Many thanks to the community members who participated in the public engagement session, who responded to the survey, and who took part in focus groups. Your input is so important to the future of our community. We appreciate your support.

Data from these activities is being compiled and the committee continues to meet to develop a report to the School and Village Boards. The final draft will be presented in December with adoption by both entities expected then. Please visit the Village of Greendale website for more information or contact Ryan Broderick, Director of Greendale Park & Recreation with questions.

We were excited to welcome so many community members to our four Community Connections events held during the past school year. Community

Connections, a program launched last year to celebrate our National Ethnic Heritage Months with the greater community, will be back again this fall. Be sure to visit the Greendale Schools website for more information on the special events and activities that celebrate belonging in our community. All are welcome to participate!

Greendale residents are proud and strong supporters of the many activities, learning opportunities, and programs available in our community. The many experiences through Greendale Park & Recreation are sure to cultivate your sense of belonging here! I look forward to participating along with you this fall.

Best wishes,
Kim Amidzich, Ph.D.
Superintendent

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Greendale Park and Recreation Department Activity Brochure

Published three (3) times yearly
December, April, August



Discover the Benefits of Park and Recreation
Call, click or stop by today to discover the park
and recreational opportunities
in your community.
gpr.greendale.k12.wi.us

OUR MISSION

The mission of the Greendale Park and Recreation Department is to provide comprehensive programs, services, facilities, activities, and life-long learning opportunities to enrich the quality of life in the Greendale community.

Greendale Board of Education

Joe Crapitto
Mary Laurel Grogan
Tassia Hughes
Rob Kobleska
Kathleen Wied-Vincent
Caiya Fuentes, Student Member
Nick Galusha, Student Member



4

Easy Ways to Register

• Online • Mail-In • Phone-In • Walk-In

Greendale Park and Recreation Department
5647 Broad Street
Greendale WI 53129

Hours: Mon-Fri 8:00 a.m.-4:30 p.m. (Phone)
Mon-Fri 9:00 a.m.-4:30 p.m. (In-person/Counter)
Closed: September 4, November 17, 23 & 24,
December 25 & 26 and January 1 & 2

Need help with online registration?
Don't know where to start? Stop by
the Park & Recreation office and
extra help will be available for you.

MAIL-IN / WALK-IN / PHONE-IN
Park and Recreation Office - 5647 Broad Street
414-423-2790 press 2
Resident-Tuesday, September 12th
Non Resident-Wednesday, September 13th

ONLINE REGISTRATION

Resident online registration begins **Saturday, September 9 at 8:00 a.m.** Non-resident begins **Wednesday, September 13.** Register from the convenience of your home or office at <https://web2.myvscloud.com/wbwsc/wigreendalewt.wsc/splash.html>.

Who Can Register Online?

Any individual or household may register online for Park and Recreation Programs.

NEW: If you have never registered with us, go to <https://web2.myvscloud.com/wbwsc/wigreendalewt.wsc/splash.html> to create an account.

RETURNING: email park.rec@greendaleschools.org to obtain your information if you have misplaced it.

How Do I Register For a Program Online?

Go to <https://web2.myvscloud.com/wbwsc/wigreendalewt.wsc/splash.html>. Under "member login" area and enter your household ID and password (received when setting up your household account). From there you may register for any available classes. If you do not have a household ID or password, you can create a new account. If you do not remember your information, email park.rec@greendaleschools.org to obtain your information before registration begins during office hours.

Which Programs Are Eligible for Online Registration?

You may register for any programs listed in our program brochure that have an activity number. Bridge for Kids, Care 4 Kids, Bloom 'N Grow, Adult Sports Leagues, Summer Adventure Club, and certain programs as noted are NOT eligible for online registration.

Online Security and Payments?

Online registrations and payments are processed through a secure system. We accept Visa, MasterCard and Discover.

A Few Things to Remember with Online Registration

-If you have an account, please make sure you have double checked your family info (birthdates, grades (if applicable), current phone number, email addresses, etc.) so that you will be able to register without any problems. Remember staff will only be available for trouble-shooting Monday-Friday, 8:00 a.m.-4:30 p.m., and as we have to manually verify each household once it is requested, it must be done during office hours.

-**Make sure to register early!** For processing and prepping, online registration is removed online on Tuesdays for all programs starting the following week.

-**Open Enrollment Families** attending Greendale School District Schools (public schools) for the 2023-24 school year may register online Saturday, September 9.

In order to receive the correct fees for classes using online registration, please call the office to let us know your family is Open Enrollment. If you do not let us know, you will not be correctly charged and we will not offer any refunds/adjustments.

-**Class Filled/Waitlist**-If a class is marked full and you are still interested in the class, please call the office to be placed on a wait list. If we can accommodate more participants you will receive a call from the office and have a two day window to let us know if you want the spot and to make the required payment.

-Program Registration Confirmation/Receipt

Online: Print receipts at completion of registration.

-**Internet Browser:** Make sure you are using the **Google Chrome internet browser** when registering for classes. We have found that other browsers (Edge, Explorer, Firefox, etc.) are not fully supported by our online software.



Program Registration Confirmation/Receipt

Mail-In/Phone-In: Send registrations to Park and Recreation with a self-addressed stamped envelope to receive a copy of your program receipt(s).

Registrations are required prior to class attendance. Registrations may be accepted after classes begin if space is available; however, class fees are NOT pro-rated. User fees cover the costs to offer these programs. When you sign up for a class, we depend on your enrollment for a successful class. Please plan your schedule carefully.

PROGRAM REGISTRATION FORM

(ONE FORM PER HOUSEHOLD)

Please read over the updated policies on the last page before registering. Please note the cancellation and refund policies. Also, please make a note of all the classes you are signing up for as confirmations will not be sent. **Note: Registration will not be processed without payment. When mailing in a registration, classes will be confirmed only when placed in your second-choice class.**

► Family Information

Name (first/last) _____
 Address (of participant) _____ Apt. _____
 City _____ Zip _____
 Home Phone () _____ Alternative Phone () _____ ☐ Cell
☐ Work
 E-Mail Address _____

► Please indicate your relationship to the registrant(s) named herein (check all that apply):

☐ Myself ☐ Spouse ☐ Parent/Guardian
☐ Other (please state) _____

► Emergency Name & Phone _____

► School District:

☐ Greendale ☐ Other
☐ Non-Resident ☐ Open Enrollment

Relationship to registrant(s) _____

► Special Considerations (medications, disabilities, etc.) for:

Choice	Name of Registrants/Participants First Last	Male Female	Date of Birth	Grade 23-24	Program Title (Level)	Activity Number	Program Fee
1st							
2nd							
1st							
2nd							
1st							
2nd							
1st							
2nd							
1st							
2nd							

T-SHIRTS (if applicable to program)

Shirt size options: Youth 6-8, 10-12, 14-16 Adult S, M, L, XL

Name _____ Size _____
 Name _____ Size _____

I, the undersigned, do hereby agree to allow the individual(s) named herein to participate in the activity(ies) indicated. I am aware of and understand that there may be potential risks inherent with participation in any recreation activity and that the Greendale School District and the Village of Greendale does not provide accident insurance and cannot assume responsibility for injury to any participants in the recreation programs. I further understand the eligibility requirements for the program as stated in the Department brochure, and that there are no refunds given unless the department changes a class. I have read and fully understand this agreement, and furthermore agree to the registration and related department policies, including the right to use my or my child's photograph or image with or without my or my child's name, both single and in conjunction with other persons or objects for any and all purposes including, but not limited to, private or public presentation, advertising, publicity and promotion relating thereto.

ALL ADULT PARTICIPANTS MUST SIGN BELOW. IN ADDITION, THE SIGNATURE OF A PARENT OR LEGAL GUARDIAN IS REQUIRED FOR YOUTH REGISTRATIONS.

► Signature _____ Date _____

QUESTIONS?? Call 414-423-2790 for assistance.

MAIL TO: Greendale Park and Recreation, 5647 Broad Street, Greendale, WI 53129

Please check over form for completeness. Thank you!

Round up for Recreation
 Rounding up your program fees helps
 provide financial support to the
 Greendale Park & Rec for promotion
 of preschool, youth, adult
 & senior citizen programs.

Total Fees	\$
Sub Total	\$
	\$
Total Amount	\$

► Payment Method: (check one)

☐ Check (Checks payable to): **Greendale School District**
☐ Cash ☐ Gift Certificate
☐ Credit Card (circle) VISA MasterCard Discover

Card # _____ Exp: _____

Card Holder Name: _____ V-code: _____

Signature: _____

ADULT PROGRAMS

Visit Chicago Spectacular

adults

(children may attend with a paying adult)

Love shopping in Chicago, or seeing the attractions and don't want the hassle of driving and parking? Then hop on board as we travel to Chicago and enjoy a day at your leisure! We arrive near Michigan Avenue (where there is always excitement) and you are on your own for the day. Consider a visit, during your own time, to the Christkindlmarket (if open) which features a cherished German and European tradition with international flair and local charm-near Macy's on State Street. When we board our bus at 5:30 p.m., you just sit back and relax after a fun-filled day of shopping or sightseeing!

Date: Saturday, December 2 **#210106.1**

Time: Motorcoach bus departs promptly from Greendale Municipal Parking Lot (5699 Parking Street) at 8:15 a.m. Bus leaves from Chicago at 5:30 p.m. and is expected back at 7:30 p.m. (traffic dependent) at the Municipal Parking Lot.

Place: Bus will drop off/pick up at corner of Rush Street (between Superior Street and Huron Street-Saks Fifth Avenue-dependent upon traffic pattern).

Fee per person (child or adult):
Resident \$40.00
Non-Resident \$45.00

Deadline to register: November 11th
(or until our 40 seats are filled)



FREE "Residential"

Paper Shredding Event

The Village of Greendale/DPW/Park and Recreation will be providing Greendale residents (household only-no commercial) the opportunity to bring CONFIDENTIAL and PERSONAL DOCUMENTS for secure and environmentally-responsible "on-site" destruction.

Things to know:

Each Greendale Household will be allowed **ONLY two (2)** Banker-size Boxes full of documents (again only 2 per household will be accepted) and boxes will be given back to the homeowner to dispose of.

Only "Confidential" Documents will be accepted (examples include bank statements, invoices, medical records, credit card offers, and pay-stubs). Staples and small paper clips are okay; remove large clips and binders. **PLEASE – no plastics or plastic bags** with documents inside will be accepted (as they plug up the machine and create "contaminated" product-unable to be recycled)! Also, now acceptable is glossy paper, magazines, books, newspapers, credit and ID cards, and other non-confidential documents.



Saturday, October 21
8:00-9:30 a.m.



Greendale Municipal Lot (off of Parking Street)
Must bring a valid driver's license listing Greendale resident, or current utility/tax bill listing Greendale residency (please check the Park and Recreation web site (gpr.greendale.k12.wi.us) to confirm if the event is occurring).

The spring collection generated 3,000 pounds! (190 vehicles)! Paper shredded from the Greendale event was made into paper towel and toilet paper.

The Document Company (KARD Shredding) will securely shred documents on-site, and then bundle up the confetti-sized pieces and have them recycled. Shred-it reports that every ton of recycled paper saves 17 trees, 380 gallons of oil, 3 cubic yards of landfill space, 4000 KWs of energy, and 7,000 gallons of water.

Start planning and see you on Saturday, October 21st!

Sponsored by: Birmingham Recycling LLC and J&J Contractors I LLC
Organized by: Greendale Park and Recreation Department
with assistance from
Greendale Department of Public Works

NEW!

Arabic World Language for Adults

For Adult

This is an introductory level Arabic language course. The aim of this class is to teach foundational beginners level reading, writing, and speaking skills for adults.

Dates: Saturdays **#210591.1**
October 14-November 18

Time: 9:00 - 10:30 a.m.

Place: Greendale High School
Room 176
(enter Door A2-northside of school)

Fee: Resident \$30.00
Non-Resident \$40.00

Instructor: Rajwa Abukhamireh, holds a Master's Degree in Education, is a Special Education teacher in GSD/GMS, holds a certificate of Community and International Medical Interpreting, and serves as the Arabic interpreter for GSD as well as a medical interpreter at the Children's Hospital of Wisconsin.

Creative Writing

adults

Do you have stories you'd like to express through the written word with other like-minded people? Whether you're writing letters to friends and family, recipe cards or a memoir of your life, then this is the class for you. This class is designed to inspire your creativity. Come to class willing to share thoughts, memories, and experiences with the goal of using your imagination like a kid again!

Each class will be filled with fun and imaginative writing exercises, open discussion of writing ideas, sharing assignments aloud and or course, time set aside for writing! The exercises and assignments will have no required minimum length, and grammar and spelling won't be critiqued.

Dates: Tuesdays **#210556.1**
Session I September 12-October 17
Session II October 31-December 12

exclude November 21

Time: 1:00-3:00 p.m.

Place: Greenfield Community Center
Activity Room A

Fee: Resident \$60.00
Non-Resident \$90.00

Instructor: Denise Kunz, Published Author

Note: Please bring a notebook and something to write with. All skill levels welcome.

Participants may register for Session I of this program beginning September 5th by calling the Park and Recreation office at 414-423-2790.

NEW!

Crime Fiction Book Discussion

"On Our Own"

adults

This congenial group, active since 1992, features lively discussions of interesting books selected by member consensus. All books include some element of crime, but emphasis tends to be more on character and plot than "gory details." Participants are expected to read the book prior to the meeting and to join in the discussion. The group meets monthly, September-May, but not in December.

September 21, 2023

Jussi Adler-Olsen

The Keeper of Lost Causes

Meet wonderfully weird detective Carl Morck, demoted by the Copenhagen police department to a one-man investigative unit known as Department Q. His job is to thaw out cold cases and he does it brilliantly with the help of Assad, a Syrian immigrant with a suitcase of mysterious skills. In this first book in the Department Q series, the two take on the case of a popular politician gone missing.

Facilitator: Joy Banyas

October 19, 2023

Alexandra Andrews

Who is Maud Dixon?

A tragic accident results in Florence Darrow assuming the identity of her boss, a novelist known as Maud Dixon, whose real identity is a closely guarded secret. Taut and twisty this psychological thriller explores how far into the darkness one is willing to go to claim the life they always wanted. Much of the action takes place in the colorful streets of Marrakesh and the windswept coast of Morocco.

Facilitator: Marie Mullarkey

November 16, 2023

Kevin Kluesner (a local author)

The Killer Sermon

A Wisconsin & Milwaukee-based mystery thriller about a pro-life/pro-abortion community schism that takes a murderous turn, requiring the efforts of two protagonists with opposing points of view to cooperate to catch the killer. With a tense plot that centers on a deadly battle over "reproductive rights," the novel also includes familiar Milwaukee-area references that will be familiar to readers.

Facilitators: Joe & Marlene Bruno

No meeting in December

Dates: Third Thursdays

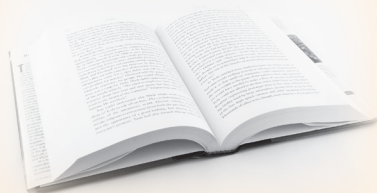
Time: 6:30-7:45 p.m.

Place: Community Learning Center

5647 Broad Street

Lower Level Main Meeting Room

#230507.1



Fee for Series: Includes September 2023 through May 2024 (exclude December)

Resident \$10.00

Non-Resident \$10.00

Registration is limited to a maximum of 25 participants

NEW!

Reader's Circle Series

adults

Join this group of "Book Discussion" aficionados for an informal discussion revolving around these current titles...meeting "in-person" and lively discussion!

Dates/Facilitators:

October 11: Wednesdays **#210576.1**
 November 8: The Thursday Murder Club by R. Osman (J. Strait)
 December 13: The Dictionary of Lost Words by P. Williams (H. Endicott)
 January 10: The Christmas Spirit by D. Macomber (H. Endicott)
Remarkably Bright Creatures by S. Van Pelt (TBA)

Time: 6:30-7:30 p.m.

Place: Community Learning Center

5647 Broad Street

Lower Level Meeting Room

Fee per Four-Date Series:

Resident \$10.00

Non-Resident \$10.00

Note: Registrants must obtain and read the books prior to the program meeting.

*"As the
Page
Turns..."*

Games Galore

adults

Get your friends together, bring your choice of game(s) to spend time together socializing, with some joyful challenges of friendly competition! Could be a certain game of Cards (Sheepshead, Uno, Bridge, Poker-non cash betting, Rummy, Canasta, etc.), or Table Games (Scrabble, Dominoes, Cribbage, Yahtzee, Mahjong, Monopoly, etc.) that you and your friends enjoy spending time together. In addition, if interested, bring a beverage (non-alcoholic please) and a snack for your group to enjoy. Have a good laugh, share some enjoyable games, and most importantly, have fun!

Dates:

1st and 3rd Thursdays of the month

(with some modifications)

September 7-December 21

(September 7 & 21; October 5 & 19; November 2, 16 & 30; December 7 & 21)

Time: 11:00 a.m.-3:15 p.m.

Place: Historic Hose Tower

5699 Parking Street

Fee: No Charge

Supervisor: Bruce Matzek & Sheepshead Friends

Note: Pre-Registration is NOT required.



American Red Cross Adult and Pediatric First Aid/CPR/AED "Blended Learning"



ages 16 years and older and adults

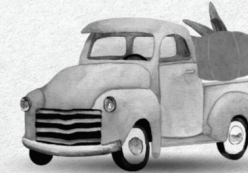
This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants, and meets OSHA/workplace requirements. This is a "blended learning" course including an online portion and an instructor-led classroom skill session. The "online portion" must be completed **prior** to attending the in-class portion and must be taken on a PC or tablet with a high speed Internet connection. Allow approximately 2 hours 30 minutes to complete the online portion.

Upon successful completion of this course, you will receive a digital certificate for Adult and Pediatric First Aid/CPR/AED valid for two years. Students must **bring proof of completion** of online program in order to attend the hands-on session.

Date: Tuesday
Session I September 19 #210511.1
Session II November 28 #210511.2
Time: 6:00-8:30 p.m.
Place: Greenfield City Hall
Room 206
Fee per session: Resident \$95.00
Non-Resident \$115.00
Instructor: Sue Stadler, ARC Authorized Instructor
Note: A unique email must be provided at registration as link to online portion will be sent shortly after these deadline dates: September 5th for Session I registrants, and November 1st for Session II registrants.

Participants may register for Session I of this program beginning September 5th by calling the Park and Recreation office at 414-423-2790.

GREENDALE DOWNTOWN MARKET



**SATURDAYS THROUGH SEPT 30
8AM-12PM ON BROAD ST**

**FIND US ON FACEBOOK
@GREENDALEDOWNTOWNMARKET**

NEW!

American Heart Association CPR & AED Training

ages 13 years and older and adults

This American Heart Association CPR course is designed to provide a wide variety of healthcare professionals, along with the lay person (Heartsaver), the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner. Instruction will include adult, child and infant CPR, relief of choking in an adult, child or infant, and adult and child AED use.

Skills are taught in a dynamic group environment by using the AHA's research-proven practice-while-watching technique, which provides students with the most hands-on CPR practice time possible.

Dates/Fees per session:

Recertification (BLS Healthcare Professional)

Thursday, September 21
Resident \$40.00
Non-Resident \$50.00

#210503.1

Full Certification (BLS Healthcare Professional Training)

Session II Thursdays
September 21 & 28
Resident \$80.00
Non-Resident \$90.00

#210502.1

Recertification (Lay Person Training)

Tuesday, October 10
Resident \$40.00
Non-Resident \$50.00

#210503.2

Full Certification (Lay Person Training)

Session I Tuesdays
October 10 and 17
Resident \$80.00
Non-Resident \$90.00

#210502.2

Time:

Place:

Instructors:

6:00-9:00 p.m.
Greendale Fire Station
5911 W. Grange Avenue
Members of the Greendale Fire Department

Note: Recertification is the first day of each session. Full Certification requires attendance at both dates for certification. No "mixing" of sessions. This AHA strongly promotes knowledge and proficiency in BLS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA, and any fees charged for such a course do not represent income to the Association.



Deadline to Register:
Two weeks prior to first date of the class you wish to register in.

American Heart Association Basic Life Support "Blended Learning" adults

This course is designed for healthcare professionals who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of settings. Throughout the course participants will receive training to promptly recognize several life-threatening emergencies, give high-quality chest compressions to adults, children, and infants, deliver appropriate ventilations and provide early use of an AED.

This is a blended learning style program including an online portion and in-class portion. The online portion must be completed prior to attending the in-class portion. **An email will go out to students after the deadline date with a link to purchase the online course directly from the American Heart Association for an additional \$34.00.** The online course fee is not included in the registration fee, and must be paid directly to the American Heart Association via the provided link. The online course must be completed on a PC or tablet with high speed internet connection. Allow approximately 2-3 hours to complete the online course. Students must bring proof of completion of the online course in order to attend the hands-on session.

Date: Tuesday, October 17 **#210513.1**
Time: 6:00-8:30 p.m.
Place: Greenfield City Hall
 Room 206
Fee: Resident \$63.00
 Non-Resident \$94.00
 Plus additional fee paid directly to AHA of \$34.00
Instructor: Sue Stadler, AHA Authorized Instructor
 Deadline to register is October 3rd



Greendale Senior Social Club adults (50+ years and older)

The Greendale Senior Social Club meets Tuesdays and Fridays from 10:00 a.m. to 3:00 p.m. at St Luke's Lutheran Church (6705 Northway). Club activities include holiday celebrations, guest speakers, book club, sing-alongs, exercise, cards, games, and special events. Blood pressure screenings, provided by public health nurses, are held the third Tuesday of each month from 1:00 to 2:15 p.m. for members. Sheephead is played every Tuesday & Friday from 12:15-3:00 p.m. Bring your brown bag lunch, and beverage every 2nd Tuesday for guest-speakers from 12-12:45 p.m.

Annual Fee: Residents \$40.00 per year
 Non-Residents \$50.00 per year
 (July 1, 2023-June 30, 2024)

Any Questions, Ideas, Suggestions?
Ask about our two-week "free"
trial membership for new members!
Contact the Park and Recreation
Department at (414) 423-2790.

"Round Up" for Recreation

Rounding up your program fee helps provide financial support to the Greendale Park and Recreation Department for promotion of preschool, youth, adult and senior citizen programs and participation for those unable to pay full price for programs offered by the department. Keep us in mind as you pay your registration fees this fall!

Special Thanks to those who contributed in Summer 2023!
You've made a difference!

Sheryl Gotts
 Sally Lemke
 Cindy Nettles
 Cris Reischl

Kim Sebastian
 Pamela Stelzer
 Sandra Wendt

NEW! Brown Bag Conversations seniors 50+

Don't miss the opportunity to learn more about your community, services available or be entertained! Join us for informal interactive discussions with local people in a relaxed environment.

Bring your own brown bag lunch and beverage, your thoughts, questions, and ideas!

If you have a suggestion for a future conversationalist, please stop by the Greendale Park and Recreation Department, 5647 Broad Street to let us know!

Date: 2nd Tuesday of the Month

September 12

Boost Your Brain!

Join the Greendale Health Department and learn healthy practices that can help you remember things better, be more organized, pay closer attention, and reduce your stress. This presentation will highlight some of the most promising strategies for keeping your brain healthy as you age.

October 10

The British Invasion 1964-1966

Join Greg Jenks as he briefly reviews the music history of the US and the UK before, and after, the Fab Four's arrival while also playing the songs and discussing the artists that filled the airwaves in the first two years of the musical incursion. The Beatles' appearance on The Ed Sullivan Show in 1964 forever altered the trajectory of popular music and opening the door for a battalion of musicians from across the Atlantic who quickly overran the Billboard charts.

November 14

Decluttering and Downsizing: You Can't Take It with You

Having too much stuff can impede people from relocating or getting health care into their homes. This engaging presentation explores why stuff is so important for some people and teaches practical, easy-to-follow tips on downsizing and decluttering. Learn how to get started!

December 12

No Speaker due to a Senior Social Club Event

Time: 12:00-12:45 p.m.
Place: St. Luke's Lutheran Church
 (6705 Northway)
Fee: FREE- No Charge
Note: No fee or registration required.

Hosted by the Greendale Senior Social Club (GSSC)

NEW!

Hands-On Cooking Korean Cooking Classes

adults



Cold Buckwheat Noodles 냉면

Date: Thursday, September 28 #211011.1
Korean cold noodle NaengMyeon is a noodle dish of North Korean origin which consists of long and thin handmade noodles made from the flour and starch of various ingredients, including buckwheat (메밀, memil), potatoes, sweet potatoes, arrowroot starch (darker color and chewier than buckwheat noodles), and kudzu (쑥, chik). Buckwheat predominates (despite the name, it is not a wheat but rather is more closely related to sorrel). With spicy pepper paste, vegetable, and beef, learners can taste something special.

Bibimbap 비빔밥

Date: Thursday, October 5 #211012.1
Bibimbap is a popular Korean dish of steamed white rice mixed with various vegetables, beef and chili paste (gochujang). It is the dish originated from ancestral service, where food left over after the service was mixed in a bowl and eaten together. It is very easy to prepare, all you need are a few seasoned vegetables (namul), sesame oil, and Korean chili paste. Described as some as "super delicious and versatile!"

Kkak-Du-Gi (Diced Radish Kimchi) 깍두기 & Pa-Jeon (Green Onion Pancake) 파전

Date: Thursday, October 12 #211013.1
With radish, Kkakdugi is cut like a dice and mixed with pepper powder, salt, minced garlic, minced ginger, green onions, and some other ingredients. And tender young green onions mixed with flour batter and pan-fried in vegetable oil. It is very popular in Korean restaurants around the world.

Spicy Stir-Fried Squid 오징어 볶음 & Chungmu Gimbap 충무 김밥

Date: Thursday, October 19 #211014.1
O-Jing-eo Bokkeum is spicy stir-fried squid with onions, carrots, and cabbage in a spicy mixture of gochujang and red chili powder. ChungMu GimBap is a gimbap made with only rice as the filler ingredient. Originating from the seaside city of ChungMu, the rolls are thinner and the surface is usually left unseasoned.

Kimchi Stew 김치찌개 & Kimchi Pancakes 김치전

Date: Thursday, October 26 #211015.1
Using ripe cabbage Kimchi, learners can make stew and pancakes with various vegetables, tofu, seafood or meat. Depending on your favorite, add beef, pork, tuna, mackerel, or other meats for Kimchi stew. To make Kimchi pancakes, many Koreans like to add sea food mixture.

Spicy mixed noodles: Bibim Guksu 비빔국수

Date: Thursday, November 2 #211016.1
Bibim Guksu is a light and delicious cold noodle salad dish. It is seasoned with spicy, sweet, and tangy Korean chili dressing.

Braised Spicy Chicken 닭도리탕

Date: Thursday, November 9 #211017.1
Dak-dori-tang (닭도리탕) of braised spicy chicken is a traditional Korean dish made by boiling chunks of chicken with vegetables and spices. The ingredients are sometimes stir-fried before being boiled. It is a jjim or jorim-like dish, and the recipe varies across the Korean peninsula. Common ingredients include potatoes, carrots, green and red chili peppers, dried red chili peppers, scallions, onions, garlic, ginger, gochujang (chili paste), gochutgaru (chili powder), soy sauce, and sesame oil.

Bulgogi: Korean Braised Beef BBQ 불고기

Date: Thursday, November 16 #211018.1
Bulgogi is prepared with beef that has been marinated in soy sauce, honey, sesame oil, minced green onion, garlic, sesame seeds, and sesame oil, and then grilled. It is very famous Korean dish in the world. Learners can make your own seasoning in sliced silicon beef.

Whole Cabbage Kimchi 배추 김치

Date: Thursday, November 30 (note time change) #211019.1
Kimchi, characterized by its spicy taste and crispness, is the most well-known Korean dish. Depending on the fermentation process, ingredients, region and weather, the taste of Kimchi changes, which is why there are over 200 types of kimchi. According to Health magazine, Kimchi is one of the world's healthiest foods. Health described it as "loaded with vitamins A, B, and C, but its biggest benefit may be in its 'healthy bacteria' called lactobacilli, found in fermented foods like prevent yeast infections, according to a recent study. And more good news; some studies show fermented cabbage has compounds that may prevent the growth of cancer.

Time: 6:30-8:30 p.m.
*Class on November, 30 will meet 6:30-9:00 p.m.
Place: Greendale High School, Room 135

Fee per class/session: Resident \$26.00
Non-Resident \$36.00
Instructor: So SeonJoo (소선주)

Note: Please indicate any food allergies at the time of registration. All materials/supplies provided

NEW!

Hands-On Cooking Apple Chai Caramels and Caramel Sauce

ages 16 years and older

Have you tried the delicious combination of apple cider and chai spices? My daughter introduced me to the Chai beverage years ago and I fell in love with this fall flavor combination. At this hands-on class, you will enjoy making soft, chewy caramels flavored with apple cider, dried apples and warm chai spices. Apple Chai Caramel Sauce is a delicious topping, perfect for drizzling over a slice of apple pie or as a dip for apple slices. These two recipes are a great addition for fall baking!

Date: Wednesday, October 25 **#211202.1**
Time: 6:00-8:00 p.m.
Place: Greendale High School
 Room 135
Fee: Resident \$50.00
 Non-Resident \$60.00
Instructor: Mary Adashek, Owner, Sweet Connection Classes
 Facebook and Instagram @Sweet Connection Classes

NEW!

Demo Cooking Beef-It's What's for Dinner!

adults

Tonight, Staci will bring you a mini version of a steakhouse classic. You'll sample this easy (and wildly delicious) weeknight steak recipe along with sides to make it a complete "night out at home."

You'll enjoy...

Salty, Garlicky Rolls, Mini Beef Wellingtons, 15 Hour Potatoes (a TikTok craze that is actually based off of Confit potatoes from Quality Chop House, London) and Cake Batter Waffles with Violet dipping glaze.

Date: Tuesday, September 26 **#211001.1**
Time: 6:30-9:00 p.m.
Place: Greendale High School
 Room 135
Fee: Resident \$27.00
 Non-Resident \$37.00
Instructor: Staci Joers, Cooking with Class

NEW!

Pickling with Fermentation

adults

Pickling food can be done with fermentation. Fermentation is a historical way to preserve food. It uses beneficial microorganisms to preserve food and allows it to stay safe to eat for months when refrigerated. Because of the way it's preserved, it provides nutrients, probiotics and good taste. It isn't a complicated process either.

This class will provide samples of 4-5 different vegetables pickled by fermentation for you to taste. Participants will then have a chance to make sauerkraut and a choice of another vegetable. Vegetables like radishes, beans, or jalapeno peppers will be options to pickle and take home. Participants will receive food to finish fermenting at home, multiple recipes and informational handouts. Please bring a quart canning jar.

The veggies at the farmers markets are calling you! Bring your knowledge and we'll share ideas.

Date: Tuesday, September 26 **#211024.1**
Time: 6:30-8:45 p.m.
Place: Greendale Middle School
 FACE Room (Home Econ)
Fee: Resident \$25.00
 Non-Resident \$35.00
Instructor: Julie Toman

NEW!

Hands-On Cooking Chocolate Peppermint Crunch Caramels and Chocolate Sauce

ages 16 years and older

Available only during Christmas time, learn how to create these two jolly treats everyone will love! The decadent taste of dark chocolate caramel is complemented with crunchy pieces of old-fashioned candy canes. This combination is both festive looking and delicious. For the homemade sauce, enjoy cool, refreshing peppermint as it melds with a simple but rich, creamy chocolate sauce. These treats are perfect edible gifts during the holiday season!

Date: Wednesday, November 29 **#211203.1**
Time: 6:00-8:00 p.m.
Place: Greendale High School
 Room 135
Fee: Resident \$50.00
 Non-Resident \$60.00
Instructor: Mary Adashek, Owner, Sweet Connection Classes
 Facebook and Instagram @Sweet Connection Classes

NEW!

Demo Cooking Inspired Mediterranean

adults

All of these dishes are simple, scrumptious, and might even transport you to a beautiful place for a moment.

You'll sample...French Onion Tarts, Garlic Tuscan Pork Tenderloin in Baguette with Simple Parmesan Pasta, and Basque Cheesecake (a no crust, creamy center with "burnt" top and bottom).

Date: Tuesday, October 24 **#211002.1**
Time: 6:30-9:00 p.m.
Place: Greendale High School
 Room 135
Fee: Resident \$27.00
 Non-Resident \$37.00
Instructor: Staci Joers, Cooking with Class

NEW!

Grieving a Beloved Pet through the Written Word

adults

Write your story. The story of your memories and experiences with a beloved pet that is no longer with us. Receive literary guidance and feedback from a published author experienced with grief and loss. Each session students will share what they have written with a goal of completing their written work by the end of class. Students are asked to bring photos of their pets to class as they work on their stories. Options and suggestions for completed work will be offered.

Dates: Thursdays **#210557.1**
 October 5 – November 9
Time: 5:45-7:45 p.m.
Place: Greenfield Community Center
 Activity Room B/Oakly Fisher Room
Fee: Resident \$60.00
 Non-Resident \$90.00
Instructor: Denise Kunz, Published Author

Cutting the Cord-Controlling Cable & Internet Costs

adults

Fees for cable television, home internet, smartphones, and streaming services quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on all devices.

Date: Wednesday, October 11 **#213019.1**
Time: 6:30-8:30 p.m.
Place: Greendale High School
Room 176
(Use Front Entrance, Door A2)
Fee: Resident \$21.00
Non-Resident \$31.00
Instructor: C.T. Kruger



"iPad/iPhone : Tips, Tricks & Techniques"

adults

This hands-on class is specific to Apple iPhone, iPad tablets, and iPad Mini devices. Learn tips, tricks and techniques to navigate, organize, backup and add useful apps to your iPhone, iPad or iPad mini device.

Date: Wednesday, October 18 **#210847.1**
Time: 6:30-8:30 p.m.
Place: Greendale High School
Room 176
(Use Front Entrance, Door A2)
Fee: Resident \$21.00
Non-Resident \$31.00
Instructor: C.T. Kruger
Note: Bring your personal device (iPad/iPhone to class).

"The Camera in Your Smartphone"

adults

It's a camera, it's a photo album, it's a television - it's your phone! Learn about apps, tips, tricks and limitations for pictures and video from iPhone and Android smartphones and tablets. This class will cover your device's camera, home and Cloud storage options, printing and more.

Date: Wednesday, October 25 **#210861.1**
Time: 6:30-8:30 p.m.
Place: Greendale High School
Room 176
(Use Front Entrance, Door A2)
Fee: Resident \$21.00
Non-Resident \$31.00
Instructor: C.T. Kruger
Note: Bring your personal device (Smartphone) to class.

"You Have Pictures In Your Camera - Now What!"

adults

We have hundreds - if not thousands - of pictures in our cameras, smartphones and computers. Now what...?

This two-hour seminar teaches techniques to save pictures from cameras and smartphones to your computer, to external devices and to "the Cloud" using Windows 10 PC's.

Date: Wednesday, November 1 **#210856.1**
Time: 6:30-8:30 p.m.
Place: Greendale High School
Room 176
(Use Front Entrance, Door A2)
Fee: Resident \$21.00
Non-Resident \$31.00
Instructor: C.T. Kruger

The Future is Ours to See

Imagine your greatest goals within reach.

Together, we can create a strategy to help make fulfilling those dreams a reality - one that can guide you forward on the path to success.

Let's work together.
Contact us to schedule a consultation.



**MANCHESTER
INVESTMENTS**

Established 1993

(414) 421-1500 office
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manchesterinvestments.com

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HEALTH & WELLNESS

Body "Works"

ages 16 years and older and adults

Kick start the fall with this core and muscle conditioning class that includes a bit of everything-pilates, yoga, toning, and stretching. Re-energize with exercises to strengthen your whole body.

In this class, you use "your" body weight while focusing on increased energy, flexibility, better balance, and range of motion. All fitness levels welcome. Participants must be able to get up and down from floor without assistance.

Dates:
 Session I Mondays **#210704.1**
 September 25-December 11
 Session II Wednesdays **#210704.2**
 September 27-December 20
 exclude November 22
 Session III Mondays & Wednesdays **#210704.3**
 September 25-December 20
 exclude November 22 & December 18
Time: 6:30-7:15 p.m.
Place: Greendale Middle School
 Upper Gym
Fees per session:
 Session I or II Resident \$60.00
 Non-Resident \$70.00
 Session III Resident \$90.00
 Non-Resident \$100.00
Instructor: Meri Misko
Note: No "mixing" of sessions. Bring exercise mat and water bottle for each class.

Morning Muscles

ages 50 years and older and seniors

A different kind of heart health! Join us every Tuesday and Friday morning for a healthier version of the coffee klatch. We all begin where we are able and support each other while we stretch and build muscle. Good for your soul and body. Feel good inside and out!

Dates: Tuesdays and Fridays **#210703.1**
 Now through June 30, 2024
 excluding GSD school holidays
Time: 10:00-10:30 a.m.
Place: St. Luke's Lutheran Church
 (6705 Northway)
Fee: Resident \$40.00
 Non-Resident \$50.00
Instructor: Meri Misko
Note: This class includes a "FREE" Greendale Senior Social Club membership through June 30, 2024. Wear comfortable clothes for stretching and bending.

Heart Smart

adults

If you want to add more activity to your life and improve your overall health, consider this class. It will help you improve your cardiovascular efficiency without the high impact on your joints. This class involves steady steps (walking), arm and leg movements with or without light weights, joint flexibility, balance, strength training, and shapes the entire body inside and out.

Dates: Mondays **#210763.1**
 September 11-December 11
 exclude September 25 and October 9
Time: 8:50-9:40 a.m.
Place: Greenfield Community Center
 Jansen Fest Hall
Fee per session:
 Resident \$52.00
 Non-Resident \$78.00
Instructor: Vickie Strachota, NETA Certified Instructor
Note: Wear aerobic/fitness shoes, clothes for stretching and bending, bring a towel, and a filled bottle of water.

Participants may register this program beginning September 5th by calling the Park and Recreation office at 414-423-2790.

Greendale Residents Only

Hallway Walkers

adults

Each additional mile walked by a sedentary person would save U.S. society an average of 34 cents in medical and other costs (RAND Corporation, 1993). ...are you doing your part? You are encouraged to start a healthier lifestyle, or continue your healthier lifestyle, by participating in this "indoor" walking opportunity!

Greendale Entertainment Association would like to encourage your participation in starting a healthier lifestyle, or continuing to be healthier, by sponsoring this program this Fall!

Dates: Mondays, Wednesdays, and Thursdays **#210705.1**
 September 25-November 30
 exclude September 28; October 2 & 23; November 6, 22, 23 & 27
Time: 6:15-7:30 p.m.
Place: Greendale High School
 Main, Upper Hallway-please enter through back entrance "Greendale Performing Arts" Wing (do not arrive earlier, doing so can jeopardize our program - our approved usage is only 6:15-7:30 p.m.)
Fee: Residents only-No charge; however, must pre-register in-person or through mail at the Park and Recreation Office before attending.

Supervisors: Julie Goetz and Debbie Eberhardt
Note: The program costs for this fall's walking program are being sponsored by the "Greendale Entertainment Association"... thank you to them for their generous donation to make this FREE program possible!

NEW!

Step It Up Boot Camp

adults

Step Up your fitness level in this 45-minute, cardio & strength Boot Camp style class. Challenge your body as you transition between high and low intensity exercise movements that will have you sweating and your muscles burning. This class is built for EVERYONE with accommodations for a variety of different fitness levels.

Dates: Tuesdays
 Session I September 12-October 24 **#210777.1**
 Session II November 7-December 19 **#210777.2**
Time: 6:50-7:35 p.m.
Place: Greenfield Community Center, Jansen Fest Hall
Fee: Resident \$31.00
 Non-Resident \$47.00
Instructor: Cilla Baker

Participants may register for Session I of this program beginning September 5th by calling the Park and Recreation office at 414-423-2790.

Important Fitness Note:

Before you start any exercise program you should consult with your physician, especially if you are taking medication, have not exercised regularly, or if you have had any symptoms of heart disease or other serious illness that might affect your ability to exercise.

WERQ™

ages 16 years and older



WERQ™ is the fiercely fun dance fitness class based on pop, rock, and hip hop music. The signature WERQ™ warm up previews the dance steps used throughout the class, and WERQ's™ unique "3Q1" method of cueing ensures participants are able to follow the instructor with ease. Students blast away calories and build cardiovascular endurance dancing to the latest chart-topping hits. The WERQ™ cool down combines yoga-inspired static stretching with balance poses. Dancers and non-dancers alike love this WERQout. WERQ™ is taught by a WERQ™ Certified Fitness Professional, so the WERQout is safe and effective.

Dates: Wednesdays
Session I September 13-October 25 **#210781.1**
Session II November 8-December 20 **#210781.2**
Time: 5:30-6:30 p.m.
Place: Greenfield Community Center
Jansen Fest Hall
Fee per session: Resident \$31.00
Non-Resident \$46.50
Instructor: Abby Delain, Certified WERQ™ instructor
Note: Please bring a yoga mat.

Zumba® Gold

55 years and older



A lower impact, easy to follow, Latin-inspired dance fitness-party™ that keeps you in the groove of life.

Get hooked on this new fitness workout that is healthy, beneficial and FUN. Zumba® fuses hypnotic Latin rhythms and a combination of easy-to-follow fast and slow dance moves and resistance training to tone and sculpt your body while burning fat.

Dates: Tuesdays
Session I September 12-October 24 **#210742.1**
Resident \$31.00
Non-Resident \$47.00
Thursdays
Session II September 14-October 26 **#210742.2**
Resident \$31.00
Non-Resident \$47.00
Thursdays
Session III November 2-December 14 **#210742.3**
exclude November 23
Resident \$26.00
Non-Resident \$39.00
Tuesdays
Session IV November 7-December 12 **#210742.4**
Resident \$26.00
Non-Resident \$39.00
Time: 10:15-11:15 a.m.
Place: Greenfield Community Center
Jansen Fest Hall
Instructor: Kaye Kass, Zumba® Licensed

Participants may register for Session I of this program beginning September 5th by calling the Park and Recreation office at 414-423-2790.



LOVE THY NEIGHBOR FOUNDATION

Walk away from the workshops saying "I didn't know that!"

From aging in place to downsizing, it can feel incredibly overwhelming. Love Thy Neighbor workshops provide resources and info on living life on your own terms in your golden years!

Upcoming Workshops

September 14th from 1-2pm
Victory Of The Lamb Church
Fee:
FREE!
October 12th from 1-2pm
Wilson Park Senior Center
November 16th from 1-2pm
Victory Of The Lamb
December 13th from 1-2pm
Wilson Park Senior Center

Call us at **414-562-6666** for free resources for seniors



GREENDALE

4th Annual "KITES OVER GREENDALE"

SUNDAY, SEPTEMBER 17
12:00 PM – 4:00 PM

COMMUNITY CENTER PARK
(6200 S. 76th Street)

People will be able to fly their own kites and watch a team fly their kites in unison...sort of like the Blue Angels, only with kites to music. There will be a Grand Launch of all of the kites at 12:30 p.m. with "LET'S GO FLY A KITE" playing in the background. A kids "Mad Dash" will take place at 2:00 p.m. 25 free kites will be given to the first 25 kids who sign up and participate to see who can get their kites the highest in 60 seconds. The winner will get a \$25.00 kite from Gift of Wings Greendale. The Giant Octopus kite (150 feet long and 50 feet wide) will be onsite and hopefully in the air! This kite requires a lot of wind, it's flight is subject to the wind conditions that afternoon. Also enjoy kite demonstrations by a Professional Team (weather dependent), and activities for children provided by Team A.L.I.E.N.

Hope to see you there!

Zumba®

ages 16 years and older



Zumba® -the international fitness rage. This Latin inspired workout combines easy to do Latin dance steps with a mixture of body sculpting movements. Zumba® features aerobic/fitness interval training to maximize caloric output to increase fat burning with total body toning. Zumba® is a "feel happy" workout that is great for both the body and the mind. Zumba® now includes Zumba® Toning.

Dates/Times:

Session I Mondays **#210728.1**
September 11-October 23
5:30-6:30 p.m.

Session II Mondays **#210728.2**
November 6-December 11
5:30-6:30 p.m.

Session III Wednesdays **#210728.3**
September 13-October 25
6:45-7:45 p.m.

Session IV Wednesdays **#210728.4**
November 8-December 20
6:45-7:45 p.m.

Place: Greenfield Community Center
Jansen Fest Hall

Fee per session: Resident \$31.00 (Sessions I, III & IV)
Non-Resident \$47.00 (Sessions I, III & IV)
Resident \$26.00 (Sessions II)
Non Resident \$39.00 (Sessions II)

Instructors:

Mondays Kaye Kass, Zumba® Licensed
Wednesdays Desiree Wachtendonk



Participants may register for Session I of this program beginning September 5th by calling the Park and Recreation office at 414-423-2790.

Strengthen and Lengthen

adults



If you believe variety is the spice of life, then this is the workout for you. Develop a strong, lean body with this fitness fusion of pilates, yoga, weight training and fitness stretching. Get fit and have fun!

Dates: Mondays **#210775.1**
Session I September 11-October 23
Resident \$31.00
Non-Resident \$47.00

Session II **#210775.2**
November 6-December 11
Resident \$26.00
Non-Resident \$39.00

Time: 6:40-7:40 p.m.
Place: Greenfield Community Center
Jansen Fest Hall

Instructor: Kaye Kass

Participants may register for Session I of this program beginning September 5th by calling the Park and Recreation office at 414-423-2790.

NEW!

Meditation for Creative Living

Ages 16+

This is a 4-week introductory class called Meditation for Creative Living. Students will learn what meditation is, its benefits, simple ways to align and relax the body, establish harmonious diaphragmatic breathing, how to balance the hemispheres of the brain, and a 4-step process of meditation using a mantra or word to quiet the mind for receptivity for creativity.

Dates: Thursdays
September 21-October 12

Time: 6:30-7:45 p.m.
Place: Greendale Middle School
Upper Gym
Enter Door A3

Fee: Resident \$50.00
Non-Resident \$55.00

Instructor: Ellen Massa

Note: Bring a yoga mat and large towel for a more comfortable meditation experience.



#210701.1

NEW!

Tone & Stretch

ages 16 and older



In this class you will complete a series of eight hand weight exercises set to music to tone and strengthen your body. The second half of class will be used to wind down from your busy day and just stretch. With head to toe emphasis, you will relax those tight muscles, help prevent joint stiffness, improve your digestion and help promote a restful night's sleep. Everyone can benefit from a good stretch. This class is approximately 80% standing and 20% on your personal yoga mat - please bring! Exercises can be modified with assistance of or seated in a chair.

Dates: Thursdays **#210774.1**
September 14- November 9

Time: 6:55pm-7:55pm
Place: Greenfield Community Center
Jansen Hall

Fee: Resident \$39.00
Non-Resident \$58.50

Instructor: Diane Maegli-Hippert



Parkinson's Exercise Class

age 55+ with Parkinson's



This class is designed for people with Parkinson's disease. The class will keep you mentally sharp and physically active. During this one-hour class, participants will perform balance exercises, cardio, work on posture, strength training, stretching and walking drills. Participants will also have fun while dancing, boxing, doing brain activities, and work on vocals and facial exercises. Exercises will be done seated and standing. Individual and partner activities will be performed to enhance the experience and build camaraderie. Within a few weeks, you will notice that exercising does help manage the symptoms of Parkinson's and improve the quality of your daily living, while having fun. Remember, movement is medicine! Please wear comfortable clothing, bring a water bottle. The exercises are appropriate for various populations and/or environmental conditions to ensure a safe and effective setting for all class participants.

Dates: Wednesdays
Session I September 13-October 25 **#210718.1**
Session II November 8-December 27 **#210718.2**
exclude December 6
Time: 10:30-11:30 a.m.
Place: Greenfield Community Center
Jansen Fest Hall
Fee per session: Resident \$31.00
Non-Resident \$46.00
Instructor: Mary Wood, Certified Parkinson's Exercise Instructor through Total Health Works/Delay the Disease

Note: Please wear comfortable clothing, bring a water bottle and towel. Floor exercise will be incorporated; however, modifications will be provided for various populations and/or environmental conditions to ensure a safe and effective setting for all class participants.



Yoga Fit

adults



Develop greater body awareness and sensitivity to your body while reducing stress in this yoga fit class. Each week you will stretch, breathe, learn yoga postures, relax and have fun. Not recommended for pregnant women.

Dates: Tuesdays
Session I September 12-October 24 **#210734.1**
Session III November 7-December 19 **#210734.3**
Thursdays
Session II September 14-October 26 **#210734.2**
Session IV November 2-December 21 **#210734.4**
exclude November 23
Time: 5:40-6:40 p.m.
Place: Greenfield Community Center
Jansen Fest Hall
Fee per session: Resident \$31.00
Non-Resident \$47.00
Instructor: Cilla Baker, Yoga Certified
Note: Please bring a yoga mat and a filled water bottle.



Participants may register for Session I of this class beginning September 5th by calling the Park and Recreation office at 414-423-2790.

Core and More

adults



This core-focused class includes resistance training to target your abdominals, back, gluteal muscles, and more. Chisel and firm your core muscles using the fitness stability balls, add weights to work the upper and lower body, the balance discs to gain stability, and a bit of mat work to round it all out.

Dates: Mondays
September 11-December 11 **#210779.1**
exclude September 25 & October 9
Time: 7:50-8:40 a.m.
Place: Greenfield Community Center
Jansen Fest Hall
Fee: Resident \$52.00
Non-Resident \$78.00
Instructor: Vickie Strachota, NETA Certified Instructor
Note: Bring your own workout mat and a filled bottle of water.

Participants may register for this program beginning September 5th by calling the Park and Recreation office at 414-423-2790.



From memories of old and new, the Greendale Village Concert Band will present a free winter concert, "Holidays in the Village". Join us!

Greendale High School
Auditorium
Friday, December 15, 2023
7:00 PM



WALK WITH EASE PROGRAM

The Arthritis Foundation Walk With Ease Program is an exercise program that can reduce pain and improve overall health. If you can be on your feet for 10 minutes without increased pain, you can have success with Walk With Ease.



Walk With Ease will help you:

- Motivate yourself to get in great shape
- Walk safely and comfortably
- Improve your flexibility, strength and stamina
- Reduce pain and feel great

Program details:

- St. Stephen the Martyr Lutheran Church, 6101 S. 51st, Greendale
- Meet two times per week for 6 weeks, Tuesdays and Thursdays, 10am to 11am
- Dates: October 3 - November 16
- Cost: The program is FREE!

Register by calling

Greendale Public Health 414-423-2110



Care for the Caregiver Workshop

SAVE THE DATE

When: Saturday, November 4, 2023
9AM-1PM

Where: St. Alphonsus Church
Community Room
6060 W. Loomis Road, Greendale

- Keynote Speaker
- Relaxation
- Movement
- Connect with other caregivers
- Lunch

Registration required
414-423-2110



HEALTHY BRAIN
INITIATIVE



Back to School Mental Health Tips



Prioritize your Family's mental health by:

- Eating and sleeping well
- Getting in regular exercise in whatever way works for you
- Practicing relaxation like deep breathing and meditation
- Limiting screen time

STEPPING ON PROGRAM

According to the Centers for Disease Control and Prevention (CDC) one in four older adults has a fall each year and Wisconsin leads the nation in fall-related deaths for people aged 60 and older. Falls are not a normal part of aging and can be prevented. The Stepping On program has been researched and proven to reduce falls by 31%.

Stepping On gives participants strategies

- For avoiding falls including balance and strength exercises,
- Home safety modifications,
- Medication review

The workshop is designed specifically for people who are aged 60 or older and have fallen or have a fear of falling.

Program details:

- Greendale Health Department 5650 S. Parking St, Greendale.
- Meet once a week on Thursdays for 7 weeks. 1:30-3:30pm
- Dates: September 9-October 19
- Cost: The program is FREE!

Register by calling

Greendale Public Health 414-423-2110





Step Up to Better Health Fun Run, Walk, or Roll!

Save the Date:
October 22, 2023



<https://tinyurl.com/GreendaleStepUp2023>

FLU VACCINE CLINIC



FREE for Children
(under 19 years)

**GREENDALE HIGH SCHOOL
TUESDAY, OCTOBER 31, 2023**

SEPTEMBER: RECOVERY MONTH



Hales Corners & Greendale
**COMMUNITY
ALLIANCE**
Reducing substance misuse

RECOVERY STORIES

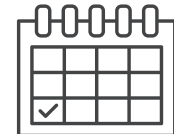
GREENDALE CHAMBER POWER HOUR
SEPTEMBER 26TH @ 8AM, DIA
CHECK OUT FOR MORE EVENTS, COMING SOON!
[HTTPS://WWW.COMMUNITYALLIANCEHCGD.ORG/](https://www.communityalliancehcgd.org/)

SCAN ME



*Dates and times for all health department meetings, events, and workshops are subject to change. Check our website for the most up to date information.

Public Health Meeting Schedule



If you are interested in learning more about the health department or joining one of our community-led health committees, we encourage you to attend a meeting.

- SAGE- Second Tuesday of the Month
3:00-4:30 PM Greendale Community Learning Center Meeting Room
- Board of Health- Second Tuesday of the Month
5:00 PM Greendale Community Learning Center Meeting Room
- Healthy Mind, Healthy Greendale- 3rd Friday of the Month
8:00-9 AM Greendale Community Learning Center Meeting Room
- Community Alliance- 4th Tuesday of the Month
5:30-7 PM Greendale Hose Tower

https://www.greendale.org/departments/health_department/index.php



**Greendale
Public Health**

Prevent. Promote. Protect.

THE ARTS

NEW!

Beaded Mosaic Pendant

adults

Gift-giving season is here! Nothing is more thoughtful than giving a gift made with your own two hands! This 1.5 hour workshop will teach you the art of beaded mosaic jewelry design and construction using semiprecious stones. Students will go home with a finished, beaded mosaic pendant that family and friends will adore! All materials provided, including chain and gift wrap.

Date: Thursday, November 9 **#211802.1**
 Tuesday, December 12 **#211802.2**
Time: 6:00-7:30 p.m.
Place: Greendale High School
 Art Room 154
Fee: Resident \$65.00
 Non-Resident \$75.00
Instructor: Jenny Mullen

Middle Eastern Dance

ages 16 and older



Learn the basic techniques and spirited essence of Middle Eastern Dance (MED). This ancient dance form is easily adapted to all fitness levels and is a great path to becoming more fit. It is a great workout while teaching muscle control, strength, isolation, grace, flexibility and stamina. Traditional music and finger cymbals set the mood while you gain greater body awareness.

The Continuing and Technique classes are geared towards all levels of experience.

Dates/Times: Tuesdays
 September 12-November 28
Technique 4:45-5:45 p.m. **#210301.1a**
Continuing 6:00-7:00 p.m. **#210301.1b**
Invite Only 7:15-8:15 p.m. **#210301.1c**
Place: Greenfield Community Center
 Studio

Fee per level: Resident \$48.00
 Non-Resident \$72.00
Instructor: Denise Lukasik-Sedmak
Note: This is an instructional class only. Performances other than recital are not part of this program.

Participants may register this program beginning September 5th by calling the Park and Recreation office at 414-423-2790.

Adult Ballet

ages 16 years and older



Discover the benefits of ballet instruction through the stretching, strengthening and conditioning of your upper and lower extremities and abdomen. The adult ballet class is designed for adult dancers of all ages and abilities. Whether a student has years of dance experience or wants to learn to dance for the first time, this class is perfect for you!

Dates: Mondays **#210313.1**
 September 11-November 27
Time: 4:30-5:15 p.m.
Place: Greenfield Community Center
 Studio
Fee: Resident \$48.00
 Non-Resident \$72.00

Instructor: Denise Lukasik-Sedmak
Note: Ballet slippers required.

Participants may register this program beginning September 5th by calling the Park and Recreation office at 414-423-2790.

Intermediate/Advanced Adult Tap

ages 16 years and older



Tap dance emphasizes the flow of movement by teaching the dancer to find rhythms and beats, not only in music, but incorporated in their tap techniques. Tap Dancing is taught in a traditional Broadway and rhythmic style. Students must have at least one (1) year of prior Tap dance instruction with Miss Denise.

Dates: Mondays **#210303.1**
 September 11-November 27
Time: 5:30-6:15 p.m.
Place: Greenfield Community Center
 Studio
Fee: Resident \$48.00
 Non-Resident \$72.00

Instructor: Denise Lukasik-Sedmak
Note: Tap shoes are required.

Participants may register this program beginning September 5th by calling the Park and Recreation office at 414-423-2790.

Asian Ink Brush Painting

ages 16 and older

Participants will learn the basic techniques of Asian Ink Brush Painting with a special focus on orchids, bamboo, chrysanthemums, and cherry blossoms. No previous experience is required but more advanced techniques are available for those who are ready.

Date: Mondays, October 16-November 13 **#211907.1**
Time: 6:00-8:00 p.m.
Place: Greendale Middle School
 Room 178
Fee: Resident \$70.00
 Non-Resident \$80.00
Instructor: Jeusun Johnson, Visual Art and Graphic Design degrees from Daejin University and Sejong University in South Korea and guest instructor at Alverno College, MIAD and the Oriental Watercolor Society of Milwaukee
Note: Program fee includes use of the brushes used to teach this technique.

Ballet Barre

ages 16 years and older and adults



The ballet barre is usually associated with dance techniques, but it can also provide an effective workout for non-dancers. This technique will focus on core and abdominal conditioning as well as extremity flexibility. No dance training is required.

Dates: Mondays **#210768.1**
 September 11-November 27
Time: 6:30-7:15 p.m.
Place: Greenfield Community Center
 Studio
Fee: Resident \$48.00
 Non-Resident \$72.00
Instructor: Denise Lukasik-Sedmak

Participants may register this program beginning September 5th by calling the Park and Recreation office at 414-423-2790.



Tiny Tots Dance

ages 2 & 3 with parent/caregiver



This beginner dance class is great for young children to learn the basics of ballet and creative movement. The class will focus on pre-skills for ballet and creative music through use of ribbons and scarves. Parents will help guide their young dancers through these movements. Get ready to twirl and leap in this parent/tot class.

Dates: Mondays #221940.1

September 18-November 6

Time: 5:00-5:30 p.m.

Place: Greenfield City Hall Basement

Fee per pair: Resident \$40.00

Non-Resident \$60.00

Instructors: Greenfield Kidnastics Staff

Note: Children should come dressed in comfortable clothing, easy to move in, and socks (ballet slippers welcome but not required). Bring a filled bottle of water. Each child must be accompanied by a parent or caregiver who will be actively involved in working with and guiding their child through activities.



Tutus and Tumbling

ages 4 through 6



This is a combination class where introductory tumbling and ballet skills are taught-a great way to learn what both disciplines have to offer. Students will learn a variety of skills, including warmups at the ballet barre, chasses, and leaps – as well as jumps, rolls, and tricks on the beam and bar during tumbling.

LEVEL I: If your child/children are new to Tutus and Tumbling or have only done one Tutus and Tumbling session, Level I is most appropriate. Teachers will be teaching introductory skills to ballet and basic tumbling in this level.

LEVEL II: If your child/children have participated in 2 or more Tutus and Tumbling sessions in the past, they can advance to Level 2. In Level 2 Tutus and Tumbling, students will strengthen their previously acquired skills.

Dates: Mondays
September 18-November 6

Times:
Level I 5:40-6:40 p.m.
Level II 6:50-7:50 p.m.

Place: Greenfield City Hall Basement

Fee: Resident \$40.00

Non-Resident \$60.00

Instructors: Greenfield Kidnastics Staff

Note: Children should come dressed in comfortable clothing, easy to move in (leotards are welcome but not required...no large tutus please!), and socks (ballet slippers welcome but not required).

#221941.1
#221941.2

Youth Dance Instruction

ages 3 through 9th grade

Dates:

Mondays, October 16-April 8

exclude November 20, December 25, January 1, March 25

Wednesdays, October 18-April 10

exclude November 22, December 27, January 3, March 27

(Dates include an inclement weather date exclude, if needed.)

Fee per level (instruction only): Resident \$140.00
Non-Resident \$150.00

Levels:

BEG-Beginner Level

PT-Previous Training (a must for these classes)

Required Apparel:

Tap shoes, ballet slippers, leotards, tights

Instructor:

"Miss Kathleen" Burzynski

Combination Classes – Ballet, Tap and Acrobatics

ages 3 & 4 yrs.	BEG	Mondays	4:30-5:10 p.m.	#220303.1
ages 4 & 5 yrs.	BEG/PT	Mondays	5:20-6:00 p.m.	#220303.2
ages 5-7 yrs.	BEG	Wednesdays	4:50-5:30 p.m.	#220303.3
ages 4-6 yrs.	BEG/PT	Wednesdays	5:40-6:20 p.m.	#220303.4
ages 7-9 yrs.	PT	Wednesdays	6:30-7:10 p.m.	#220303.5
NEW-Adult (30+)	Tap	Wednesdays	7:20-8:00 p.m.	#220303.6

There will be NO registrations accepted mid-season for dance classes.
Students must be registered for the entire time frame (fall/winter/spring).

DRESS REHEARSALS

Thursday, April 11 and Friday, April 12, 2024 at 4:00 p.m.

DANCE RECITAL

The Greendale Park and Recreation Department's annual dance recital will be held

Saturday, April 13, 2024 at the Greendale High School Auditorium.

Program will begin at 6:00 p.m.

Please note: Participants will be required to purchase a t-shirt and leotard as the required apparel for the recital (this is an additional expense if wishing to participate in the 2024 recital- Miss Kathleen will have further information closer to the date of the recital).

Music Maker & More



ages 9 months through 4 years
with parent or caregiver

This sing along musical activity group is designed for children and their parent or caregiver. Learn traditional children's songs, finger plays, rhythm instruments and dance movements as well as puppets that help tell a story within the songs. Music Maker & More strives to give children an interest and love for all kinds of music. Bring your dancing feet, have fun, socialize with other children and join us for a fun family class.

Dates: Thursdays **#220201.1**
September 14-December 14
exclude September 21, October 19,
November 16 & November 23

Time: 10:30-11:00 a.m.

Place: Greenfield Community Center, Studio

Fee per pair: Resident \$73.00
Non-Resident \$80.00

Instructor: Anna Nimphius instructor with Music Maker & More Staff

Note: Dress for activity and movement by both children and their parent/caregiver.

Line Dance



adults 55 years and older

If you think cowboy boots and hats whenever you hear the words "line dancing" then you're only partially right. Although country music has more than its fair share of line dances, it is not limited to country music. Line dancing is an excellent way to stay fit no matter what your age. Some previous experience helpful. No partner needed. Beginner students can meet with the instructor 15 minutes prior to the first class starting to get an overview of the common steps used in class.

Dates: Tuesdays
1st Session September 26-November 7
exclude October 24

#210304.1

2nd Session November 14-December 19

Time: 2:00-3:00 p.m.
Place: Greenfield Community Center
Jansen Fest Hall

Fee: Resident \$26.00
Non-Resident \$39.00

Instructor: Carol Chmielewski

Note: Some previous experience helpful. No partner needed.



Orchestra

4-5th Grades

One of the greatest joys of being able to play a musical instrument is that it affords you the opportunity to make music with others. Joining an orchestra can be an incredibly rewarding and enriching experience.

Date(s): Mondays through Fridays **#220205.1**
September 18-May 31

Time: 7:45-8:30 a.m. for large group instruction
once a week

(30-minute time slots during school day will be also assigned by instructor)

Place: Greendale Elementary School Child Attends

Fee: Resident \$5.00
Non-Resident \$160.00

Instructor: Greendale Orchestra Instructors

Note: Due to limited availability, youth may only be registered for one day/time per week.



Poms/Jazz



ages 7 and older

Shake your poms and get ready to move! Learn the fundamentals of poms from arm and leg placements plus technical skills, flexibility, and synchronization. This combo class also offers instruction in jazz technique, including big energetic moves like leaps, jumps, turns, and unique footwork. Instructors will have poms available for use in class.

Dates: Thursdays **#222066.1**
September 21-November 9

Time: 5:00-6:00 p.m.
Place: Greenfield Community Center
Studio

Fee: Resident \$40.00
Non-Resident \$60.00

Instructors: Greenfield Kidnastics Staff

Note: Please come dressed in tennis shoes and active wear. Bring a filled bottle of water.



Greendale Community Concert Band

New Members Welcome at Any Time!

We are looking for new members and encourage anyone who plays a band instrument to come and join us. Membership is open to any adult or High School student with an interest in learning and playing concert music. Greendale has a very active Community Band which performs at numerous civic and cultural events in the area year-round. The Band's repertoire includes standard Symphonic Band repertoire, patriotic music, marches, Broadway/movie show tunes and big band numbers. Members of the band are all volunteers, some are even retired music educators! There are no fees or dues required to join. Just bring your talent, your desire and your commitment. So, pick up that instrument, dust it off and come join us!

An affiliate of Greendale Park and Recreation

Private Voice Lessons

grades 6 through 8
(middle school students only)

Learning to sing can be an immensely rewarding experience. Unlike other instruments, the voice is a part of you, and learning to use it well opens up virtually limitless possibilities for self-expression (artistry, entertainment, worship, or just plain fun).

Have you ever wanted to take voice lessons?

Whatever your youth's reason, this new cooperative venture with Greendale School District, is to encourage and guide your youth's growth as a singer.

Lessons for younger singers will concentrate more on depth of expression and healthy singing, and less on expanding the vocal range or difficult repertoire.

Dates: Wednesdays and Fridays **#220216.1**
October 4-December 15
exclude November 23 & 24

Time: 25 minute lessons, beginning at 7:45 a.m.
and ending at 10:45 a.m., based on registrants,
time slots will be assigned by the instructor.

Place: Greendale Middle School
Choir Room

Fee: Resident \$5.00
Non-Resident \$10.00

Instructor: Emily Wrobel, GSD Vocal Director

Note: Due to limited availability, youth may only be registered for one day/time per week.



Clay, Clay, Clay!

grades 3 through 5

Students will explore different hand building techniques while developing their own artistic vision. We will explore coil and armature construction techniques on each of the first two construction dates. Work will need to dry out before being fired in the kiln followed with painting and/or glazing on the final date of class. Glazed works will need to be fired a second time and will need to be picked up at the Park and Rec office **AFTER** November 7th.

Dates: Saturdays **#220401.1**

Construction
October 7 and 14
Finishing 4
November 4

Time: 10:00 a.m. - Noon
Place: Greendale High School
Room 154

(enter on back side of High School/Greendale
Performing Arts)

Fee: Resident \$35.00
Non-Resident \$45.00

Instructor: Pam Merkel, Art Educator at Greendale
High School

Note: Come dressed to get messy working with the clay and finishing the piece or pieces.

Hip Hop Dance

ages 5 through 12



Hip Hop is back! Come learn the different styles and influences of hip hop, including pop-n-lock, funk, and breakdance. Dancers will experience a high-energy class with choreography that is age-appropriate.

Dates: Thursdays
September 21-November 9

Times: ages 5-8 6:00-7:00 p.m. **#220306.1**
ages 9-12 7:00-8:00 p.m. **#220306.2**

Place: Greenfield Community Center
Studio

Fee: Resident \$40.00
Non-Resident \$60.00

Instructor: Greenfield's Kidnastics Staff

Note: Please come dressed in tennis shoes and active wear and a filled water bottle.



Greendale Child Development Days

Who: All Greendale resident children turning 3-4 years of age in the 2023-2024 school year

Where: Highland View Elementary-5900 St. 51st St.

When: Thursday, November 30, 2023 from 8 a.m.-2 p.m.
Tuesday, January 30, 2024 from 8 a.m.-2 p.m.
Thursday, April 25, 2024 from 3:15 p.m.-7 p.m.

Greendale Child Development Days will offer:

- Screening of your child's speech and language development, readiness skills, social-emotional maturity, and fine and gross motor skills.
- Information on normal child growth and development.
- Access to developmental resources.
- Screening of your child's vision and hearing.



Families will be able to obtain informational handouts, share refreshments and receive a free gift for their children.

Please call (414) 423-2713 to schedule your appointment.

Nature Journaling

ages 16 years and older



Being in nature just 20 minutes a day can increase your vitality. Join us in Greendale High School's garden and Downtown Greendale to study the phenology of the spaces in early fall. Spend two evenings, the first in the high school garden and the second in the village, to sit and observe nature and record it in your nature journal. 6x9" folio nature journals and pencils will be provided. Please bring your own camp stool / chair. September 25th we will meet in Greendale High School's garden, on October 2nd we will meet in front of the library in the village. If inclement weather we will meet in the high school's art room on the first day or the middle school's art room on the second day.

Date: Mondays,
September 25 & October 2 **#211941.1**
Time: 6:30-8:00 p.m.
Place: Greendale High School Garden and
Greendale Community Learning Center
Fee: Resident \$24.00
Non-Resident \$34.00
Instructor: Jodi Brzezinski, Art Educator,
St. Thomas More High School

Note: If there is inclement weather on either of the days, class will meet in the art room of the school they are closest to-9/25-GHS Art Room and 10/2-GMS Art Room.

NEW!

Watercolor

ages 16 years and older

Whether you are a beginner or continuing painter, join us to learn how to use this transparent medium. Learn different techniques such as; wet on wet, wet on dry, blending, shading, even wash and leaving white. Start or continue your painting skills and get feedback from Jodi, licensed art teacher. All supplies included.

Date: Mondays,
October 9-23 **#211939.1**
Time: 6:30-8:00 p.m.
Place: Greendale High School
Art Room, 154
Fee: Resident \$32.00
Non-Resident \$42.00
Instructor: Jodi Brzezinski, Art Educator,
St. Thomas More High School

Note: THIS CLASS IS AT A DIFFERENT LOCATION THAN IN THE PAST, PLEASE JOIN US AT GREENDALE HIGH SCHOOL!

Experimental Watercolor Techniques

ages 16 years and older

Play with abstract in watercolor using a variety of solid and liquid media to create textures in the color. On our first night we will play with rice, salt, rubbing alcohol, and plastic wrap to create background textures. The second night we will go back into our dried "paintings" with colored pencil to develop a drawing from the textures created.

Date: Mondays
November 20 & 27 **#211910.1**
Time: 6:30-8:00 p.m.
Place: Greendale High School
Art Room, 154
Fee: Resident \$24.00
Non-Resident \$34.00
Instructor: Jodi Brzezinski, Art Educator,
St. Thomas More High School

Note: THIS CLASS IS AT A DIFFERENT LOCATION THAN IN THE PAST, PLEASE JOIN US AT GREENDALE HIGH SCHOOL!

"Make & Take" Winter Ornaments

ages 16 years and older

Students, ages 13-15, are welcome to attend if accompanied by a parent/caregiver.

Create two handmade one of a kind winter ornaments from found objects. We will make a snowman from a wine cork and a delicious macaroon from bottle caps. Easy enough to recreate at home and adorn many a tree. All supplies provided in this class.

Date: Monday, December 4 **#211901.1**
Time: 6:30-8:00 p.m.
Place: Greendale High School
Art Room, 154
Fee: Resident \$15.00
Non-Resident \$25.00
Instructor: Jodi Brzezinski, Art Educator,
St. Thomas More High School

Note: THIS CLASS IS AT A DIFFERENT LOCATION THAN IN THE PAST, PLEASE JOIN US AT GREENDALE HIGH SCHOOL!

Watercolor Workshop

age 55+



Have you ever wanted to try watercolor painting but didn't know how to begin? Explore the beauty of this incredible medium. This class is geared toward the person who never held a brush in their hand or tried watercolor painting as well as those wanting to brush up on their techniques.

Students will develop skills, starting with basic color mixing and painting exercises using only primary colors in warm and cool hues. Basic color theory, along with art elements and principles, are introduced. Students will build skills by learning the fundamentals of various methods of color applications. The class will include demonstrations as well as individual guidance.

Dates: Wednesdays
November 1-December 13 **#210426.1**
exclude November 22
Time: 9:30 a.m.-12:00 p.m.
Place: Greenfield Community Center
Activity Room A
Fee per session: Resident \$60.00
Non-Resident \$90.00
Instructor: Joyce Eesley

Note: Students must bring their own supplies. A general supply list will be noted on your receipt.

NEW!

Get Acquainted with Colored Pencil

ages 16 years and older



There are many benefits to working with colored pencils. It is a dry medium that allows for drawing versatility. From a light, soft look to a rich layered, painterly look, colored pencils are easy to carry and fun to use. In this class we will learn to work with the versatility of the pencil and layer and blend colors to create rich textures.

Date: Mondays,
November 6 & 13 **#211935.1**
Time: 6:30-8:00 p.m.
Place: Greendale High School
Art Room, 154
Fee: Resident \$24.00
Non-Resident \$34.00
Instructor: Jodi Brzezinski, Art Educator,
St. Thomas More High School

Note: THIS CLASS IS AT A DIFFERENT LOCATION THAN IN THE PAST, PLEASE JOIN US AT GREENDALE HIGH SCHOOL!

Paper Building Miniature Making

Grades 6-12

Using cardstock paper, making miniature buildings will be interesting to students. Students will develop concentration and fine motor skills, a good creative activity done using your hands. This program will create Eton college, Thomas Edison's house, Rovaniemi Santa's Village, Jimmy Carter's house, with many more choices.

Dates: Mondays **#220412.1**
September 25-December 4
Exclude: October 2, October 30, November 20
Time: 5:30-6:20 p.m.
Place: Greendale Middle School
Art Room
Fee: Resident \$32.00
Non-Resident \$37.00
Instructor: So SeonJoo (소선주), Master Teacher of Korean
Paper Folding (jongie jupgi)
Note: Please send to class the first day, an additional, one-time, \$24.00 class fee for supplies for the program.

Our Arts Desire by CKKS Art Parties for Children

ages 2-1/2 through 4 years with **parent/caregiver**
ages 5 through 12 years w/o **parent/caregiver**

Help your child unleash their inner artist while creating a one of a kind 8 x 10 canvas painting! Using their imaginations, acrylic paints, and guidance to give them the confidence for creating, your child will come home with individualized art that is ready to hang! The possibilities are endless!

Become an amazing artist! Children will receive step-by-step instructions for a variety of paintings, along with all the tools and guidance needed to give them the confidence for creating their own original piece of artwork.

Date: Saturdays
Session I October 14
Session II November 11
Session III December 2
Time: 10:00-10:45 a.m.
Place: Community Learning Center
5647 Broad Street (lower level)
Resident \$20.00
Non-Resident \$30.00
Staff of Our Arts Desire by CKKS
Fee per session:
Instructor:
Note: Dress to get messy. Please note that in the younger age grouping, only the child will be creating their art with assistance from their parent/caregiver!



#220418.1
#220418.2
#220418.3

NEW!

Paper Flowers and Mobile Making

ages 16 years and older

With various papers, learners can make birds, flowers, mobiles, magic cards, and more choices for decorating winter season. Learners can improve concentration and fine motor skills and prevent aging and memory loss while using the skills of paper folding arts.

Date(s): Mondays, September 25-December 4 **#220405.1**
Exclude: October 2, October 30, November 20
Time: 6:30-8:00 p.m.
Place: Greendale Middle School,
Art Room
Fee: Resident \$34.00
Non-Resident \$39.00
Note: Please send to class the first day, an additional, one-time, \$24.00 class fee for supplies for the program.

Our Arts Desire by CKKS Paint Your Arts Desire

adults

Join us for an evening to unleash your inner artist! The staff of Our Arts Desire will walk/coach you through step-by-step instruction!

Spend the night expressing yourself and unwinding with friends! The best part? You will leave with an 11 x 14 wrapped canvas ready to be hung in your home!

Date: Tuesday, November 7 **#210420.1**
Time: 6:00-7:45 p.m.
Place: Greendale Community Learning Center
5647 Broad Street
(Lower Level)
Fee per session: Resident \$35.00
Non-Resident \$40.00
Instructor: Staff of Our Arts Desire by CKKS
Note: Everything is supplied that you will need to ensure an amazing time!

FUN ACTIVITIES FOR YOUTH & TEENS

Beginners Topsy Turvy Tykes

ages 2 & 3 with parent/caregiver

This class is a play-filled class centered around age appropriate tumbling movements with an emphasis on socialization and group interaction. Children will learn basic tumbling skills on the floor, balance beam, vault and bar, all while making friends and having fun.

Dates: Wednesdays
September 20-November 8
5:00-5:30 p.m. **#221910.1**

Saturdays
September 23-November 11
10:50-11:20 a.m. **#221910.2**

Place: Greenfield City Hall Basement

Fee per pair per level:

Resident \$40.00

Non-Resident \$60.00

Instructors: Greenfield Kidnastics Staff

Note: Children must be able to walk without the assistance of a parent. Each child must be accompanied by a parent or caregiver who will be actively involved in working with and guiding their child through the activities. Please come dressed in comfortable clothing that permits movement and socks. Bring a filled bottle of water.

Advanced Topsy Turvy Tykes

ages 2 & 3 with parent/caregiver

This class is designed for children who have participated in 2 or more sessions of the Topsy Turvy Tykes-Beginner and have a great comfort level with all the skills taught in the Beginner class and will be challenged with new movements and tumbling skills to work on. It is a great stepping stone to the Head Over Heels class! We will continue to emphasize fun and socialization in classes.

Dates: Saturdays
September 23-November 11
9:30-10:00 a.m.

Place: Greenfield City Hall Basement

Fee per pair per level:

Resident \$40.00

Non-Resident \$60.00

Instructors: Greenfield Kidnastics Staff

Note: Children must be able to walk without the assistance of a parent. Each child must be accompanied by a parent or caregiver who will be actively involved in working with and guiding their child through the activities. Please come dressed in comfortable clothing that permits movement and socks. Bring a filled bottle of water.

NEW!

Mug Meals

10 and older w/parent or caregiver

When you like to eat but don't want a lot of dishes to clean up this is perfect for you. We will explore single serving meal options that could be just what you need. Breakfast, lunch or desserts that can be microwaved right in a cup! Easy and tasty. Real food meals for that can help navigate busy holiday schedules. They are also a fun stocking stuffer when given with a mug. An assortment of recipes like French toast, meatloaf, eggs, brownies, peach cobbler, and more will be available and you will have a chance to try one of them for yourself during this demonstration class. Easy enough for young cooks. Parents are required to attend with their child.

Date: Tuesday, October 17 **#211027.1**

Time: 7:00-8:30 p.m.

Place: Greendale Middle School
FACE Room (Home Econ)

Fee: Resident \$25.00

Non-Resident \$35.00

Instructor: Julie Toman

NEW!

Arabic World Language for Kids

boys and girls, grades 1 through 6

This is an introductory level Arabic language course. The aim of this class is to teach foundational elementary level reading, writing, and speaking skills. Registration is open to beginning or continuing students.

Dates: Saturdays **#222024.1**

October 14-November 18

10:45-12:15 p.m.

Time: 10:45-12:15 p.m.
Place: Greendale High School
Room 176
(enter Door A2-northside of school)

Fee: Resident \$30.00
Non-Resident \$40.00

Instructor: Reem Barbarawi
Teacher at ISM

222024.1 اللغة العربية/ لغة العالم العربي

الأولاد والبنات، من الصف الأول الابتدائي حتى الصف السادس

هذه دورة لغة عربية للمبتدئين. الهدف من هذه الدورة هو تعليم مهارات القراءة والكتابة والتحدث للمستوى الابتدائي أيام الدورة : السبت

تاريخ الدورة: 14 تشرين أول (أكتوبر) - 18 تشرين ثاني (نوفمبر)

الوقت: 10:45-12:15 ظهرا

المكان: المدرسة الثانوية ب جريندل (Greendale High School)
الغرفة 176

(ادخل الباب 2A- الجانب الشمالي من المدرسة)

الرسوم: 30.00 دولار للمقيم

غير مقيم 40.00 دولار

المدرسة : ريم بربراوي

معلمة لغة عربية في المدرسه الاسلاميه

Special Notice To Parents Of Youth Program Participants:

Parents are reminded to pick their children up at the completion time listed for the activity they are participating in. Recreation staff are not responsible for participants once their class is completed (they are also not paid to wait for parents who are late in picking up their children). We also ask parents to stress to their children that when they are in a school building they should go directly to their program activity area and not wander around the building. We do not wish to lose our privilege to utilize these facilities because of participants being where they should not be. Your cooperation with this is greatly appreciated.

To Our Program Registrants:

During the course of our programs, there have been times that disruptive participants have impacted our classes. Our instructors try to work with these participants, however, sometimes the behavior becomes such that it impacts the ability of the other students to learn and the ability of the instructor to teach and provide a safe learning environment. The following procedure will be in effect if problems occur:

1. Verbal contact between instructor and program participant and/or parent.
2. Reoccurrence following this conversation will result in removal from the program.

There will be no refund of fees for people removed from programs as the determination of offering classes depends on the number of registered participants.

NEW!

Club Preteen

Ages 9-13



One Monday a month, preteens can kick off their week with a fun evening hanging out with their peers, making new friends, and trying something new! Each month features a new theme or activity. Dinner/refreshments are not provided unless otherwise listed in each month's description.

TOP CHEF

In this class, teen chefs will learn how to read a recipe and create something delicious! Participants will be able to socialize, meet new people, and learn a new life skill that they can continue to work on at home. Each chef will have an individual serving of the final product.

Date: Monday
September 18 **#222039.1**

PAINT N PARTY

In Paint N Party, preteens will listen and follow along to create their very own masterpiece. Painting experience not required. Snacks and refreshments will be provided.

Date: Monday
October 16 **#222039.2**

GAME NIGHT

Join us for pizza, refreshments and games such as bingo, heads up, Pictionary, and more! Preteens will be able to socialize, work on their teamwork, patience, coordination, and sportsmanship all while having fun.

Date: Monday
November 13 **#222039.3**

Times for all classes: 5:30-7:30 p.m.

Fee per session: \$20.00 Resident
\$30.00 Non-Resident

Location for all classes:
Greenfield Community Center
Activity Room A
Instructors: Makenna Kloss and Michelle Kloss

Miss Wendy's Broadway Babies

6-months-18 months old
with parent/caregiver

"Broadway Babies" is where your little star shines--with and for you! Our youngest theatrical movers and shakers are encouraged to "rehearse" alongside one another covering classic tunes, new songs to clap along to as well as actively learning catchy rhymes in this engrossing offering. Each class incorporates simple props and noisemakers resulting in music to our ears.

Dates: Thursdays
Session I September 28-November 2 **#221944.1**
exclude October 5

Session II November 16-December 21 **#221944.2**
exclude November 23

Time: 5:25-6:00 p.m.
Place: Community Learning Center
5647 Broad Street
(Lower Level)

Fee per parent/child pair:
Resident \$24.00
Non-Resident \$34.00

Instructor: Wendy Lay, Drama Coach

Note: New materials presented each session of programming. Child and Adult should come dressed in comfy clothes for movement at each class.



Miss Wendy's ABC's of Acting

grade 5K through 2nd

Is your child a real character? Action is the name of the game in this course that embodies the exploration of storytelling through well-known fairy tales while empowering your child to use their own creative voice in a welcoming environment. Expression through emotions, body language, simple ways that our face can tell a story, applying different volume levels as well as sound effects and presenting ideas with confidence will be explored as we embark on new, imaginative destinations.

Dates: Thursdays
Session I September 28-November 2 **#221917.1**
exclude October 5

Session II November 16-December 21 **#221917.2**
exclude November 23

Time: 6:10-6:55 p.m.
Place: Community Learning Center
5647 Broad Street (Lower Level)

Fee: Resident \$27.00
Non-Resident \$37.00

Instructor: Wendy Lay, Drama Coach

Note: No prerequisite required.



Miss Wendy's Emergent Entertainers

18-months-3 years old with parent/caregiver

Building on the basics from well-known tunes to some new fun ditties, your tot will enjoy performing with and for you in our lively class that moves along with the interests and energy of the group. We'll celebrate dancing to different beats and rhythms, incorporating the parachute, playing simple instruments for collective jam sessions, and exploring additions to your repertoire.

Dates: Tuesdays
Session I September 26-October 31 **#221945.1**
exclude October 3

Session II November 14-December 19 **#221945.2**
exclude November 21

Time: 5:25-6:00 p.m.
Place: Community Learning Center
5647 Broad Street
(Lower Level)

Fee per pair: Resident \$24.00
Non-Resident \$34.00

Instructor: Wendy Lay, Drama Coach

Note: Child and Adult should come dressed in comfy clothes for movement at each class.

Miss Wendy's ABC's of Theatre

ages 3 through 5

An engagingly interactive introduction to theatre basics utilizing an alphabetic theme. Every class adventure begins (and closes) with our song, incorporating the ASL alphabet as a segue to the letter of the week that further inspires alliteration-oriented movement activities. It is a forum for expressive energy while celebrating bringing individual talents to fruition collaboratively.

Dates: Tuesdays
Session I September 26-October 31 (A, B, C, D, E) **#221918.1**
exclude October 3

Session II November 14-December 19 (F, G, H, I, J) **#221918.2**
exclude November 21

Time: 6:10-6:55 p.m.
Place: Community Learning Center
5647 Broad Street
(Lower Level)

Fee: Resident \$27.00
Non-Resident \$37.00

Instructor: Wendy Lay, Drama Coach

Note: New materials presented each session of programming. Child must be comfortable attending class independently.

Acrobatics

ages 3 through 10

Roll, twist and turn! Learn cartwheels, hand springs, hand/headstands and more. New or continuing students are welcome.

Dates/Times:

Session I

Mondays

October 16–December 18

exclude November 20

ages 3-5 (Beg) 3:50-4:20 p.m.

ages 3-5 (Beg/PT) 6:10-6:40 p.m.

ages 6-10 (Beg/PT) 6:50-7:30 p.m.

Place: Greendale High School

Room 58

(Door C20-use back entrance near dumpster)

Fees per session:

30-minute Resident \$25.00

Non-Resident \$35.00

40-minute Resident \$32.00

Non-Resident \$42.00

Instructor: "Miss Kathleen" Burzynski

Note: Beg=(Beginner); PT=(Previous Training) Children should come dressed in leotards or shorts (no zippers) and t-shirt and socks or ballet slippers (if have).



#222018.1

#222018.2

#222018.3

NEW!

Head Over Heels

ages 4-6

Learn the basics of gymnastics and tumbling movements on the floor, vault, bar and balance beam. Participants will learn these beginning movements with an emphasis on creativity, socialization, and listening skills.

LEVEL I-If your child/children are new to Head Over Heels or have only done on Head Over Heels session, Level I is the most appropriate. Teachers will be teaching introductory skills to tumble and the other gymnastics apparatuses.

LEVEL II-If your child/children have participated in 2 or more Head Over Heels sessions in the past, they can advance to level II. In Level II Head Over Heels, students will strengthen their previously acquired skills.

Dates:

LEVEL I-

Tuesdays, September 19–November 7

5:00-5:45 p.m.

#221913.1

LEVEL I-

Wednesdays, September 20–November 8

5:40-6:25 p.m.

#221913.2

LEVEL II-

Wednesdays, September 20–November 8

6:35-7:20 p.m.

#221913.3

Place:

Greenfield City Hall Basement

Fee per level:

Resident \$40.00

Non-Resident \$60.00

Instructors:

Greenfield Kidnastics Staff

Note: Please come dressed in comfortable clothing that permits movement and socks. Bring a filled bottle of water.

Gift of Wings Kite Shop, in partnership with Greendale Park and Recreation, brings to you...



The Super Mario Bros. Movie,
Saturday, September 16th, 7:45 p.m. (or dusk)

Movie will take place at Gazebo Park (5710 Broad Street).

There will be food for sale before the movie starts.

Bring a lawn chair or blanket and bug spray!

Special "Thank You" to our monetary sponsor:

Grandhaven, LLC

In case of rain, event is cancelled.

TOSA STEAM Academy

TOSA STEAM Academy integrates purposeful play into their curriculums in a way that involves all students in STEAM learning and honing in on their 21st-century skills.

EARLY STEAM SKILLS

Ages 4-6

Prepare children for school and life by building confidence and social skills while igniting their STEAM journey. LEGO® Education solutions inspire natural curiosity and encourage learning through play.

Dates:

Mondays

September 18–October 9

Time:

4:15-5:00 p.m.

Fee:

\$47.00 Resident

\$54.00 Non-Resident

#223009.1

CODING WITH SPIKE ESSENTIAL

Ages 6-11

Engage primary school students in hands-on investigation of STEAM concepts while contributing to literacy, math, and social-emotional development.

Dates:

Mondays

September 18–October 9

Times:

5:15-6:45 p.m.

Fee:

\$72.00 Resident

\$79.00 Non-Resident

#223009.2

Location for all classes: Greenfield City Hall, Room 206

Instructor:

Scott Shelnutt

Kidnastics

ages 7 and older



Kidnastics is a tumbling focused class designed to increase strength, flexibility, and tumbling skills on the mat. Whether you have participated in previous Kidnastics levels or are new to the program, our instructors will plan classes based on the skill level of class participants.

LEVEL I-If your child/children are new to Kidnastics or have only done one Kidnastics session, Level I is most appropriate. Teachers will be teaching introductory skills to tumbling.

LEVEL II-If your child/children have participated in 2 or more Kidnastics sessions in the past, they can advance to Level II. In Level II Kidnastics, students will strengthen their previously acquired skills.

Dates: **LEVEL I**-
Tuesdays, September 19-November 7
5:55-6:55 p.m. **#221914.1**

LEVEL I-
Thursdays, September 21-November 9
5:00-6:00 p.m. **#221914.2**

LEVEL II-
Tuesdays, September 19-November 7
7:05-8:05 p.m. **#221914.3**

Place: Greenfield City Hall Basement

Fee per level: Resident \$40.00
Non-Resident \$60.00

Instructors: Greenfield Kidnastics Staff

Note: Please come dressed in comfortable clothing that permits movement and socks. Bring a filled bottle of water.



NEW!

Little Learners

Ages 3-4



This two-hour, twice a week program is designed to encourage the development of social skills and positive self-esteem through a variety of fun and creative activities. Each day children will be lead through a variety of physical activities, arts & crafts, educational activities, and more all while creating new friendships and experiences. **Children must be fully potty trained.** This class will be taught by two teachers, Miss. Makenna and Ms. Michelle. They both have Early Childhood backgrounds, certifications, and experience in daycares, public schools and recreational classrooms. They are looking forward to teaching and having fun with your child.

Dates: Mondays & Wednesdays
Session I September 11-October 11 **#221933.1**
Session II October 23- November 22 **#221933.2**
Time: 9:00AM-11:00AM
Place: Greenfield City Hall
Besson Room
Fee per Session: Resident \$150.00
Non-Resident \$225.00

Participants may register for Session 1 of this class beginning September 5th by calling the Park & Recreation Office at 414-423-2790

NEW!

Preschool Movement

Ages 2-4 (with Parent or Guardian)



In this class, kids will work on colors, shapes, numbers, matching, and much more while getting their body moving! Each week brings a new activity that gives creative movement and imaginative freedom to students as they use props and music to express themselves. Come sing and dance with us while learning and having fun. Kids and parents/guardians should come in socks and clothing that allows you to MOVE. Please bring a water bottle.

Dates: Saturday, September 23-November 11 **#221926.1**
Time: 10:10-10:40am
Place: Greenfield City Hall
Besson Room
Instructors: Makenna Kloss, Michelle Kloss
Fee: Resident \$40.00
Non-Resident \$60.00

NEW!

Friday Night Frenzy

ages 4 through 10



Parents, enjoy your own night of relaxation...kid free! Drop your children off and have a worry-free night knowing they are having a great time! Dinner and a snack for the movie are included. Please indicate any food allergies at the time of your registration.

Session 1 - JURASSIC PARK (September 8)

Step back in time and walk with the dinosaurs! You will have a ROARSOME time playing games, making crafts, and watching a movie.

Session 2 - HALLOWEEN BOO BASH (October 13)

Calling all ghost, superheroes, witches, and all other creative kids to join us for our Halloween Boo Bash! We will have a Halloween costume fashion show, games, and glow in the dark dance party! Get ready for a fun filled night!

Session 3 - LET'S BE GRATEFUL (November 10)

Gobble Gobble! Let us be thankful for all of our friends and family. We are going to make crafts to share with those who mean the most to us. Make new friends as we eat pizza and play group games!

Session 4 - IT'S SNOWTIME (December 15)

Come join us for a night in and out of the cold! There will be crafts to share, games to play, and wintery movies to watch. We hope to see you there!

Date: Fridays
Session I September 8 **#222104.1**
Session II October 13 **#222104.2**
Session III November 10 **#222104.3**
Session IV December 15 **#222104.4**
Time: 5:30-10:00 p.m.
Place: Greenfield Community Center
Jansen Fest Hall

Fee per session: Resident \$25.00
Non-Resident \$37.50

Facilitator: Greenfield Kidnastics Staff

Note: Bring a filled bottle of water. Wear your comfiest clothes and don't forget your pillow and sleeping bag! Parents, if you want to pick-up your younger child/ren earlier, please feel free to do so, just advise the staff when dropping off at the program of your intent, and a time.

Participants may register for Session I, on August 28 of this program upon receipt of this brochure by calling the Park and Recreation office at 414-423-2790.

Deadline to register:
Session I- August 29
Session II-October 3
Session III-November 1
Session IV-December 5

American Red Cross Babysitters Training with Pediatric CPR and First Aid (Blended Learning)



ages 11 through 13

Learn about the job of a babysitter in this course from effective supervision of children and infants, to choosing safe, age appropriate games and toys, to performing basic child-care skills such as diapering, feeding and dressing. Discuss how to find and interview for a babysitting job and how to communicate effectively with parents.

After completing the online classwork online at home and **bringing your online completion confirmation to class (required to participate)**, you will practice and polish your CPR and First Aid skills. Learn to prevent emergencies by identifying safety hazards and how to provide care for common injuries such as burns, cuts, and bee stings should they occur.

After attending both class sessions, completing the online coursework, and checking off all the required skills, participants will receive the American Red Cross Babysitters Training (no expiration) and Pediatric CPR with First Aid (expires in 2 years) certifications. Class fee includes the American Red Cross certification fee (\$31), all class supplies and a binder with all class materials.

Dates:	<u>Tuesdays</u>	
Session I	October 3 & 10	#222075.1
Session II	November 7 & 14	#222075.2
Session III	December 5 & 12	#222075.3

Time: 5:30-8:30 p.m.
Place: Greenfield City Hall
Room 206

Fee per session: Resident \$95.00
Non-Resident \$115.00

Instructor: Sue Stadler,
ARC Authorized Instructor

Note: Deadline to register for Session I is September 19th, for Session II is October 24th, and Session III is November 21st.

Each participant must provide a unique (own) email address to which the classwork to do online is sent directly to the registrant after the deadline date.

Cheernastics



ages 5 through 12

Calling all Cheerleaders! Practice perfecting your jumps, stunts, and tumbling skills, along with learning cheers and dance/tumbling routines. This class will focus on proper cheerleading techniques and having fun as a team!

Dates: Thursdays
September 21-November 9

Times:
ages 5-8 6:10-7:10 p.m. **#222072.1**
ages 9-12 7:20-8:20 p.m. **#222072.2**

Place: Greenfield City Hall Basement

Fee per time slot: Resident \$40.00
Non-Resident \$60.00

Instructors: Greenfield Kidnastics Staff

Note: Please come dressed in socks/tennis shoes and active wear. No experience needed.



Don't Miss Out... On this Afterschool Opportunity

MAD SCIENCE



Tuesdays (CP), October 3-October 24

Wednesdays (HV), October 4-November 8

Thursdays (CA), October 5-November 9

www.madscience.org

If you are interested in this program,
please contact the company directly for

Driver's Education (Classroom and Behind the Wheel)

ages 14 1/2 years and older

The Department is excited to announce continuation of a contract with *JUST DRIVE*, who are currently running programs at the Whitnall and New Berlin School Districts, to bring their Driving School to Greendale. The program meets the state requirements for driver's education (30 hours of classroom + 6hrs of Behind the wheel instruction + 6 hours of observation).

The Online classroom is on-demand. Students must be at least 14 1/2 years of age to start the classroom portion. There has been a recent change and students are now able to obtain an instruction permit and start the Behind the Wheel program at the age of 15 years old. If you have any questions or would like more information, please contact John at *JUST DRIVE* at 262-220-7792.

All registration is done online at:
<https://www.justdrivewi.com/greendale>



AQUATIC PROGRAMS

Before You Dip Into the Pool

Frequently Asked Questions and Answers for Aquatic Programs

- ◊ What TO bring and NOT TO bring: Must provide own suit and towel. Proper swim attire required—no cutoffs, shorts, and/or t-shirts, and no 2-piece swim suits (bikinis). Recommend participants come dressed in swim attire. Long hair should be pulled back. The Park and Rec Dept. is not responsible for lost/stolen items. No food or drink is allowed in the pool/locker room areas. (Water in a water bottle is acceptable).
- ◊ Water Temperature: 80-82 degrees.
- ◊ Do NOT show up more than 5 minutes prior to the participant's scheduled class time.
- ◊ Enter the pool at entrance **C20**. That is the entrance on the south side of the pool (look for the "swim" sign).
- ◊ We will be allowing ONE parent to attend the lesson with their child/ren with Parent/Child only IF NEEDED.
- ◊ Showers will NOT be required and Locker Rooms are available only on a limited basis for bathrooms access...we do recommend, however, that the children use the bathroom at home before arriving for lessons. Staff will direct the child to the appropriate bathroom area for the child's use (one child at a time in the boys and one child at a time in the girls). We are trying to limit as much congestion, contamination, and mutual usage in facilities as much as possible.
- ◊ There will be NO SCHEDULED OBSERVATION days this session of swim lessons.
- ◊ Make sure to check that everything the child came with to the pool goes home with them (towel, goggles, extra clothing, swim attire, boots/shoes, water bottle, coats and any other personal belongings). These items, if left behind, will NOT be saved in a lost and found. They will be put in the trash.

Mini Masters Swimming

graduates of Level 5 and up

Have you passed level 5 or 6 and want to swim but don't want to take lessons and are not old enough for or interested in a team. Look no further—Mini Masters is the program for you! Come join us in learning lap swim etiquette, swimming for fitness, games that will build strength and endurance, and much more! The first half of the class will be spent on lap swimming and the second half will be spent playing a game like Water Polo, Sharks and Minnows, or relay races. Participants, working with staff, will weekly develop a workout for the lap swim time and follow the workout with pointers provided by the instructor.

Dates: Mondays and Thursdays **#221516.1**
September 28-November 20
Time: 8:05-8:45 p.m.
Place: Greendale High School, Pool
Fee: Resident \$35.00
Non-Resident \$45.00

Instructor: Greendale Park and Rec Aquatic Staff
Note: This class is not for teaching technique, but refining what the participant already knows and preparing them for programs with competitive swimming and situations where they would have to share a lane to exercise.

Master Lap Swim

ages 14 years and older and adults

Do you enjoy swimming and are looking for physical exercise by lap swimming? Join us for a great way to end your day and work on staying more healthy.

#211505.1

Dates: Mondays and Thursdays
September 28-November 20
Time: 8:05-8:45 p.m.
Place: Greendale High School Pool
Fee: Resident \$35.00
Non-Resident \$45.00



Parent/Child Swim Lessons

ages 6 months through 3 years with parent/caregiver

Splish, splash ... become comfortable in a water environment! Here's an excellent opportunity for parents to acquaint their children with the water and begin the development of swimming techniques. Parents must accompany their children in the water at all times.

Dates: Mondays **#211502.1**
Session I October 2-November 20
Session II Thursdays **#211502.2**
September 28-November 16
Time: 6:10-6:40 p.m.
Place: Greendale High School, Pool
Fee per pair per session:

Resident \$55.00
Non-Resident \$65.00

Instructor: Greendale Park and Rec Aquatic Staff
Note: Disposable diapers are not allowed unless specified swim diapers. Suits with tight leg closures and a snug waist are recommended. Water temperature at Greendale High School pool is only 80-82 degrees so may be cooler for smaller children.



Learn to Swim Program

ages 6 and older

Make Swimming an Important Part of Your Child's Life!

Swim requirements offer a wide variety of activities to stimulate interest and motivate students to advance to the next level of swim instruction.

Students must provide their own suit and towel. To avoid distracting the children during classes, parents will NOT be allowed. Normal water temperature is 80-82.

Dates:

Session I Mondays

October 2-November 20

Session II Thursdays

September 28-November 16

Place: Greendale High School, Pool

Fee per session:

Resident \$55.00

Non-Resident \$65.00

Skills indicated are the skills that will be taught at the level.

Students, if they can do all the skills listed, should be registered in the next level.

Instructors: Greendale Park & Rec Aquatic staff

Note: If a child is 4 or 5 years of age, please see the "Sea Squirts" program on page 33 of this brochure and register according to the skill levels.



Level I

Introduction to Water Skills ... Learn basic water safety information, including how to enter and exit a pool safely, experience buoyancy and breath control, floating and kicking, introduction to arm strokes. All skills done with assistance.

Ratios: 6 per instructor.

Monday 6:10-6:45 p.m.

#221501.1a

Level II

Fundamental Aquatic Skills ... Passed Level One, continue to practice floating and kicking on front and back, rhythmic breathing, combined strokes on front and back, treading water. Builds on water safety skills.

Ratios: 6 per instructor.

Monday 6:45-7:20 p.m.

#221502.1a

Thursday 6:45-7:20 p.m.

#221502.2a

Level III

Stroke Development ... Passed Level Two, teaches survival float, elementary backstroke, coordination of front crawl and backstroke. Participants are introduced to the scissors kick and butterfly kick. Builds on water safety skills.

Ratios: 6 per instructor.

Monday 7:25-8:00 p.m.

#221503.1a

Thursday 7:25-8:00 p.m.

#221503.2a

Level IV

Stroke Improvement... Passed Level Three, develops confidence and competency in front crawl, elementary backstroke, backstroke, begins breaststroke, sidestroke, and butterfly. Builds on water safety skills.

Ratios: 10 per instructor.

Monday 7:25-8:00 p.m.

#221504.1a

Level V

Stroke Refinement ... Passed Level Four, refines and adds distance for front crawl, back crawl, sidestroke, elementary backstroke, breaststroke and butterfly. Introduces flip turns and builds on water safety skills.

Ratios: 10 per instructor.

Thursday 7:25-8:00 p.m.

#221505.2a

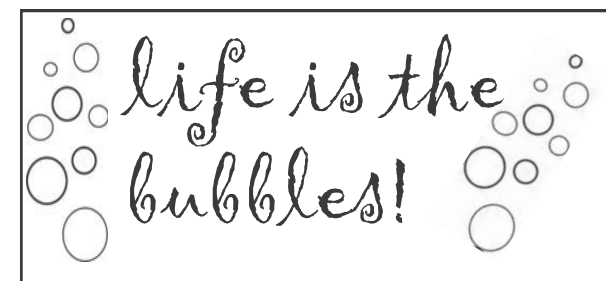
Level VI

Swimming and Skill Proficiency... Passed Level Five; personal water safety, fitness swimmer; refines strokes to swim with ease, efficiency, power, and smoothness over greater distances. With the new emphasis areas of Level 6, participants will take several semesters to complete.

Ratios: 10 per instructor.

Thursday 7:25-8:00 p.m.

#221506.2a



Open Swim

all ages

This extremely wet and fun "drop in" program for kids and adults is designed for lifeguard supervised free time use of the pool. Everyone entering the pool during the Open Swim period must either pay the daily admission rate or be participating in the "Practice Makes Perfect" option of the Greenfield Parks & Recreation's Learn to Swim program.

Dates:

Sundays

September 10-October 22

Sundays

November 5-December 17

Time:

1:15 p.m. - 2:45 p.m.

Place:

Greenfield High School Pool

Daily Admission:

Adults (18+) \$4.00 per person

Youth (3-17) \$2.00 per person

Infant (0-2) FREE

1:15-2:45 p.m.

Instructor:

Staffed by American Red Cross Lifeguards

NOTES: Children 5 and under must have an adult in the water with them within arm's reach at all times. Children 11 and under must be accompanied by an adult.

Deep Water Fitness

ages 16 years and older



Spice up your workout with a variety of full body movements, burn calories, increase cardiovascular endurance, and develop overall body strength. Enjoy the privacy that this completely submerged workout can provide as you reap the benefits of a deep water workout.

Dates: Tuesdays
Session I September 12-October 24 **#211512.1**
Thursdays
Session II September 14-October 26 **#211512.2**
Session III November 9-December 21 **#211512.3**
exclude November 23

Time: 6:30-7:30 p.m.
Place: Greenfield High School
Pool (deep end)

Fee per session: (60th & Layton, use entrance #11)
Resident \$31.00 (Sessions I-II)
Non-Resident \$46.00 (Sessions I-II)
Resident \$26.00 (Session III)
Non-Resident \$39.00 (Session III)

Instructors: Tuesdays Raelyn Tetting
Thursdays Maria Patterson

Note: Swimming skills are necessary – must be able to tread water and float. Flotation belts and hand buoys are provided.

Participants may register for Sessions I of this program beginning September 5th by calling the Park and Recreation office at 414-423-2790.

Sea Squirts Swim Lessons

ages 4 and 5

Make Swimming an Important Part of Your Child's Life!

Swim requirements offer a wide variety of activities to stimulate interest and motivate students to advance to the next level of swim instruction.

Students must provide their own suit and towel. To avoid distracting the children during classes, parents will NOT be allowed. Normal water temperature is 80-82.

Dates: Mondays
October 2-November 20
Thursdays
September 28-November 16

Place: Greendale High School, Pool
Fee per session: Resident \$55.00
Non-Resident \$65.00

Instructors: Greendale Park & Rec Aquatic staff
Skills indicated are the skills that will be taught at the level. Students, if they can do all the skills listed, should be registered in the next level.



Sea Squirts I

Introduction to Water Skills ... Helps children feel comfortable in the water and enjoy the water safely while learning how to float, kick and do elementary strokes.

Monday 6:45-7:20 p.m. **Ratios: 6 per instructor.**

#221521.1

Sea Squirts II

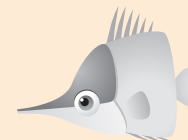
Fundamental Aquatic Skills ... Passed Sea Squirt One, works on floating without support, builds on kicking and basic swimming skills by increasing distance while decreasing support. **Ratios: 6 per instructor.**

Thursday 6:10-6:45 p.m. **#221522.2**

Sea Squirts III

Stroke Development... Passed Sea Squirt Two, continues to work on kicking. Develops swimming on front and back without assistance. Introduces glides and rotary breathing. **Ratios: 6 per instructor.**

Thursday 6:10-6:45 p.m. **#221523.2**



Shallow Water Fitness

ages 16 years and older



Spice up your workout with a variety of full body movements, burn calories, increase cardiovascular endurance, and develop overall body strength. Shallow Water Fitness is geared towards those looking to experience the benefits of exercise and movement in the water to stretch and strengthen muscles in a gentle water supported environment. Class is in the shallow water so general comfort being in the pool is necessary, no swimming skills required.

Dates: Wednesdays
September 27-December 13 **#211503.1**
exclude October 4 & November 22

Time: 6:30-7:30 p.m.
Place: Greenfield High School
Pool (shallow end)
(60th & Layton, use entrance #11)

Fee per session: Resident \$44.00
Non-Resident \$66.00

Instructor: Maria Patterson

Note: Class is in the shallow water so general comfort being in the pool is necessary, no swimming skills required.

RECREATION ASSISTANCE PROGRAM

The Greendale Park and Recreation Department recognizes that some of the residents of the Village of Greendale require financial assistance to attend certain recreational activities. RAP provides these residents with the opportunity to attend these programs at a discounted rate.

Any family or individual who is a resident of the Village of Greendale may apply for the Recreation Assistance Program. To qualify, residents must meet Federal Income & Financial Support Guidelines (Income Eligibility Guidelines for the Federal Government will be acceptable guidelines for the Department to follow encompassing household size and annual income). If families qualify for the free and reduced school lunch program through the Greendale School District, a copy of that application may be submitted instead of the Recreation Assistance application form. Deadline for programming seasons is August 1st, December 1st and April 1st.

For more information, or to request an application, stop in at the Greendale Park and Recreation Department.

SPORTS PROGRAMS

Fall Tennis Lessons

ages 5 through 13

Pee Wee (ages 5 through 7)

Program is a modified version of tennis that anyone can play the first day. Children will progress toward the traditional game of tennis.

Beginner I (ages 8 through 13)
No or limited knowledge.

Beginner II (ages 8 through 13)

Have basic fundamental skills in forehand/backhand, need more work on serving.

Dates: Tuesdays and Thursdays
September 12–October 5

Times:
Pee Wee 5:30–6:00 p.m. #221701.1
Beg I 6:05–6:50 p.m. #221704.1
Beg II 6:55–7:40 p.m. #221704.2

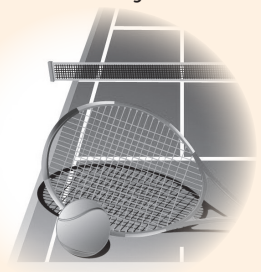
Place: Community Center Park
Tennis Courts
6200 S. 76th Street

Fee: Resident \$25.00
Non-Resident \$50.00

Instructor: Jennifer Derksen

Note: Bring your own racquet if you have one; otherwise, appropriate sized racquets will be provided.

Registration for this class began during the summer so you if you are interested in registering, please call Park and Recreation office at 414-423-2790 to see if there are still openings.



Fall Baseball

boys and girls, grades 1 through 4
(2023–2024 school year)

Here's your chance to step up your game!

It's time to show off what you learned in the just completed season and bring your game to the fall! This program offers the same fundamentals and skills training as what are offered through private programs!

The first two days will be spent working on baseball drills such as hitting, fielding, position, and base running. The remainder of the program we will provide scrimmage time (7 innings weather/light dependent) – beginning September 13th!

Clear your calendars... we start September 6th!

Dates: Mondays and Wednesdays
September 6–27
October 2 and 4 Rainout/Make-ups

Times:
gr. 1 & 2 4:30–5:30 p.m. #121688.1
gr. 3 & 4 4:30–5:30 p.m. #121688.2

Place: Community Center Park, CC #2
6200 S. 76th Street

Fee (inc. t-shirt): Resident \$35.00
Non-Resident \$45.00

Coaches/Instructors: Twi-Nite Volunteer Coaches
Note: Students must bring a glove, water bottle, and wear athletic pants and shoes with rubber cleats. Students may also bring their own bat and helmet if they have; otherwise, these will be provided.

Registration for this class began during the summer so you if you are interested in registering, please call Park and Recreation office at 414-423-2790 to see if there are still openings.

NEW!

Greendale Youth Wrestling Phase I

5K through grade 8

Not sure if wrestling is the sport for you? This program will provide students work on wrestling skills and strategies, but more importantly, it will incorporate all-around physical activity through competitive games and activities including tumbling which enhances the wrestling experience. Students will leave invigorated... and fired from a great workout!

Dates: Tuesdays and Thursdays
November 2–January 4
exclude November 23, December 26 & 28, January 2

Times:
Beginner 6:00–6:45 p.m. #221633.1
Advanced 7:00–8:00 p.m. #221633.2

Place: Greendale Middle School
Upper Gym

Fee:
Beginner Resident \$55.00
Non-Resident \$65.00
Advanced Resident \$85.00
Non-Resident \$95.00

Instructor: Brandon Kircher, NCAA National Qualifier at UW-Parkside, WI
State Place winner, 3x WIAA state qualifier

Note: Participants are expected to be on-time and come prepared for activity. Dress should be tennis shoes, socks, t-shirts, and shorts or sweatpants (no zippers) and no jewelry. Also, bring a water bottle.

Those who are a beginner wrestler will have had no wrestling experience and are new to the sport. The beginner program will focus on the fundamentals of wrestling. The advanced program will focus on live hands-on wrestling. To be considered for the advanced program, you have completed Phase I of the program previously, have experience wrestling, and are comfortable with the sport. The Department will be offering a Phase II program beginning in late January which will provide more skill development and learning opportunities. To participate in the Phase II program, students will have had to complete this fall wrestling program or have other wrestling experience. Whitnall residents will pay resident fee due to the Co-Op WhitDale Wrestling program.



Skyhawks Baseball Tots

ages 2 through 4

Baseball Tots is a developmental program that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. We build fitness, muscle coordination, baseball fundamentals and create a love of the game. Parent participation is required.

Date(s): Mondays
September 25–October 16

Times:
ages 2-3 9:00–9:30 a.m. **#221603.1**
ages 3-4 9:40–10:10 a.m. **#221603.2**

Place: Greendale Community Center Park
6200 S. 76th Street
(Grass area north of tennis courts)

Fee: Resident \$58.00
Non-Resident \$78.00

Instructor: Skyhawks Sports Staff

Note: Children should bring a glove and filled water bottle marked with their name each time.

Skyhawks Floor Hockey

ages 5 through 8

Played on a hard surface, these classes focus on hand-eye coordination and reaction time to learn the sport of hockey. These young athletes will learn stickhandling, passing, shooting, and teamwork in a non-contact environment.

Date(s): Wednesdays
November 29–December 20

Times:
ages 5-6 5:30–6:30 p.m. **#221674.1**
ages 7-8 6:40–7:40 p.m. **#221674.2**

Place: Canterbury Elementary School
Gym

Fee: Resident \$68.00
Non-Resident \$88.00

Instructor: Skyhawks Sports Staff

Skyhawks Soccer

ages 5 through 11

Using our progressional curriculum, our sport-specific staff will ensure your young athlete will gain the technical skills & sport knowledge required for their next step into soccer. This camp focuses on dribbling, passing, shooting, and ball control. By the end of the camp your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their sport skills preparing them to play for the playground or league play!

Session I
Date(s): Outdoors
Wednesdays
September 27–October 18

Times:
ages 5-7 5:15–6:15 p.m. **#221647.1a**
ages 8-11 6:25–7:25 p.m. **#221647.1b**

Place: Greendale Middle School Outdoor Athletic Fields
(to the west of the school)

Note: Rain location is Canterbury Gym

Session II
Date(s): Indoors
Tuesdays
October 24–November 21
exclude October 31

Times:
ages 5-7 5:30–6:30 p.m. **#221647.2a**
ages 8-11 6:40–7:40 p.m. **#221647.2b**

Place: Canterbury Elementary School
Gym

Fee: Resident \$68.00
Non-Resident \$88.00

Instructor: Skyhawks Sports Staff



Skyhawks 1st Down Tots

ages 2 through 4

1stDownTots is a developmental program that uses a variety of fun games to engage kids while teaching the sport of football and developing fundamental skills. We build fitness, muscle coordination, football fundamentals and create a love of the game. We do not do any tackling or blocking at this level. Parent participation is required.

Date(s): Thursdays
October 26–November 16

Times:
ages 2-3 5:30–6:00 p.m. **#221613.1**
ages 3-4 6:10–6:40 p.m. **#221613.2**

Place: Canterbury Elementary School
Gym

Fee: Resident \$58.00
Non-Resident \$78.00

Instructor: Skyhawks Sports Staff

Skyhawks Soccer Tots

ages 2 through 4

This soccer-themed class helps youngsters develop motor skills while getting involved in sports. We develop kicking, running control, and dribbling. This course will help kiddos learn to listen and follow instructions all while playing a variety of fun games with lots of physical activity. Parent participation is required.

Date(s): Thursdays
November 30–December 21

Times:
ages 2-3 5:30–6:00 p.m. **#221645.1**
ages 3-4 6:10–6:40 p.m. **#221645.2**

Place: Canterbury Elementary School
Gym

Fee: Resident \$58.00
Non-Resident \$78.00

Instructor: Skyhawks Sports Staff

Skyhawks Flag Football Camp

grades 2-5

Flag Football is the perfect introduction to "America's Game." Campers learn skills on both sides of the football including the core components of passing, catching, and defense — all presented in a fun and positive environment. The last class ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron!

Date(s): Saturdays
September 23-October 21

Time:
grades 2-3 10:00-11:00 a.m. #221602.1
grades 4-5 11:10 a.m.-12:10 p.m. #221602.2

Place: Community Center Park
6200 S. 76th Street

Fee: Resident \$75.00
Non-Resident \$95.00

Instructor: Skyhawks Staff and Coaches

Special Olympics Bowling

ages 8 through adults

Greendale Park and Recreation is the Agency Manager for Greendale Special Olympics. Special Olympics provide a variety of Olympic-type sports for children and adults with intellectual disabilities. Greendale is committed to participating in bowling with practice on Saturdays this fall. Future sports may include basketball skills (winter) and athletics (track and field) in spring.

Dates: Saturdays #224001.1
September 23-November 25

Time: 10:00 a.m.-12:00 p.m.

Place: Country Lanes Bowling Alley
11231 W. Forest Home Avenue-
Franklin

Fee: No charge; however must pre-register
Coach: Mark Ulmen

Note: After registering, please email Greendale Park & Recreation Supervisor Kelly Schmidt at kelly.schmidt@greendaleschools.org as soon as possible to be sure to comply with Special Olympics nation-wide rules and deadlines. Participants must be 8 years old by October 1, 2023. This program is for Greendale residents only.

Bowling Instruction

ages 5 through 11

A great beginner bowling program. Participants will learn about bowling etiquette, scoring, and mechanics during the instruction portion of each lesson. Following the instruction, kids will take to the lanes to apply what they learned.

Dates: Saturdays #221670.1
October 14-November 18

Time: 11:00 a.m.-12:00 p.m.
Place: Classic Lanes-Greenfield, 5404 W. Layton
Avenue

Fee: Resident \$65.00
Non-Resident \$75.00

Instructor: Staff of Classic Lanes
Note: Each lesson contains instruction, an hour of bowling, and shoe rental.



Academy of Shaolin Martial Art Kung Fu, Kenpo, Tai Chi

ages 6 years and older and adults

Come learn a traditional martial art for its history, health, and mental improvement. You will learn traditional forms, self-defenses, and basics to improve one's health and physical well-being. Learn from certified Master (6th) level teacher in Pai Lum Tao (The Way of the White Dragon).

Little Dragons — ages 6 through 10 years of age.
Junior/Adult Dragons — ages 11 years of age and older and adults.

Dates/Times: Mondays
Session I October 9-30
Little Dragons 5:45-6:40 p.m. #222701.1a
Jr./Adult Dragons 6:45-7:40 p.m. #222701.1b

Session II November 27-December 18
Little Dragons 5:45-6:40 p.m. #222701.2a
Jr./Adult Dragons 6:45-7:40 p.m. #222701.2b

Place: Community Learning Center
5647 Broad Street
Lower Level

Fee per session: Resident \$45.00
Non-Resident \$55.00

Instructor: Sigung Dennis Shain
6th (Master) Level in the Martial Arts

Note: Wear black sweat pants (no pockets or please sew pockets shut), a black t-shirt, and tennis shoes or bare feet. Students continuing after one session of classes will be required to purchase a uniform (Instructor Shain will provide more information at class).



Teen Sports Sampler

grades 6 through 8



Join the staff of Greenfield Parks and Recreation for fun filled fall evenings playing a variety of sports. Register for one or all three!

Cornhole (Bags)

Join your friends in this program designed around cornhole gameplay. Each week, new teams will be formed and different variations of cornhole games will be played. Fun competitions will bring extra excitement to this program!

Dates: Wednesdays #221650.1
September 20-October 11

Place: Konkel Park Farmers Market
5151 W. Layton Avenue, Greenfield

Kickball

It's the game that never gets old and is always fun to play. Join us for some fun kickball games! We will form new teams each week and mix up the rules to keep each week different and interesting. Exercise doesn't have to be hard; come and enjoy fresh air and kickball.

Dates: Thursdays #221651.1
September 21-October 12

Place: Greenfield Middle School
3200 W. Barnard Avenue, Greenfield

Dodgeball

"If you can dodge a wrench, you can dodge a ball." No need to practice like they do in the movies. Have a blast playing dodgeball with your friends on Thursday nights. Each week, teams will be formed, and then let the dodgeball frenzy begin! Fun new variations will be used each week.

Dates: Thursdays #221652.1
October 19-November 16
exclude October 26

Place: Edgewood Elementary Gym
4711 S. 47th Street, Greenfield



All Programs

Time: 6:00-7:00 p.m.
Fee per sport: Resident \$30.00
Non-Resident \$45.00
Instructor: Staff of Greenfield Parks and Recreation

Ice Skating Lessons

ages 3 years and older through adults



Ice skating is one of the world's greatest sports! Skating is fun, challenging, and rewarding. Levels are designed to develop preliminary coordination and strength necessary to maneuver on the ice and gain basic knowledge to advance to specialized levels. Following the program designed by the U.S. Figure Skating Association, this progressive lesson program is perfect for the beginner or "not so" beginner skater!

***Dates:** Saturdays
Session I October 28-December 16 **#221672.1**
 exclude November 25
Session II January 6-February 17 **#321672.1**
***Time:** 1:45-2:30 p.m.
Place: Wilson Park Recreation Center
 4001 S. 20th Street-Milwaukee
****Fee per session:** Resident \$125.00
 Non-Resident \$135.00

Instructor: Greater Milwaukee Figure Skating Club
Note: *It should be noted that times may vary on occasion if Wilson Park schedules a tournament, etc. Also, there may be a couple of exclusion dates that were not known at the time of the printing of the brochure. Staff of the program will provide up-to-date information to registrants. Program fee is based on a 7-week schedule.

**If registered for two consecutive 7-week sessions at the same time, the fee for each session is \$110.00 (\$220.00 total). Also, family discount, 3rd person registered in same family receives a \$30.00 discount.

Skate rental is NOT included. Rentals are \$3.00 per lesson at the Wilson Ice Center.



NEW!

Hooper Hands Basketball

Ages 4-11 years



Basketball 101

Ages 4-8 years

This class designed to give your child an overview of basic basketball skills. During the class, participants will be introduced to dribbling, shooting, rebounding, and passing.

Basketball 201

Ages 9-11 years

This class is designed to develop the basic fundamentals of the game of basketball. Participants will be introduced to various ball handling, shooting, passing and rebounding drills. To show case skills learned in class, the Hooper's will perform team play at the end of some classes.

Session I
Dates: Fridays
 October 6-October 27

Times:
 ages 4-5 5:45-6:30 p.m. **#221621.1a**
 ages 6-8 6:40-7:25 p.m. **#221621.1b**
 ages 9-11 7:35-8:20 p.m. **#221621.1c**



The Physics of Basketball

Building upon all skills needed to learn the game of basketball! Each week students will split into stations working on agility, dribbling, passing, defense and shooting drills. We plan to end each class with a fun game.

Session II
Dates: Fridays
 November 3-December 1
 Exclude November 24

Times:
 ages 4-5 5:45-6:30 p.m. **#221621.2a**
 ages 6-8 6:40-7:25 p.m. **#221621.2b**
 ages 9-11 7:35-8:20 p.m. **#221621.2c**

Place: Greendale Middle School
 Main Gym
Fee (incl. t-shirt): Resident \$57.00
 Non-Resident \$67.00

Instructors: Staff of Hooper Hands
Note: Please bring a bottle full of water marked with the child's name.

Milwaukee Bucks One Day Clinic

boys and girls, ages 5 through 12



Milwaukee Bucks Fall Clinics are an excellent opportunity for kids ages 5-12 to sharpen their basketball skills. These one-day clinics help players improve their fundamental skills in a fun and engaging environment. Bucks clinic staff are selected for their basketball knowledge and ability to coach kids of all ages. All fall clinic registrants will have the option to add a Milwaukee Youth Basketball branded basketball or performance t-shirt to their clinic package for an additional fee.

Date: Saturday, November 11
Times: 11:00-1:00 p.m. **#221665.1**
Place: Greendale Middle School
 Gym
Fee: Resident \$50.00
 Non-Resident \$60.00
Instructor: Milwaukee Bucks Clinic Staff
Note: Come dressed for some fast and fun activity. Please bring gym shoes to change into at the gym.



Basketball Instruction

grades 5K through 1

This basketball program will introduce 5K and 1st grade children to the game. The first half of each Saturday will be spent working on skills and drills. The second half will include instructional scrimmages as they progress.

Parent volunteers will be used. These parent volunteers do not need previous coaching experience, just an interest in helping young athletes get their first experience of organized sports.

Dates: Saturdays
 December 9-January 27
 exclude December 23 & 30 **#221624.1**
Time: 10:30-11:30 a.m.
Place: Greendale Middle School
 Gym
Fee (incl. t-shirt): Resident \$30.00
 Non-Resident \$40.00
Instructor: Linda Jacobson
Note: Parents interested in helping as a volunteer should contact the Park & Rec office.



"Open Play" Pickleball

adults

Pickleball is a great sport to get and stay active, and increase cardio exercise, while being social and meeting new Pickleballers!

The Pickleball Program is open, drop-in style for recreational play. Participants with previous experience will be able to join recreational group play.

Dates: Mondays and Thursdays
September 28-October 23 **#211605.1**
Time: 10:30 a.m.-12:30 p.m.
Place: Community Center Park
6200 S. 76th St
Pickleball Courts
Fee: Resident \$25.00
Non-Resident \$35.00

Supervisor: Greendale Park & Recreation Volunteers

Note: Paddles and balls will be available for use during the program for those individuals who do not have their own. Participants should bring their own lawn chair and water for between games.

"Bags" Cornhole Leagues

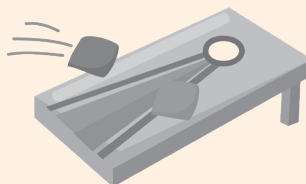
ages 21 years and older

The Greendale Park & Recreation Department traditionally hosts "Bags" or "Cornhole" leagues three times throughout the year.

Fall Season:
Wednesdays, September 6-October 11
Mondays, September 11-October 16

Form your team of 2-4 team members and come out for some fun in this social setting! Join us to play on either Monday or Wednesday evenings between the Community Learning Center and Panther Pub & Eatery. Team Entry Fee is \$40.00/season/night. Games will start at 6:15 p.m. The six-week season will have round robin scheduling to determine league winners.

For further information, contact the Park and Recreation Department at (414)423-2790.



Open Recreational Volleyball

adults

Supervision is provided for adults to get together and play volleyball. Department provides the equipment, you provide the energy! Participants must wear gym shoes, no street shoes.

Dates: Thursdays **#211601.1**
September 28-December 14
exclude November 23
Time: 7:00-9:30 p.m.
Place: Greendale Middle School
Main Gym
Fee: Resident \$36.00
Non-Resident \$46.00
Supervisor: Greendale Park & Recreation Staff



Free Passes

to

Athletic Events

adults 65+

Passes are available to Greendale resident "older adults" (ages 65 and older) for free admittance to any Greendale High School home athletic event (excluding conference, regional or sectional events). Athletic contests away from home are excluded. Non-transferable. Pass is available at the High School Athletic office, Monday-Friday from 9:00 a.m.-3:00 p.m. during the school year or Greendale Park and Recreation Office located at 5647 Broad Street between 8:00 a.m. and 4:00 p.m. beginning August 8th. A picture identification indicating age and address must be shown to obtain a pass.

Co-Rec Volleyball Leagues

adults

There are three leagues with a maximum of 12 players per team and 4 teams per Monday league (3 leagues).

Monday A, Monday B, and Monday C available.

Dates: Mondays
September 18-December 4
(12-week season based on number of teams)
Times: 6:45, 7:45 and 8:45 p.m.
Place: Greendale Middle School
Gym
Fee: \$200.00 team fee plus
\$5.00 Resident player
\$10.00 Non-Resident player

Supervisor: Greendale Park & Recreation Staff

Note: Spots will be filled on a first-come, first-serve basis. Register at the Park and Recreation office during office hours. The \$200.00 team fee must accompany the registration.



AFTER SCHOOL SPORTS & ACTIVITIES

Basketball League

grades 2 through 5

Basketball league will provide after school instruction at each elementary school. We will then play league games on Saturdays against other Greendale elementary schools. Enrollment may require multiple teams per school (team or teammate requests will not be honored). Sign up early to guarantee your spot.

Saturday games will be played at Greendale Middle School. Game times may vary. League play will be equal playing time per player. Game schedules will be released the week of December 4th.

Dates/Places/Grades:

Canterbury/gr. 2&3	Tues, November 28-January 23 exclude December 26 & January 2	#221623.1
College Park/gr. 2&3	Tues, November 28-January 23 exclude December 26 & January 2	#221623.2
HV/gr. 2&3	Wed, November 29-January 24 exclude December 27 & January 3	#221623.3
Canterbury/gr. 4&5	Wed, November 29-January 24 exclude December 27 & January 3	#221623.4
College Park/gr. 4&5	Fri, December 1-January 26 exclude December 22 & 29	#221623.5
HV/gr. 4&5	Fri, December 1-January 26 exclude December 22 & 29	#221623.6

*ALL SCHOOLS Saturdays, December 9-January 27
exclude December 23 & 30

Times:

After School Practice 3:50-4:50 p.m.
Saturday Games 12:00 – 2:00 p.m.

Fee (inc. t-shirt): Resident \$70.00
Non-Resident \$80.00

Instructors: Greendale Park & Rec Staff

Note: Parents interested in helping as a volunteer coach incentive should contact the Park and Recreation office. Volunteers will be required to complete the GSD Volunteer Background check process.

*Includes Canterbury, Highland View, College Park and will be held at Greendale Middle School.

Deadline to register: November 13

Chess Scholars with Instruction

grades 5K through 5

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Chess can also enhance children's motivation, concentration, focus, social skills, and creativity! No previous knowledge of chess is necessary.

Each class will consist of a fun interactive teaching period and guided practice time. Beginner and experienced participants are welcome and will receive instruction to get them to the next level under the guidance of an experienced Chess Scholars coach.

Dates/Places:

Session I	<u>Mondays</u> September 25-November 27 exclude October 2 & 30 Highland View School, Library/LMC	#222402.1
Session II	<u>Tuesdays</u> September 26-November 21 Canterbury School, Art Room exclude October 31	#222402.2
Session III	<u>Wednesdays</u> September 27-November 15 College Park School, Art Room	#222402.3

Time: 3:50-4:50 p.m.
Fee per session: Resident \$105.00
Non-Resident \$115.00
Instructor: Staff of Chess Scholars

STEM Exploration

grades 5K through 5

Explore all areas of STEM (Science, Technology, Engineering, and Math) with local High School students. Activities will include using chemistry to create polymers, exciting engineering challenges, math and coding games, and more through interactive activities!

Help your aspiring scientist or engineer grow their knowledge by enrolling today!!!!

Dates/Places:	<u>Fridays</u> September 22-October 13 exclude October 6 Highland View Art Room	#220806.1
Session I		
Session II	October 20-November 3 College Park Art Room	#220806.2
Session III	November 10-December 8 exclude November 17 & 24 Canterbury School Art Room	#220806.3

Time: 3:50-4:50 p.m.
Fee per session: Resident \$30.00
Instructors: Greendale Robotics "Team A.L.I.E.N." (supervised by Aleks Skibicki)

Introduction to Taekwondo

grades 5K through 5

This beginner program will emphasize character development and physical activity which will foster greater self-discipline, concentration, and confidence in participants. All students will participate in drills that will teach them techniques for basic self-defense. They will also do exercises in order to learn how to safely break a board, which is a major confidence builder!

Dates/Places:	<u>Tuesdays</u> October 24-November 28 exclude October 31 and November 7 Highland View, Gym	#222706.1
Session I		

Session II	<u>Wednesdays</u> October 25-November 15 Canterbury, Gym	#222706.2
Session III	<u>Thursdays</u> October 26-November 16 College Park, Gym	#222706.3

Time: 3:50-4:50 p.m.
Fee per session: Resident \$25.00
Non-Resident \$35.00
Instructor: Staff of J.K. Lee Black Belt Academy-Hales Corners
Note: Participants should wear athletic shoes.

NEW!**Forte Theatre Company**

Grades 6-8

Join Forte Youth Productions for a Theatre Workshop at Greendale Middle School! In this after school class, students will focus on acting, vocal production and theatre skills through improvisation, theatre games, and scene work. No experience required. Parents are invited to attend a special showcase at the end of each session.

Date(s): Thursdays **#222201.1**
 September 21-November 16
 exclude October 26
 3:15-4:30 p.m.
Time:
Place: Greendale Middle School, MPR
Fee: Resident \$110.00
 Non-Resident \$120.00
Instructor(s): Forte Teaching Artists, all of whom are professional actors in and around the Greater Milwaukee Area.



**FORTE
YOUTH
PRODUCTIONS**

NEW!**Greendale Kids Running Club - Pilot Program**

Open to College Park students - Grades 3 - 5

Do you like to run? If so, this club is the place for you! The Greendale Kids Running Club is a great way to reconnect with friends and classmates at the beginning of school. This club is open to all 3rd through 5th-grade students, and the club will focus on health, fitness, and creating a sense of belonging for all participants. The club will run for 6 weeks and wrap up with all club members participating in the Greendale Run/Walk on October 22nd!

Dates: Wednesday **#221608.1**
 September 13-October 18
Time: 3:50-5:00 p.m.
Grades: 3rd - 5th
Place: College Park
Fee: \$15.00 (College Park Students only)
Facilitators: Amanda Colon

Registration - Contact the Greendale Park & Recreation

Note: In a collaborative effort between the Greendale Health Department, Step Up to Better Health, and the Greendale School District, we are pleased to announce the formation of the Greendale Kids Running Club! During the 2023- 2024 school year, we will pilot this program at College Park. We hope to expand the program to all Greendale elementary schools in the future.

60 Minutes of Play

grades 5K through 5

This program is a fun and exciting way to stay active and try a variety of games. We will play at least 3 different games or activities each day. Activities will range from sports to playground-style games.

Dates/Places:

CA Gym	Grades 3-5 <u>Mondays</u> September 25-October 23 exclude October 2	#221657.1
CP Gym	<u>Tuesdays</u> September 26-October 17	#221657.2
HV Gym	<u>Wednesdays</u> September 27-October 18	#221657.3
CA Gym	Grades 5K-2 <u>Mondays</u> November 6-27	#221657.4
CP Gym	<u>Tuesdays</u> October 24-November 21 exclude October 31	#221657.5
HV Gym	<u>Wednesdays</u> October 25-November 15	#221657.6

Time: 3:50-4:50 p.m.
Fee: Resident \$25.00
 Non-Resident \$35.00
Instructor: Linda Jacobson

Note: Bring a water bottle and dress to be active.


Pumpkin Chuckin' Challenge**What is a Pumpkin Chuckin' event?**

We'll meet "TREBY", a Trebuchet/catapult built by Gift of Wings for throwing and smashing pumpkins. It catapults pumpkins to see how far they can fly. Our record is 300' and then splat!

What's the point? There is no point, it is just a fun thing to do during the celebration of "Hallowings" occurring in the Greendale Downtown Village Center at Gazebo Park, a fun pumpkin carving event.

We will be chuckin' pumpkins on Saturday, October 28th. Bring us your pumpkin, and we will send it flying through the air with one final ride. Maybe yours will be the champion flyer.

Oh, we almost forgot ...we also have "Little Treby" throwing gourds, along with the students from Team A.L.I.E.N. providing their robots for children to learn more about robotics, and also the children will be making "mini" catapults to take home!

Date:	Saturday, October 28	
Time:	11:00 a.m.-2:00 p.m.	
Place:	Greendale High School East of Lower Parking Lot Grass Practice Field	
Fee:	No fees or registration required.	

Hosted/Presented By:
 Gift of Wings, Greendale Park and Recreation,
 Grandhaven LLC, and Team A.L.I.E.N.

Department Policies

Recreation Information Line: (414) 423-2803

A reminder that the "Info Line" is your link to the Recreation Office for up-to-date info on program schedules, class cancellations, changes, etc. This is a 24-hour recorded message. Keep this number handy and keep informed!

Department Sales Tax

Sales tax is included in those programs that have an admission charge, such as open swim, open basketball and entry fees for any leagues (volleyball/softball/ basketball), in accordance with the Department of Revenue laws.

Waiting Lists

When you register and your class is filled, please be sure to fill out a waiting list form. The Department will make every effort to accommodate those on the waiting lists (adding classes, etc.). If any openings become available, we will then go to the waiting list to fill the class. Once you've been called about a class opening, you have two days to pay for your spot or it will be released to the next person on the waiting list.

Transfer and Refund Policy

The Park and Recreation Department will assess a service fee of \$5.00 for any class transfer or refund request in all classes that are not covered by our refund policy. Check your forms at registration to make sure you have the proper class forms. NO refund will be given ONCE THE DAY A CLASS IS TO START ARRIVES, unless the Department cancels the class. To receive a refund, you must bring in your white receipt seven (7) full business days prior to the class starting date.

NOTE: For all art and/or craft classes, deadlines on Getaways/outings, cooking classes or Mad Science classes, refund requests must be made six business days before the class begins or as indicated on specific programs. Your receipt must accompany your refund request. There also will be no prorating of class fees.

Refund Checks

If the department cancels a class, or you request a refund, checks are processed from the Park and Recreation Office, and will be mailed out. They take up to 2 weeks to receive.

Notice of Nondiscrimination Policy

It is the policy of the Greendale School District that no person shall be denied admission to, participation in, the benefits of any curricular, extracurricular, pupil services, recreational or other program or activity, or employment on the basis of sex, race, color, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, medical condition or disease, or physical, mental, emotional or learning disability.

Program Activity Evaluations

In an effort to continue focusing on quality programs, the Recreation Department asks each class participant from all registered activities to complete a class evaluation. This will help future programming decisions. If you do not receive an evaluation form, please contact the Park and Recreation Department.

No Smoking/Alcohol Use Policy

A reminder to all program participants: The use of all tobacco products or drinking of alcoholic beverages on premises owned or rented by the Greendale School District is prohibited by state law. Your cooperation in upholding this law is necessary.

Adaptive Program

We are interested in identifying the recreational needs of children and adults with disabilities who reside in Greendale. These needs may include adaptive or mainstreamed programming or resource assistance. Please contact the Greendale Park and Recreation Department weekdays at (414) 423-2790 if there is a program that someone you know would like to participate in but special adaptation may be necessary.

Class Cancellations

1. Due to weather ... Questions regarding class cancellations often arise with weather. For information on cancelled classes, due to inclement weather, turn your radio to WISN, WTMJ or call the Recreation Information Line at (414) 423-2803 for updated cancellation information. We may wait up to one hour prior to class time to cancel a class. Parents are encouraged to use their own discretion about sending children if conditions are questionable. If Greendale cancels schools for the day or sends students home, all Park and Recreation activities are cancelled.
 - a. If inclement weather potentially forces program cancellations, all participants should: Call the 24 hour information line at (414) 423-2803 to check on the status. If the program is being held at a Greenfield location, please call the Greenfield Parks & Recreation 24 hour hotline at (414) 297-9008.
2. If you have not been informed through the information lines or contacted by the Department, assume your activity has not been cancelled.
3. If poor weather conditions develop within 1-1/2 hours of the activity/event, report to the site if in doubt. Remember all sites are unique and activities may be conducted or modified.
4. Once at a program site, decisions concerning the cancellation or discontinuation of the activity will be in the judgment of the instructor, site supervisor/leader or game official.
5. If unanticipated school (educational or athletic) programming, unrelated to weather, forces program cancellation all registered participants will be notified. (Post card, note on receipt, phone call, etc.)

Hospital/Medical Insurance

The Department does not provide hospital/medical insurance coverage for people participating in sponsored activities. Further, the School District and/or Village does not provide hospital/medical coverage for Department sponsored activities. Participants are encouraged to obtain their own insurance coverage prior to and for the duration of the activity they take part in.

Lesson Observation & Visitors Day

The FIRST and FINAL instructional classes may be observed by parents or other nonparticipants, unless special dates are scheduled by the individual instructors. Our instructors welcome the opportunity to discuss participant's progress with parents — ask before or after a class session.

Cooperative Programming

What does this mean? When you see this symbol it means this program is being made available as part of a cooperative programming agreement with other local departments or agencies. This is being done because individually each department or agency may not have the facility or instructor or enrollment necessary to offer the program. Working together the cooperative departments are able to better serve the needs of their residents by expanded program opportunities.

Serving the School Board and Village Board and the Department in an advisory capacity, is the Greendale Park and Recreation Committee.

Park and Recreation Committee Members

Joydeep Bhattacharya, School Board Appointee* Rachael Bush, School Board Appointee*
Caitlin Konecny, Village Board Appointee * Robby McFaul, Village Trustee *Alaina Kohl, School Board
Appointee-Student Representative*Eileen Rauterberg, Committee Appointee*
Aleks Skibicki, Village Board Appointee* Stephen Waite (Chairman), Village Board Appointee-Senior Representative*
Robert Kobleska, School Board Member

Department Staff

Director: Ryan Broderick • Recreation Supervisor: Kelly Schmidt • Child Care Director: Kathy Fern •
Administrative Assistant: Alexandra Gates • Plus the 85+ child care staff/seasonal instructors/supervisors/
scorekeepers, etc. who work very hard to provide you with the selection and quality of programs offered year-round.

GREENDALE PARK AND RECREATION DEPARTMENT

Community Learning Center• 5647 Broad Street, Greendale, Wisconsin 53129

(414) 423-2790 • (414) 423-2803 INFO LINE

Office Volunteers: Debbie Eberhardt, Julie and Jim Goetz, and Jane Stoller

**Confirmations are not mailed unless a
self-addressed stamped envelope is enclosed**

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Park and Recreation Department
5647 Broad Street • Greendale WI 53129
(414)423-2790
gpr.greendale.k12.wi.us

**GREENDALE
PARK and RECREATION
DEPARTMENT
FALL PROGRAMMING**



ONLINE REGISTRATION

- Resident online registration begins on
Saturday, September 9th at 8 AM
 - Non-resident online registration begins on
Wednesday, September 13th at 8 AM
- Register from the convenience of
your home or office at
[https://web2.myvscloud.com/wbwsc/
wigreendalewt.wsc/splash.html](https://web2.myvscloud.com/wbwsc/wigreendalewt.wsc/splash.html)

**MAIL-IN/WALK-IN/
PHONE-IN REGISTRATION**

Park and Recreation Office • 5647 Broad Street
Greendale, WI 53129 • 414-423-2790, press 2

- Resident: Tuesday, September 12th
- Non-Resident: Wednesday, September 13th

OFFICE HOURS

- Mon-Fri 8 a.m.-4:30 p.m. (phone)
- Mon-Fri 9 a.m.-4:30 p.m. (in-person/counter)

Greendale Schools

Budget Hearing and Annual Meeting
Monday, September 18, 2023

Budget Hearing - 6:30 p.m.

Immediately upon
adjournment of the Budget Hearing,
but not before 7:00 p.m.,
the Annual Meeting will begin.

Greendale High School Auditorium
6801 Southway, Greendale

Learn more about the state of our schools at
this important meeting. Information is on the
district website: www.greendaleschos.org.

OUTINGS FUN! Preschool
AFTER-SCHOOL PROGRAMMING
ARTS & CRAFTS
ENRICHMENT Lifelong Learning
Teens Youth and Adults
SPORTS SENIOR CITIZENS
Child Care AQUATICS
Music Relaxation
HEALTH & WELLNESS
Fall/Winter Programs

Proud to serve Greendale in 2023!

GREENDALE PARK AND RECREATION

5647 Broad Street • Greendale
414.423.2790 (press 2)
gpr.greendale.k12.wi.us

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and Instagram!