



*Greendale
Recreation Guide
Winter/Spring 2024*



Greendale Park & Recreation Department

5647 Broad Street • Greendale, WI 53129 • (414) 423-2790 • gpr.greendale.k12.wi.us

Greendale Park and Recreation Department

Community Learning Center
5647 Broad Street
Greendale, WI 53129

Phone: (414) 423-2790 press 2

Regular Office Hours:

Monday through Friday
8:00 a.m. to 4:30 p.m. (phone)
9:00 a.m. to 4:30 p.m. (in-person/counter)

Office Closed:

December 25 & 26 and January 1 & 2 and March 29

Payments: Cash, checks, money orders or MasterCard/VISA/Discover are acceptable forms of payment for class registrations. All payments must be received at the time of class registration.

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Message from Greendale Schools Superintendent

Hello Greendale Community Members:

When our Wisconsin weather is chilly, Greendale Park & Recreation has the programming you need to stay active and happy during the cold weather months. Park & Rec programs promote education, recreation and wellness for people of all ages. Check out the offerings in this booklet to learn more!

I want to take this opportunity to thank the members of the Park & Rec Ad Hoc Committee for their work over the past several months. This group of community members took an in-depth look at the facilities and programming

available to Greendale residents according to the questions they were asked to review by the Board of Education.

Through their work, a new Greendale Park & Rec Mission Statement was created. The team also reviewed the facility conditions of indoor and outdoor recreation spaces and advised on future programming priorities to align with current and future community needs. Their recommendations were presented to the community at the end of November and will help the Village and the school district identify future priorities. You can review the presentation on the Village of Greendale Website: <https://bit.ly/3Mx89u0>.

The team is working to finalize the community study and determine next steps on Park and Recreation Programs and Facilities in the Village of Greendale, including final feedback from the Village Board and Board of Education and the community. Watch for more information this spring.

We are grateful for the support of our community. Your pride and support of our students, staff and programs makes all the difference.

Best wishes for a healthy and happy 2024!

Kim Amidzich, Ph.D.
Superintendent

Greendale Park and Recreation Department Activity Brochure

Published three (3) times yearly
December, April, August



Discover the Benefits of Park and Recreation
Call, click or stop by today to discover the park
and recreational opportunities
in your community.
gpr.greendale.k12.wi.us

OUR MISSION

The mission of the Greendale Park and Recreation Department is to provide comprehensive programs, services, facilities, activities, and life-long learning opportunities to enrich the quality of life in the Greendale community.

Greendale Board of Education

Joe Crapitto
Mary Laurel Grogan
Tassia Hughes
Rob Kobleska
Kathleen Wied-Vincent
Caiya Fuentes, Student Member
Nick Galusha, Student Member



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Easy Ways to Register

• Online • Mail-In • Phone-In • Walk-In

Greendale Park and Recreation Department
5647 Broad Street
Greendale WI 53129

Hours: Mon-Fri 8:00 a.m.-4:30 p.m. (Phone)
Mon-Fri 9:00 a.m.-4:30 p.m. (In-person/Counter)
Office Closed: December 25 & 26
and January 1 & 2 and March 29

**Need help with online registration?
Don't know where to start? Stop by
the Park & Recreation office and
extra help will be available for you.**

MAIL-IN / WALK-IN / PHONE-IN
Park and Recreation Office - 5647 Broad Street
414-423-2790 press 2
Resident-Tuesday, January 9th
Non Resident-Wednesday, January 10th

ONLINE REGISTRATION

Resident online registration begins **Saturday, January 6th at 8:00 a.m.** Non-resident begins **Wednesday, January 10th.** Register from the convenience of your home or office at <https://web2.myvscloud.com/wbwsc/wigreendalewt.wsc/splash.html>.

Who Can Register Online?

Any individual or household may register online for Park and Recreation Programs.

NEW: If you have never registered with us, go to <https://web2.myvscloud.com/wbwsc/wigreendalewt.wsc/splash.html> to create an account.

RETURNING: email park.rec@greendaleschools.org to obtain your login information if you have misplaced it.

How Do I Register For a Program Online?

Go to <https://web2.myvscloud.com/wbwsc/wigreendalewt.wsc/splash.html>. Under "member login" enter your household ID and password (received when setting up your household account). From there you may register for any available classes. If you do not have a household ID or password, you can create a new account. If you do not remember your login information, email park.rec@greendaleschools.org to obtain your information before registration begins during office hours.

Which Programs Are Eligible for Online Registration?

You may register for any programs listed in our program brochure that has an activity number. Bridge for Kids, Care 4 Kids, Bloom 'N Grow, Summer Adventure Camp, Adult Sports Leagues, and certain programs as noted are NOT eligible for online registration.

Online Security and Payments?

Online registrations and payments are processed through a secure system. We accept Visa, MasterCard and Discover.

A Few Things to Remember with Online Registration

-If you have an account, please make sure you have double checked your family info (birthdates, grades (if applicable), current phone number, email addresses, etc.) so that you will be able to register without any problems. Remember staff will only be available for trouble-shooting Monday-Friday, 8:00 a.m.-4:30 p.m., and as we have to manually verify each household once it is requested, it must be done during office hours.

-**Make sure to register early!** For processing and prepping, online registration is removed online on Tuesdays for all programs starting the following week.

-**Open Enrollment Families** attending Greendale School District Schools (public schools) for the 2023-24 school year may register online on Saturday, January 6.

In order to receive the correct fees for classes using online registration, please call the office to let us know your family is Open Enrollment. If you do not let us know, you will not be correctly charged and we will not offer any refunds.

-**Class Filled/Waitlist**-If a class is marked full and you are still interested in the class, please call the office to be placed on a wait list. If we can accommodate more participants you will receive a call from the office and have a one day window to let us know if you want the spot and to make the required payment.

Program Registration Confirmation/Receipt

Online: Print receipts at completion of registration.

-**Internet Browser:** Make sure you are using the **Google Chrome internet browser** when registering for classes. We have found that other browsers (Edge, Explorer, Firefox, etc.) are not fully supported by our online software.



Program Registration Confirmation/Receipt

Mail-In/Phone-In: Send registrations to Park and Recreation with a self-addressed stamped envelope to receive a copy of your program receipt(s).

Registrations are required prior to class attendance. Registrations may be accepted after classes begin if space is available; however, class fees are NOT pro-rated. User fees cover the costs to offer these programs. When you sign up for a class, we depend on your enrollment for a successful class. Please plan your schedule carefully.

PROGRAM REGISTRATION FORM

(ONE FORM PER HOUSEHOLD)

Please read over the updated policies on the last page before registering. Please note the cancellation and refund policies. Also, please make a note of all the classes you are signing up for as confirmations will not be sent. **Note: Registration will not be processed without payment. When mailing in a registration, classes will be confirmed only when placed in your second-choice class.**

► Family Information

Name (first/last) _____

Address (of participant) _____ Apt. _____

City _____ Zip _____

Home Phone () _____ Alternative Phone () _____ ☐ Cell

☐ Work

E-Mail Address _____

► Please indicate your relationship to the registrant(s) named herein (check all that apply):

☐ Myself ☐ Spouse ☐ Parent/Guardian

☐ Other (please state) _____

► Emergency Name & Phone _____

► School District:

- ☐ Greendale ☐ Other
☐ Non-Resident ☐ Open Enrollment

Relationship to registrant(s) _____

► Special Considerations (medications, disabilities, etc.) for:

Choice	Name of Registrants/Participants First Last	Male Female	Date of Birth	Grade 23-24	Program Title (Level)	Activity Number	Program Fee
1st							
2nd							
1st							
2nd							
1st							
2nd							
1st							
2nd							
1st							
2nd							

T-SHIRTS (if applicable to program)

Shirt size options: Youth 6-8, 10-12, 14-16 Adult S, M, L, XL

Name _____ Size _____

Name _____ Size _____

I, the undersigned, do hereby agree to allow the individual(s) named herein to participate in the activity(ies) indicated. I am aware of and understand that there may be potential risks inherent with participation in any recreation activity and that the Greendale School District and the Village of Greendale does not provide accident insurance and cannot assume responsibility for injury to any participants in the recreation programs. I further understand the eligibility requirements for the program as stated in the Department brochure, and that there are no refunds given unless the department changes a class. I have read and fully understand this agreement, and furthermore agree to the registration and related department policies, including the right to use my or my child's photograph or image with or without my or my child's name, both single and in conjunction with other persons or objects for any and all purposes including, but not limited to, private or public presentation, advertising, publicity and promotion relating thereto.

ALL ADULT PARTICIPANTS MUST SIGN BELOW. IN ADDITION, THE SIGNATURE OF A PARENT OR LEGAL GUARDIAN IS REQUIRED FOR YOUTH REGISTRATIONS.

► Signature _____ Date _____

QUESTIONS?? Call 414-423-2790 for assistance.

MAIL TO: Greendale Park and Recreation, 5647 Broad Street, Greendale, WI 53129

Please check over form for completeness. Thank you!

Round up for Recreation
Rounding up your program fees helps
provide financial support to the
Greendale Park & Rec for promotion
of preschool, youth, adult
& senior citizen programs.

Total Fees	\$
Sub Total	\$
	\$
Total Amount	\$

► Payment Method: (check one)

☐ Check (Checks payable to): **Greendale School District**

☐ Cash ☐ Gift Certificate

☐ Credit Card (circle) VISA MasterCard Discover

Card # _____ Exp: _____

Card Holder Name: _____ V-code: _____

Signature: _____

ADULT ENRICHMENT

NEW!

Hands-On Cooking Let's Cook Soup

adults

Soup is nutritious, filling and tasty! It isn't hard to make and can feed a crowd. It's also great to eat half and freeze half. This can feed small families several times for the same effort. Making your own soup allows more control over ingredients, including more real food instead of processed food.

This class will discuss some nutrition information and tips. Participants will then make a variety of soups to sample.

Date: Thursday, March 14 **#311028.1**
Time: 6:00-8:30 p.m.
Place: Greendale Middle School
 FACE Room 190 (Home Econ)
Fee: Resident \$32.00
 Non-Resident \$42.00
Instructor: Julie Toman
Note: Please bring clean, empty containers from home for left over soups.



NEW!

Demo Preparation Let's Bake Artisan Breads

adults

Fresh baked bread smells and tastes soooo good. Making your own artisan bread can cost less and help you avoid additives and preservatives. Making artisan bread using the "no knead" method isn't hard or time consuming. Each step will be demonstrated or practiced in class. Sample white, part wheat and whole wheat breads. Each participant will have a chance to start a loaf to finish at home. After you've finished "smelling the flowers", stop and smell your freshly baked bread!

Date: Tuesday, April 16 **#311027.1**
Time: 6:00-8:00 p.m.
Place: Greendale Middle School
 FACE Room 190 (Home Econ)
Fee: Resident \$30.00
 Non-Resident \$40.00
Instructor: Julie Toman



FREE Residential Paper Shredding Event

Paper Shredding Event

The Village of Greendale, DPW, and Park and Recreation will be providing Greendale residents (household only-no commercial) the opportunity to bring paper documents for secure and environmentally-responsible "on-site" destruction.



Residential Paper Shredding Event

Saturday, May 18

8:00-9:30 a.m.

Greendale Municipal Lot (off of Parking Street)



Things to Know:

Each Greendale Household will be allowed **ONLY TWO (2)** banker-size boxes (10x12x15 inches) full of documents. Boxes will be given back to the homeowner to dispose of.

ONLY PAPER DOCUMENTS will be accepted (examples include bank statements, invoices, medical records, credit card offers, pay-stubs, etc.). Staples and small paper clips are acceptable, but should be limited. **NOT ACCEPTED** are large paper clips, binder clips, ring binders, steel posts, hanging file folders, and edge binders.

Must bring a valid driver's license listing Greendale resident or current utility/tax bill listing Greendale residency. Please check the Greendale Park and Recreation Facebook page for event information.

The fall 2023 collection generated 6,000 pounds or 3 tons of paper, saving 51 trees!

The Document Company (KARD Shredding) will securely shred documents on-site, and then bundle up the confetti-sized pieces and have them recycled. Shred-it reports that every ton of recycled paper saves 17 trees, 380 gallons of oil, 3 cubic yards of landfill space, 4000 KWs of energy, and 7,000 gallons of water.

Start planning and see you on Saturday, May 18th!

Sponsored by: Birmingham Recycling LLC and J&J Contractors I LLC Organized by: Greendale Park and Recreation Department with assistance from Greendale Department of Public Works

Note: Greendale Park and Recreation Residential Paper Shredding Event goes until 9:30am. Residential documents may not be accepted after that time. KARD Shredding will stay on site until 10:00am to finish their on-site shredding, but will not be able to accept additional residential documents for shredding. Residents not already in line and arriving after 9:30am will be turned away and not be able to have their documents shredded.

Arabic World Language for Adults

adults

This is an introductory level Arabic language course. The aim of this class is to teach foundational beginners level reading, writing, and speaking skills for adults.

Dates: Saturdays **#310591.1**
 February 3-March 23
Time: 9:00 - 10:30 a.m.
Place: Greendale High School
 Room 176
 (enter Door A2-northside of school)
Fee: Resident \$40.00
 Non-Resident \$50.00
Instructor: Rajwa Abukhamireh, holds a Master's Degree in Education, is a Special Education teacher in GSD/GMS, holds a certificate of Community and International Medical Interpreting, and serves as the Arabic interpreter for GSD as well as a medical interpreter at the Children's Hospital of Wisconsin.



NEW!

Albanian Language for Adults

adults

This introductory level program will focus on teaching the foundational skills at an elementary level. The skills taught will be reading, writing and speaking. All skill levels welcome!

Dates: Saturdays **#310570.1**
 April 13-May 18
Time: 10:45 a.m.-12:15 p.m.
Place: Greendale High School
 Room 176
 (enter Door A2-northside of school)
Fee: Resident \$30.00
 Non-Resident \$40.00
Instructor: Albana Zagloul, Bachelor of Arts in Linguistics, Healthcare interpreter for Arabic and Albanian, has taught in classrooms in Franklin Public Schools and Albania.



NEW!

Crime Fiction Book Discussion "On Our Own"

adults

This congenial group, active since 1992, features lively discussions of interesting books selected by member consensus. All books include some element of crime, but emphasis tends to be more on character and plot than "gory details." Participants are expected to read the book prior to the meeting and to join in the discussion. The group meets monthly, September-May, but not in December.

January 18, 2024

Freida McFadden

The Coworker

When awkward but dependable Dawn Schiff doesn't show up at the office at her usual time one morning, her beautiful and popular coworker Natalie Farrell is surprised. Then Natalie receives an unsettling but anonymous phone call and finds herself caught in a twisted game of cat and mouse that leaves her wondering who hated Dawn enough to kill her — or who is the real victim?

Facilitator: *Emily McLaughlin*

February 15, 2024

James M. Cain

The Postman Always Rings Twice

Published in 1934 and often called the father of crime noir, this novella is fast-paced, hard-edged and full of surprises that leave no time to catch your breath. The plot features a seedy drifter and a sexy young wife who decide to kill her hapless husband, and the repercussions. Caution: the language was so explicit for the era that the book was banned in Boston and the subject of an obscenity trial.

Facilitator: *Ann Marie Krecak*

March 21, 2024

Gillian McAllister

Wrong Place, Wrong Time

Can you stop a murder after it's already happened? As Jen watches through the window, she sees her seemingly happy teenage son stab a total stranger. Jen falls asleep in despair, but when she wakes up... it is yesterday. The murder has not happened yet—and there may be a chance to stop it. A clever, twisty story of a mother who must move backward through time to prevent tragedy.

Facilitator: *Betty Grypp*

April 18, 2024

Brendan Slocumb

Symphony of Secrets

A fascinating page-turner that slips back and forth in time, seamlessly blending a heart-pounding thriller, a profound look at family and quiet heroism, and a searing exposé of issues stretching from deep in our country's past to the very present. Combines music, genius, history, and greed—showing how easily an innocent passion can turn to dangerous, deadly obsession.

Facilitator: *Marie Mullarkey*

May 16, 2024

Joey Hartstone

The Local

A small-town attorney in Texas takes on a national murder trial when he defends a client accused of killing a federal judge. He must navigate the byzantine world of criminal defense law in a town where everyone knows everyone and bad blood has a long history. The deeper he digs, the more he fears that he'll either send an innocent man to jail or set a killer free. Crackles with courtroom tension.

Facilitator: *Lori Wagner*

Dates: Third Thursdays of the month

Time: 6:30-7:45 p.m.

Place: Community Learning Center

5647 Broad Street

Lower Level Main Meeting Room

#330507.1



Fee for Series: For new members only. If you registered in the Fall, participation in the Winter & Spring series was part of that registration so your fee is already paid and you should not register again.

Resident \$10.00

Non-Resident \$10.00

Registration is limited to one new member for Winter & Spring so register now before it is too late.

NEW!

Reader's Circle Series

adults

Join this group of "Book Discussion" aficionados for an informal discussion revolving around these current titles...meeting "in-person" and lively discussion!

Date:

Book, Author (Facilitator):

Wednesdays

#310576.1

February 14:

Mad Honey by J. Finley & J. Picoult (P. Rogaczewski)

March 13:

Lessons in Chemistry by B. Garmus (M. Mullarkey)

April 10:

The Seven Husbands of Evelyn Hugo by T.J. Reid (S. Lemke)

May 8:

The Art Thief by M. Finkel (L. Kovacic)

Time:

6:30-7:30 p.m.

Place:

Community Learning Center

5647 Broad Street

Lower Level Meeting Room

Fee per Four-Date Series:

Resident \$10.00

Non-Resident \$10.00

Note: Registrants must obtain and read the books prior to the program meeting.

*"As the
Page
Turns..."*

Games Galore

adults

Get your friends together, bring your choice of game(s) to spend time together socializing, with some joyful challenges of friendly competition! Could be a certain game of Cards (Sheepshead, Uno, Bridge, Poker-non cash betting, Rummy, Canasta, etc.), or Table Games (Scrabble, Dominoes, Cribbage, Yahtzee, Mahjong, Monopoly, etc.) that you and your friends enjoy spending time together. In addition, if interested, bring a beverage (non-alcoholic) and a snack for your group to enjoy. All Games Galore members are responsible for cleaning the Hose Tower room after each week's games. Have a good laugh, share some enjoyable games, and most importantly, have fun!

Dates:

Every Thursday of the month

excluding May 23, July 4, August 8 and November 28

Time:

11:00 a.m.-3:15 p.m.

Place:

Historic Hose Tower

5699 Parking Street

Fee:

No Charge

Supervisor:

Bruce Matzek & Sheepshead Friends

Note: Registration is **NOT** required. Some weeks may be cancelled due to private rentals of the Hose Tower so make sure Bruce Matzek has your email address.



American Red Cross Adult and Pediatric First Aid/CPR/AED "Blended Learning"



ages 16 years and older

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants, and meets OSHA/workplace requirements. This is a "blended learning" course including an online portion and an instructor-led classroom skill session. The "online portion" must be completed **prior** to attending the in-class portion and must be taken on a PC or tablet with a high speed Internet connection. Allow approximately 2 hours 30 minutes to complete the online portion.

Upon successful completion of this course, you will receive a digital certificate for Adult and Pediatric First Aid/CPR/AED valid for two years. Students must **bring proof of completion** of online program in order to attend the hands-on session.

Date: Tuesday
Session I February 27
Session II April 2
Time: 6:00-8:30 p.m.
Place: Greenfield City Hall
Room 206

#310511.1
#310511.2

Fee per session: Resident \$95.00
Non-Resident \$115.00

Instructor: Sue Stadler, ARC Authorized Instructor

Note: A unique email must be provided at registration as link to online portion will be sent shortly after these deadline dates: February 13 for Session I registrants, and March 19 for Session II registrants.

Creative Writing adults



Do you have stories you'd like to express through the written word with other like-minded people? Whether you're writing letters to friends and family, recipe cards or a memoir of your life, then this is the class for you. This class is designed to inspire your creativity. Come to class willing to share thoughts, memories, and experiences with the goal of using your imagination like a kid again!

Each class will be filled with fun and imaginative writing exercises, open discussion of writing ideas, sharing assignments aloud and of course, time set aside for writing! The exercises and assignments will have no required minimum length, and grammar and spelling won't be critiqued.

Dates: Tuesdays
Session I February 6-March 19
exclude February 20

#310556.1

Session II April 9-May 14

#310556.2

Time: 1:00-3:00 p.m.
Place: Greenfield Community Center
Activity Room A

Fee: Resident \$60.00
Non-Resident \$90.00

Instructor: Denise Kunz, Published Author

Note: Please bring a notebook and something to write with. All skill levels welcome.



Greendale Community Concert Band

New Members Welcome at Any Time!

We are looking for new members and encourage anyone who plays a band instrument to come and join us. Membership is open to any adult or High School student with an interest in learning and playing concert music. Greendale has a very active Community Band which performs at numerous civic and cultural events in the area year-round. The Band's repertoire includes standard Symphonic Band repertoire, patriotic music, marches, Broadway/movie show tunes and big band numbers. Members of the band are all volunteers, some are even retired music educators! There are no fees or dues required to join. Just bring your talent, your desire and your commitment. So, pick up that instrument, dust it off and come join us!

An affiliate of Greendale Park and Recreation

Recreation Assistance Program

The Greendale Park and Recreation Department recognizes that some of the residents of the Village of Greendale require financial assistance to attend certain recreational activities. RAP provides these residents with the opportunity to attend these programs at a discounted rate.

Any family or individual who is a resident of the Village of Greendale may apply for the Recreation Assistance Program. To qualify, residents must meet Federal Income & Financial Support Guidelines (Income Eligibility Guidelines for the Federal Government will be acceptable guidelines for the Department to follow encompassing household size and annual income). If families qualify for the free and reduced school lunch program through the Greendale School District, a copy of that application may be submitted instead of the Recreation Assistance application form. Deadline for programming seasons is August 1st, December 1st, and April 1st.

For more information, or to request an application stop in at the Greendale Park and Recreation Department.

Designing Perennial Gardens

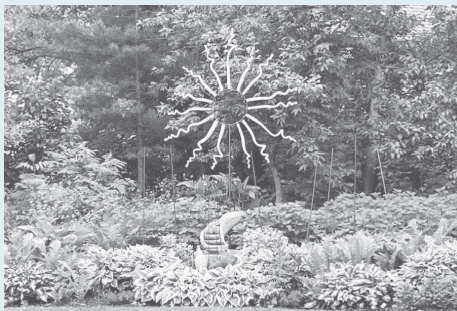
adults

The art of gardening is creating a living work of art! For over 20 years, our presenter, Jeff Trader, has designed his home gardens to encourage the viewer to sit, relax and enjoy! His gardens delight from early Spring through Fall. Perennials abound with a touch of annuals for added color throughout the seasons. Waterfalls and a lily pond can add enjoyment to a perennial garden as well.

Jeff's presentation will highlight the key elements in garden design for your garden beds. Come and enjoy, get some questions answered if you have a perennial bed and are contemplating plans for 2024 and beyond (especially as you view your garden beds today and are looking for wonderful planting ideas). His goal is to share the benefit of his experience with all of you.

Consider visiting the GHS School Garden, behind the high school from 5:30pm to 6:30pm for a tour by Karla Geiger, School Garden Coordinator. Bring your favorite[s] perennials for an exchange. Light refreshments served from harvested items in the garden.

Date: Monday, May 6 **#311307.1**
Time: 6:30-7:30 p.m.
Place: Greendale High School
 Room 176
 (Use Front Entrance, Door A2)
Fee: Resident \$7.00
 Non-Resident \$17.00
Instructor: Jeffrey Trader, Master Gardener



Greendale Senior Social Club

adults (50+ years and older)

The Greendale Senior Social Club meets Tuesdays and Fridays from 10:00 a.m. to 3:00 p.m. at St Luke's Lutheran Church (6705 Northway). Club activities include holiday celebrations, guest speakers, book club, sing-alongs, exercise, cards, games, and special events. Blood pressure screenings, provided by public health nurses, are held the third Tuesday of each month from 1:00 to 2:15 p.m. for members. Sheephead is played every Tuesday & Friday from 12:15-3:00 p.m.

Annual Fee: Residents \$40.00 per year
 Non-Residents \$50.00 per year
 (July 1, 2023-June 30, 2024)

Any Questions, Ideas, Suggestions?
Ask about our two-week "free"
trial membership for new members!
Contact the Park and Recreation
Department at (414) 423-2790.

"Round Up" for Recreation

Rounding up your program fee helps provide financial support to the Greendale Park and Recreation Department for promotion of preschool, youth, adult and senior citizen programs and participation for those unable to pay full price for programs offered by the department. Keep us in mind as you pay your registration fees this fall!



Special Thanks to those who contributed in Fall 2023!
You've made a difference!

Gale Kramer
 Audrey Labodda
 Sally Lemke

Cris Reischl
 Kim Sebastian

NEW! Brown Bag Conversations

seniors 50+

Don't miss the opportunity to learn more about your community, services available or be entertained! Join us for informal interactive discussions with local people in a relaxed environment.

Bring your own brown bag lunch and beverage, and your thoughts, questions, and ideas!

Date: 2nd Tuesday of the Month

January 9 *A Nostalgic Look Back at a Decade of Change in Greendale*

The 1960s were a time of big changes in the village. The local newspaper reported it all each week for 47 years. A 15-minute video tells that story with photos and headlines all taken from the Greendale Village Life. This presentation will be given by Marge Fink-Hill, Historical Society President and Ted Mainella, the Director and Writer of the video.

February 13 *Traditional and Current Folk Songs*

Enjoy a fun hour singing and reminiscing about some of the songs that have transformed the musical landscape of our country. We'll sing the songs of Pete Seeger, Willie Nelson, John Denver, and many more. Presented by Teresa Wendelberger MT-BC Client Liaison with Synergy Homecare.

March 12 *A Sweet Wisconsin Tradition*

Join Wehr Nature Center Naturalist Bev Bryant to discover the story behind Wisconsin's sweetest tradition, making maple syrup. We will learn how sugar maple sap is collected and transformed into syrup and discuss the Native American origins of the process. You will even get to taste real Wisconsin Maple Syrup!

April 9 *Inside the Second Most Popular Sport in the World*

Tony Machi our resident bench racing World Champion will talk about the second most popular sport in the world. While soccer is number 1, come and find out about number 2. It is a multi-billions dollar business with some of the highest paid athletes in the world. If you come you will be entered to win a prize package.

May 14 *The Library is More than Just a Place for Checking Out Books*

All you need is a library card to get access to basic technology help, access to thousands of print and digital books, audio books, movies and music as well as some of the special offerings like "Explorer Passes" to local attractions. At this presentation you will learn about all the free services and materials that you can take advantage of at the Greendale Public Library. Join us for a great presentation with Emily Wawer, Adult Services Librarian.

Time: 12:00-12:45 p.m.
Place: St. Luke's Lutheran Church
 (6705 Northway)

Fee: FREE- No Charge
Note: No fee or registration required.

Hosted by the Greendale Senior Social Club (GSSC)

NEW!

Hands-On Cooking Korean Cooking Classes

adults

**Date: Thursday, February 8****Rice Cake Soup and Dumpling** (떡국 dduk-kuk and 만두 mahn-du)

#311011.1

Dduk-kuk and mahn-du are the traditional dishes for Korean Lunar New Year's Day. The sliced rice cakes and beef dumplings in beef soup is the signal food to become older. The dumplings can be made with various ingredients which may include meat, tofu, vegetables, or kimchi.

Date: Thursday, February 29**Spicy Rice Cake with Fishcake Soup** (떡볶이 dduk-bok-ki and 어묵국 eo-muk-guk)

#311012.1

Dduk-bok-ki is very popular in Korea as a kind of snack with thin rice cake boiled in spicy soup. Depending on the flavor, sometimes people add various vegetables and noodles or ramen. To make a warm body, the fishcake eomuk soup is also popular in winter. Eomuk is skewered on a stick then boiled with radish, anchovies, seaweed and various other ingredients.

Date: Thursday, March 14**Sugar Filled Pancake and Sweet Cinnamon Tea** (호떡 Hotteok and 수정과 su-juong gwa)

#311013.1

Hotteok are round, flat, sugar-filled pancakes. A flour batter is rolled into a ball and filled with crushed peanuts and brown sugar. As it is pan-fried, the ball is gradually flattened using a special metal utensil. Korean traditional tea, Su-Juong-Gwa, is sweet and healthy tea made of cinnamon and ginger.

Date: Thursday, March 21**Korean Sausage Stew** (부대찌개 bu-dae-jji-gae)

#311014.1

Many foreign visitors to Korea recommend the sausage stew with spam ham, ramen, and kimchi. The stew began after the Korean war near the US Army area. To use western ham and sausage, Koreans created the spicy and delicious dish in Korean kimchi stew.

Date: Thursday, April 4**LA Galbi (Beef Rib-bone meat BBQ) LA 갈비**

#311015.1

Galbi is the traditional Korean short ribs that are braised with soy sauce and special ingredients. Participants will taste and learn how to make Korean barbeque.

Date: Thursday, April 11**Bibimbap** 비빔밥 **and Soy Paste Soup** 된장국

#311016.1

It is comparatively easy making Bibimbap with yellow bean sprouts, carrot, radish, and marinated beef. You can learn a kind of Korean nutritious fast food. Rice, beef, vegetables, and eggs are the main ingredients. Soy paste soup is the traditional soup with soy paste, tofu, and vegetables.

Date: Thursday, April 18**Samgyeopsal Bokkeum (Spicy Korean bacon fried) 삼겹살 볶음**

#311017.1

Samgyeopsal is a pork belly like loin. With spicy sauce, it is marinated and grilled. It is a very popular dish in Korea for young generation.

Date: Thursday, May 2**Korean Desserts Glutinous Rice Cake** (강정 Gahng-jeong and 송편 Song-pyun)

#311018.1

Gang-jeong is a kind of cake made from rice mixed with glutinous rice-jelly for desserts or snacks. Song-pyun is a handmade small rice cake with sesame seeds and honey.

Date: Thursday May 9**Fried Noodles with Vegetable and Beef** (잡채 Japchae)

#311019.1

Japchae, sweet potato starch noodles stir fried with vegetables and meat, is one of Korea's best-loved dishes, and one of the most popular as well. These chewy, sweet, and slightly slippery noodles with colorful stir-fried vegetables and mushrooms, its irresistible sesame flavor, healthy amount of garlic, and light, refreshing taste.

Time: 6:30-8:30 p.m.**Place:** Greendale High School
Room 135**Fee per class/session:**Resident \$26.00
Non-Resident \$36.00**Instructor:** So SeonJoo (소선주)**Note:** Please indicate any food allergies at the time of registration. All materials/supplies provided.

NEW!

Hands-On Cooking Valentine's Chocolate Truffles



ages 16 years and older

Truffles—the name alone sounds glamorous and inviting! What better gift to give your Valentine than the melt-in-your-mouth goodness of dark chocolate and rich cream laced with raspberry or Kahlua. Both elegant and decadent, truffles are deceptively simple to make; cream, chocolate, and time is all it takes to produce pure bliss. In this class, you will create three, decorative 5-piece boxes of truffles including both flavors—perfect for gift giving or to indulge yourself. Make your Valentine swoon this year with deliciously divine raspberry and Kahlua truffles!

Date: Thursday, February 1 **#311202.1**
Time: 6:00-8:00 p.m.
Place: Greendale High School
 Room 135
Fee: Resident \$50.00
 Non-Resident \$60.00
Instructor: Mary Adashek, Owner, Sweet Connection Classes
 Facebook and Instagram @Sweet Connection Classes

NEW!

Hands-On Cooking Festive Spring Candies



ages 16 years and older

In this hands-on class you will make two celebratory treats! Peanut Butter and chocolate are a match made in heaven. We will create incredible homemade chocolate covered peanut butter eggs that are whimsically decorated and taste delicious. We will also make a spring themed bark which is a rich and chocolatey treat with adorable bunnies and colorful springtime decorations. You can make these recipes for a festive treat or for gifts!

Date: Wednesday, March 20 **#310819.1**
Time: 6:00-8:00 p.m.
Place: Greendale High School
 Room 135
Fee: Resident \$50.00
 Non-Resident \$60.00
Instructor: Mary Adashek, Owner, Sweet Connection Classes
 Facebook and Instagram @Sweet Connection Classes

NEW!

Hands-On Cooking Turtles, Terrapins and Caramel Macchiato Bites



ages 16 years and older

Be prepared for a trio of candy goodness! Crunchy pecans, chewy homemade caramel and chocolate that melts in your mouth form a traditional turtle. We will make these, but take this classic candy up a notch and also create Terrapins and Caramel Macchiato bites! A Terrapin is all the yumminess of a turtle, plus an additional layer of homemade soft, springy marshmallow. Plus, if you're a fan of a caramel macchiato beverage, this treat is a spin-off of that delicious flavor combination. Chocolate covered espresso beans and homemade caramel that is topped with chocolate. Oh, so yummy!

Date: Thursday, April 25 **#311204.1**
Time: 6:00-8:00 p.m.
Place: Greendale High School
 Room 135
Fee: Resident \$50.00
 Non-Resident \$60.00
Instructor: Mary Adashek, Owner, Sweet Connection Classes
 Facebook and Instagram @Sweet Connection Classes

NEW!

Demo Cooking! Deep-Dish Pizza and More



ages 16 years and older

Even though she's sure there are plenty of people who love deep dish pizzas, this food is controversial to other people. Since this pizza has a thick bread crust and is covered in copious amounts of sauce, some people think that it's more of tomato pie and isn't a true Neapolitan pizza. Staci, for one, refuse to take a side on this age-old debate and instead want to introduce you to a holiday called National Deep-Dish Pizza Day. This day falls on April 5th annually (sorry, we just missed it, but you can celebrate anyway) and is sure to not only bring joy to deep dish pizza lovers but also disdain from those who oppose this food. Where do you fall in the deep-dish pizza debate?

We'll find out tonight when Staci prepares... classic Pizza Shop Salad with Fried Salami and Italian Vinaigrette, Chicago-style Deep-dish Pizza, Goopy Deep-dish Individual Chocolate Chip Cookies with Ice Cream.

Date: Tuesday, April 16 **#311001.1**
Time: 6:30-9:00 p.m.
Place: Greendale High School
 Room 135
Fee: Resident \$30.00
 Non-Resident \$40.00
Instructor: Staci Joers, Cooking with Class

NEW!

Demo Cooking! Steak!



ages 16 years and older

May is National Beef Month and retailers everywhere offer great savings to boost their sales. So now is the best time to expand your beef recipes from pot roast and burgers to something better! Staci is going to bring you a whole menu perfect for entertaining.

You'll sample...Shrimp Scampi Dip with Baguette Chips, Pan-Seared & Butter-Basted Steak, Sweet Potato Hash, No-bake Key Lime Parfaits.

Date: Tuesday, May 14 **#311002.1**
Time: 6:30-9:00 p.m.
Place: Greendale High School
 Room 135
Fee: Resident \$30.00
 Non-Resident \$40.00
Instructor: Staci Joers, Cooking with Class

Write Your Pet's Story



ages 10 and older

ages 10-15 with parent/caregiver

Tail-wagging pups and curious cats... even a slippery snake can leave a lasting impression! Whether a pet from the past or present write their story, sharing it with others in class as you receive guidance from a published author along the way.

Bring photos if you like and whatever you choose to write with, but only a pen or pencil and paper are required. No writing experience necessary. Examples of options for finished work/stories will be on display.

Dates: Thursdays
 Session I February 1 – March 7 **#310557.1**
 Session II April 11 – May 16 **#310557.2**
Time: 5:45 – 7:45 p.m.
Place: Greenfield Community Center
 Oakley Fisher Room
Fee: Resident \$60.00
 Non-Resident \$90.00
Instructor: Denise Kunz

Old Family Photos & the Digital Age



adults

Your old family photos prints and slides can be converted to digital picture files –whether you have a computer or not - for a multitude of digital uses and sharing. This two-hour seminar covers scanning prints and slides, workflow, and how to get and stay organized. Information on computer use is for Windows PC computers.

Date: Tuesday, January 30 **#310840.1**
Time: 6:30-8:30 p.m.
Place: Greendale High School
Room 176
(Use Front Entrance, Door A2)
Fee: Resident \$21.00
Non-Resident \$31.00
Instructor: C.T. Kruger

Cutting the Cord- Controlling Cable & Internet Costs



adults

Fees for cable television, home internet, smartphones, and streaming services quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on all devices.

Date: Tuesday, April 9 **#310819.1**
Time: 6:30-8:30 p.m.
Place: Greendale High School
Room 176
(Use Front Entrance, Door A2)
Fee: Resident \$21.00
Non-Resident \$31.00
Instructor: C.T. Kruger



"iPad/iPhone : Tips, Tricks & Techniques"



adults

This hands-on class is specific to Apple iPhone, iPad tablets, and iPad Mini devices. Learn tips, tricks and techniques to navigate, organize, backup and add useful apps to your iPhone, iPad or iPad mini device.

Date: Tuesday, April 16 **#310847.1**
Time: 6:30-8:30 p.m.
Place: Greendale High School
Room 176
(Use Front Entrance, Door A2)
Fee: Resident \$21.00
Non-Resident \$31.00
Instructor: C.T. Kruger
Note: Bring your personal device (iPad/iPhone to class).

"The Camera in Your Smartphone"



adults

It's a camera, it's a photo album, it's a television - it's your phone! Learn about apps, tips, tricks and limitations for pictures and video from iPhone and Android smartphones and tablets. This class will cover your device's camera, Cloud storage options, printing and more.

Date: Tuesday, April 23 **#310861.1**
Time: 6:30-8:30 p.m.
Place: Greendale High School
Room 176
(Use Front Entrance, Door A2)
Fee: Resident \$21.00
Non-Resident \$31.00
Instructor: C.T. Kruger
Note: Bring your personal device (Smartphone) to class.

"You Have Pictures In Your Camera – Now What!"



adults

We have hundreds - if not thousands - of pictures in our cameras, smartphones and computers. Now what...?

This two-hour seminar teaches techniques to save pictures from cameras and smartphones to your computer, to external devices and to "the Cloud" using Windows 10 PC's.

Date: Tuesday, April 30 **#310856.1**
Time: 6:30-8:30 p.m.
Place: Greendale High School
Room 176
(Use Front Entrance, Door A2)
Fee: Resident \$21.00
Non-Resident \$31.00
Instructor: C.T. Kruger



Great Trains & Grand Canyons Trip

adults

Interested in traveling without all the stress and planning?

Come join us on a Great Trains & Grand Canyons trip with Premier World Discovery. Tour highlights includes Sedona Trolley Tour, Grand Canyon Railway ride, Verde Canyon Railroad ride, Grand Canyon National Park, Oak Creek Canyon, Chapel of the Holy Cross, Montezuma Castle, Jerome, and more.

Included is roundtrip airfare, luxury hotel accommodations, most meals, modern motor-coach transportation, experienced professional guide, admissions per itinerary and cultural sightseeing.

Dates: September 8-13 (six day trip)
Fee: \$3,225.00 with booking discount
Note: Web Code #178977; For more information, contact Caryl Mulder at Premier World Discovery at 262-227-8800 or email cmulder@premierworlddiscovery.com

Spring Migration Kayak Birding Tour

adults



Ice out on Big Muskego is a fantastic time to view thousands of various bird species rivaling the migration spectacle at Horicon Marsh. This Wednesday evening viewing trip is offered to competent paddlers who are prepared to dress for cold conditions and be in the elements of late winter/early spring. Viewing these birds is the primary focus of this trip.

If weather does not permit this date, we will reschedule on Wednesday, April 3 or when Big Muskego Lake is ice free.

Attendees are encouraged to bring their own kayak or canoe, paddles, & PFD; however, these will be provided at an additional expense, if needed. Make sure to note this at registration time.

Date: Wednesday, March 20 **#310111.1**
April 3 is a make-up date if inclement weather interferes with the March 20th date.

Time: 5:00-7:00 p.m. (leaving promptly)

Place: Big Muskego Lake-Boxhorn Boat Launch
(S90 W13976 Boxhorn Drive)

Fee per person:

Guide Services-

Resident \$15.00

Non-Resident \$22.50

Rental (inc. paddle, kayak and PFD)-\$20.00

Guides: Adam Young (Recreation Supervisor)
& Tom Zagar (Conservation Coordinator)

Note: IMPORTANT...this excursion will require competent paddling ability, as we average 3-4 miles of paddling, not for the "beginner" paddler! Bring along your binoculars (and/or camera) if so desired and seasonal gear (dress for the weather conditions).

Must register by phone or in-person for this class.
Unavailable for online registration.



Big Muskego Lake Scenic Kayak Tour

adults



Come join the Muskego Recreation staff and Muskego's Conservation Coordinator for a guided kayaking excursion on beautiful Big Muskego Lake!

Big Muskego Lake is recognized as a regionally significant natural area and an **Important Bird Area**. Enjoy an evening of paddling this deep water marsh habitat, via kayak, to observe nesting colonies of Endangered Forster's terns, Bald Eagles and nesting Ospreys, as well as many other marsh birds and waterfowl.

Attendees are encouraged to bring their own kayak or canoe, paddles, & PFD; however, these will be provided at an additional expense, if needed. Make sure to note this at registration time.

Date: Wednesday, May 1 **#310163.1**
Time: 5:30-8:00 p.m.

(leaving promptly at 5:30 p.m.)
Place: Big Muskego Lake-Boxhorn Boat Launch
(S90 W13976 Boxhorn Drive)

Fee per person:

Guide Services-

Resident \$15.00

Non-Resident \$22.50

Rental (inc. paddle, kayak and PFD)-\$20.00

Guides: Adam Young (Recreation Supervisor) & Tom Zagar (Conservation Coordinator)

Note: IMPORTANT...this excursion will require competent paddling ability, as we average 3-4 miles of paddling, not for the "beginner" paddler! Bring along your binoculars (and/or camera) if so desired.

Must register by phone or in-person for this class.
Unavailable for online registration.



Fox River Guided Kayaking Tour

ages 16 years and older



Come join the Muskego Recreation staff on a one-way paddling trip down the Fox River. On this evening trip down the Fox River, participants will enjoy 6 miles of secluded beauty of the river starting at Big Bend Park and traveling to Bobberz Tavern which is located right on the river at 8330 Fox River Rd, Waterford. This section is beautiful in its own right which travels through secluded prairie scenery and is just north of the Tichigan State Wildlife Area.

Complimentary shuttling will be available before the trip begins, making your vehicle available at Bobberz Tavern where we finish. The Shuttle will depart promptly at 5:00pm. If you are utilizing your own kayak, you will need to make arrangements to drop your equipment at Big Bend Park Boat Launch before the trips begins and have your vehicle at Bobberz Tavern to catch the 5:00pm shuttle. Additional details regarding shuttle transportation and equipment drop off will be provided at registration.

Attendees are encouraged to bring their own kayak or canoe, paddles, & PFD, however these will be provided at an additional expense if needed.

Date: Wednesday, May 8 **#310102.1**
Time: 5:00-8:00 p.m. (shuttle leaving promptly at 5:00 p.m. from Bobberz Tavern)

Places:
Kayak Trip Starts: Big Bend Village Park
Kayak Trip Ends: Bobberz Tavern
8330 Fox River Rd
Waterford

Fee per person:

Guide Services-

Resident \$20.00

Non-Resident \$37.50

Rental (inc. paddle, kayak and PFD)-\$20.00

Guides: Adam Young (Recreation Supervisor)
and Tom Zagar (Conservation Coordinator)

Note: IMPORTANT...this excursion will require competent paddling ability, as it is 6 miles of paddling. Bring along your binoculars (and/or camera) if so desired. Trip will commence and end at a "remote access point". No restroom facilities are available so plan accordingly.

Must register by phone or in-person for this class.
Unavailable for online registration.

Lulu Lake Scenic Guided Kayak Tour

adults



Come join the Muskego Recreation staff on a paddle into one of Southeastern Wisconsin's secret lakes, Lulu Lake! This lake is lovely and charming, and the trip will have a sense of adventure and exploration. We will depart on a 5-mile paddle starting at Eagle Springs Lake to find this secret lake, one that's surrounded by public land in the Kettle Moraine State Forest and protected as a state natural area.

We will meet at Eagle Springs Lake public boat launch off Wambold Road, Mukwonago. Additional details of location will be provided before the trip.

Attendees are encouraged to bring their own kayak or canoe, paddles, & PFD, however these will be provided at an additional expense if needed.

#310101.1
Date: Wednesday, May 15
Time: 5:30 - 8:00 p.m.
Place: Meet at Eagle Springs Lake Public Boat Launch off Wambold Road, Mukwonago

Fee: Resident \$20.00
Non-Resident \$37.50
Rental (inc. paddle, kayak and PFD)-\$20.00

Instructor: Muskego Recreation Staff
Rental (inc. paddle, kayak and PFD)-\$20.00

HEALTH & WELLNESS

Body"Works"

ages 16 years and older

Kick start the Winter with this core and muscle conditioning class that includes a bit of everything-pilates, yoga, toning, and stretching. Re-energize with exercises to strengthen your whole body.

In this class, you use "your" body weight while focusing on increased energy, flexibility, better balance, and range of motion. All fitness levels welcome. Participants must be able to get up and down from floor without assistance.

Dates:		
Session I	Mondays January 22-March 11	#310704.1
Session II	Wednesdays January 24-March 13	#310704.2
Session III	Mondays & Wednesdays January 22-March 13	#310704.3
Session IV	Mondays March 25-May 13	#310704.4
Session V	Wednesdays March 27-May 15	#310704.5
Session VI	Mondays & Wednesdays March 25-May 15	#310704.6
Time:	6:30-7:15 p.m.	
Place:	Greendale Middle School Upper Gym or Summer Adventure Camp Room	
Fees per session:		
Session I, II, IV, V	Resident \$60.00 Non-Resident \$70.00	
Session III or VI	Resident \$90.00 Non-Resident \$100.00	
Instructor:	Meri Misko	
Note:	No "mixing" of sessions. Bring exercise mat and water bottle for each class.	

Morning Muscles

ages 50 years and older

A different kind of heart health! Join us every Tuesday and Friday morning for a healthier version of the coffee klatch. We all begin where we are able and support each other while we stretch and build muscle. Good for your soul and body. Feel good inside and out!

Dates:	Tuesdays and Fridays Now through June 28, 2024 excluding GSD school holidays	#310703.1
Time:	10:00-10:30 a.m.	
Place:	St. Luke's Lutheran Church (6705 Northway)	
Fee:	Resident \$40.00 Non-Resident \$50.00	
Instructor:	Meri Misko	
Note:	This class includes a "FREE" Greendale Senior Social Club membership through June 30, 2024. Wear comfortable clothes for stretching and bending.	

Heart Smart

adults



If you want to add more activity to your life and improve your overall health, consider this class. It will help you improve your cardiovascular efficiency without the high impact on your joints. This class involves steady steps (walking), arm and leg movements with or without light weights, joint flexibility, balance, strength training, and shapes the entire body inside and out.

Dates:	Mondays March 25-May 20 exclude May 13	#310763.1
Time:	8:50-9:40 a.m.	
Place:	Greenfield Community Center Jansen Fest Hall	
Fee per session:	Resident \$35.00 Non-Resident \$53.00	
Instructor:	Vickie Strachota, NETA Certified Instructor	
Note:	Wear aerobic/fitness shoes, clothes for stretching and bending, bring a towel, and a filled bottle of water.	

Greendale Residents Only Hallway Walkers

adults

Each additional mile walked by a sedentary person would save U.S. society an average of 34 cents in medical and other costs (RAND Corporation, 1993)...are you doing your part? You are encouraged to start a healthier lifestyle, or continue your healthier lifestyle, by participating in this "indoor" walking opportunity!

Greendale Step up to Better Health would like to encourage your participation in starting a healthier lifestyle, or continuing to be healthier, by sponsoring this program this Winter!

Dates:	Mondays, Wednesdays, and Thursdays January 24-April 4 exclude February 5, 26 and March 4, 18, 25, 27, 28	#310705.1
Time:	6:15-7:30 p.m.	
Place:	Greendale High School Main, Upper Hallway-please enter through back entrance "Greendale Performing Arts" Wing (do not arrive earlier, doing so can jeopardize our program – our approved usage is only 6:15-7:30 p.m.)	
Fee:	Residents only-No charge; however, must pre-register in-person or through mail at the Park and Recreation Office before attending.	
Supervisors:	Julie Goetz and Debbie Eberhardt	
Note:	The program costs for this Winter & Spring walking program are being sponsored by the "Greendale Step Up to Better Health"...thank you to them for their generous donation to make this FREE program possible!	

Step It Up Boot Camp

adults



Step Up your fitness level in this 45-minute, cardio & strength Boot Camp style class. Challenge your body as you transition between high and low intensity exercise movements that will have you sweating and your muscles burning. This class is built for EVERYONE with accommodations for a variety of different fitness levels.

Dates:	Tuesdays March 26-May 21 exclude April 2	#310777.1
Time:	6:50-7:35 p.m.	
Place:	Greenfield Community Center, Jansen Fest Hall	
Fee:	Resident \$35.00 Non-Resident \$53.00	
Instructor:	Cilla Baker	

WERQ™

ages 16 years and older



WERQ™ is the fiercely fun dance fitness class based on pop, rock, and hip hop music. The signature WERQ™ warm up previews the dance steps used throughout the class, and WERQ's™ unique "3Q1" method of cueing ensures participants are able to follow the instructor with ease. Students blast away calories and build cardiovascular endurance dancing to the latest chart-topping hits. The WERQ™ cool down combines yoga-inspired static stretching with balance poses. Dancers and non-dancers alike love this WERQout. WERQ™ is taught by a WERQ™ Certified Fitness Professional, so the WERQout is safe and effective.

Dates: Wednesdays
Session I January 17-March 13 **#310781.1**
 exclude February 21
Session II March 27-May 22 **#310781.2**
 exclude April 3

Time: 5:30-6:30 p.m.
Place: Greenfield Community Center
 Jansen Fest Hall

Fee per session: Resident \$35.00
 Non-Resident \$53.00

Instructor: Abby Delain, Certified WERQ™ instructor
Note: Please bring a yoga mat.



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Helping Seniors Age in Place

Providing education and information on services including financial planning, in-home care, health care, home maintenance, legal help, veterans benefits, and much more.

Workshops hosted monthly!

See our website for times, locations, and details.

A registered 501(c)(3) charitable organization.

Zumba® Gold

ages 55 years and older



A lower impact, easy to follow, Latin-inspired dance fitness-party™ that keeps you in the groove of life.

Get hooked on this new fitness workout that is healthy, beneficial and FUN. Zumba® fuses hypnotic Latin rhythms and a combination of easy-to-follow fast and slow dance moves and resistance training to tone and sculpt your body while burning fat.

Dates:
Session I Thursdays
 January 18-March 14 **#310742.1**
 exclude February 22
Session II Tuesdays
 March 26-May 21 **#310742.2**
 exclude April 2
Session III Thursdays
 March 28-May 16 **#310742.3**

Time: 10:15-11:15 a.m.
Place: Greenfield Community Center
 Jansen Fest Hall
Fee per session: Resident \$35.00
 Non-Resident \$53.00
Instructor: Kaye Kass, Zumba® Licensed



The Future is Ours to See

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Together, we can create a strategy to help make fulfilling those dreams a reality – one that can guide you forward on the path to success.

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Zumba®

ages 16 years and older



Zumba® -the international fitness rage. This Latin inspired workout combines easy to do Latin dance steps with a mixture of body sculpting movements. Zumba® features aerobic/fitness interval training to maximize caloric output to increase fat burning with total body toning. Zumba® is a "feel happy" workout that is great for both the body and the mind. Zumba® now includes Zumba® Toning.

Dates/Times:

Session I Wednesdays **#310728.1**

January 17-March 13
exclude February 21
6:45-7:45 p.m.

Session II Mondays **#310728.2**

March 25-May 20
exclude April 1
5:30-6:30 p.m.

Session III Wednesdays **#310728.3**

March 27-May 22
exclude April 3
6:45-7:45 p.m.

Place: Greenfield Community Center
Jansen Fest Hall

Fee per session: Resident \$35.00
Non-Resident \$53.00

Instructors:

Mondays Kaye Kass, Zumba® Licensed
Wednesdays Desiree Wachtendonk, Zumba® Licensed



Strengthen and Lengthen

adults



If you believe variety is the spice of life, then this is the workout for you. Develop a strong, lean body with this fitness fusion of pilates, yoga, weight training and fitness stretching. Get fit and have fun!

Dates: Mondays **#310775.1**
March 25-May 20
exclude April 1

Time: 6:40-7:40 p.m.
Place: Greenfield Community Center
Jansen Fest Hall

Fee: Resident \$35.00
Non-Resident \$53.00

Instructor: Kaye Kass

NEW!

Meditation for Creative Living

adults



This is a 5-week introductory class called Meditation for Creative Living. Students will learn what meditation is, its benefits, simple ways to align and relax the body, establish harmonious diaphragmatic breathing, how to balance the hemispheres of the brain, and a 4-step process of meditation using a mantra or word to quiet the mind for receptivity for creativity. Students will have access to audio practice materials to guide them in their daily home practice.

Dates: Mondays
April 15-May 13
Time: 10:00-11:00 a.m.
Place: Community Learning Center
5647 Broad Street (Lower Level)

Fee: Resident \$55.00
Non-Resident \$60.00

Instructor: Ellen Massa

Note: Bring a yoga mat and large towel for a more comfortable meditation experience.

#310701.1



Tone & Stretch

ages 16 and older



In this class you will complete a series of eight hand weight exercises set to music to tone and strengthen your body. The second half of class will be used to wind down from your busy day and just stretch. With head to toe emphasis, you will relax those tight muscles, help prevent joint stiffness, improve your digestion and help promote a restful night's sleep. Everyone can benefit from a good stretch. This class is approximately 80% standing and 20% on your personal yoga mat - please bring! Exercises can be modified with assistance of or seated in a chair.

Dates: Thursdays
Session I January 18-February 29
Session II March 28-May 9
Time: 7:00 pm-8:00 pm
Place: Greenfield Community Center
Jansen Hall

Fee: Resident \$31.00
Non-Resident \$46.00

Instructor: Diane Maegli-Hippert

#310774.1
#310774.2



Parkinson's Exercise Class

age 55+ with **Parkinson's**

This class is designed for people with Parkinson's disease. The class will keep you mentally sharp and physically active. During this one-hour class, participants will perform balance exercises, cardio, work on posture, strength training, stretching and walking drills. Participants will also have fun while dancing, boxing, doing brain activities, and work on vocals and facial exercises. Exercises will be done seated and standing. Individual and partner activities will be performed to enhance the experience and build camaraderie. Within a few weeks, you will notice that exercising does help manage the symptoms of Parkinson's and improve the quality of your daily living, while having fun. Remember, movement is medicine! Please wear comfortable clothing, bring a water bottle. The exercises are appropriate for various populations and/or environmental conditions to ensure a safe and effective setting for all class participants.

Dates: Wednesdays
Session I January 17-March 13 **#310718.1**
exclude February 21
Session II March 27-May 22 **#310718.2**
exclude April 3
Time: 10:30-11:30 a.m.
Place: Greenfield Community Center
Jansen Fest Hall
Fee per session: Resident \$35.00
Non-Resident \$53.00
Instructor: Mary Wood, Certified Parkinson's Exercise Instructor through Total Health Works/Delay the Disease

Note: Please wear comfortable clothing, bring a water bottle and towel. Floor exercise will be incorporated; however, modifications will be provided for various populations and/or environmental conditions to ensure a safe and effective setting for all.

NEW!

Vinyasa Flow

adults

Experience a moving meditation as you allow your breath to guide you through a dynamic sequence of yoga poses that will tone and strengthen the body and help relieve stress. Leave this class refreshed, energized and connected to yourself.

Dates: Fridays **#310711.1**
March 22 – May 17
exclude April 26
Time: 9:15-10:15 a.m.
Place: Greenfield Community Center
Jansen Hall
Fee: Resident \$35.00
Non-Resident \$53.00
Instructor: Nicole Cruz, Yoga Instructor
Note: Bring your own mat; props will be provided

Yoga Fit

adults

Develop greater body awareness and sensitivity to your body while reducing stress in this yoga fit class. Each week you will stretch, breathe, learn yoga postures, relax and have fun. Not recommended for pregnant women.

Dates: Thursdays
Session I January 18-March 7 **#310734.1**
Session III March 28-May 16 **#310734.3**

Session II Tuesdays **#310734.2**
March 26-May 21
exclude April 2

Time: 5:40-6:40 p.m.
Place: Greenfield Community Center
Jansen Fest Hall
Fee per session: Resident \$35.00
Non-Resident \$53.00
Instructor: Cilla Baker, Yoga Certified
Note: Please bring a yoga mat and a filled water bottle.

Core and More

adults

This core-focused class includes resistance training to target your abdominals, back, gluteal muscles, and more. Chisel and firm your core muscles using the fitness stability balls, add weights to work the upper and lower body, the balance discs to gain stability, and a bit of mat work to round it all out.

Dates: Mondays **#310779.1**
March 25-May 20
exclude May 13
Time: 7:50-8:40 a.m.
Place: Greenfield Community Center
Jansen Fest Hall
Fee: Resident \$35.00
Non-Resident \$53.00
Instructor: Vickie Strachota, NETA Certified Instructor
Note: Bring your own workout mat and a filled bottle of water.

NEW!

Simple Joy Yoga

adults

Slow down and nourish your body, mind and spirit with gentle stretching, breathwork and meditation. This class will be done sitting, lying, and standing on a yoga mat on the floor. You will be empowered to adapt movement to your unique physical ability. If you can breathe, you can do yoga. Come enjoy the physical, mental and emotional benefits of this ancient practice. Please bring a yoga mat and a firm blanket to each class.

Dates: Wednesdays **#310771.1**
April 3-May 29
exclude April 17
Time: 9:00-10:00 a.m.
Place: Community Learning Center
5647 Broad Street
(Lower Level)
Fee per session: Resident \$75.00
Non-Resident \$85.00
Instructor: Cari Terry,
200 Hour Certified Yoga Teacher

NEW!

Simple Joy Chair Yoga

adults

Enjoy the effects of yoga without pressure on the wrists, knees and back. If you are dealing with an injury, a chronic condition or simply do not like getting down on the floor, this is the class for you. Options will be given so all students can participate regardless of physical challenges. Each class will include breathwork, stretching and meditation. Please bring a yoga mat to each class.

Dates: Wednesdays **#310772.1**
April 3-May 29
exclude April 17
Time: 10:30-11:15 a.m.
Place: Community Learning Center
5647 Broad Street
(Lower Level)
Fee per session: Resident \$75.00
Non-Resident \$85.00
Instructor: Cari Terry, 200 Hour Certified Yoga Teacher

FREE

Memory Screen

Are you concerned about your memory?

As we get older, it is important to recognize any changes we may experience, especially in relation to our memory. A memory screen is defined as a wellness tool that helps identify possible changes in memory and cognition. This is not a diagnostic tool, but a screen that can provide early detection for dementia.

How does a memory screen work?

The memory screen is very simple. You will be asked to answer some questions and complete a task. The memory screen is at no cost. The screen takes about 15 minutes.

When: Friday, January 19th, 2024

Location: Greendale Health Department

Address: 5650 S. Parking St, Greendale.

Time: 8:30am - 12:30pm

**Register for these programs by calling
Greendale Public Health 414-423-2110**

STEPPING ON PROGRAM

According to the Centers for Disease Control and Prevention (CDC) one in four older adults has a fall each year and Wisconsin leads the nation in fall-related deaths for people aged 60 and older. Falls are not a normal part of aging and can be prevented. The Stepping On program has been researched and proven to reduce falls by 31%.

Stepping On gives participants strategies

- For avoiding falls including balance and strength exercises,
- Home safety modifications,
- Medication review

The workshop is designed specifically for people who are aged 60 or older and have fallen or have a fear of falling.

Program details:

- Greendale Health Department 5650 S. Parking St, Greendale.
- Meet once a week on Thursdays for 7 weeks. 1:30-3:30pm
- Dates: March 21- May 2
- Cost: The program is FREE!

BOOST YOUR BRAIN AND MEMORY PROGRAM

The Boost Your Brain & Memory Program is an evidence-based program that takes a holistic approach to improving brain health. This program is intended for people who are not diagnosed with dementia, to learn ways they can lower their risk of developing dementia. This program was designed for adults 55 and older and is an 8-week program meeting once a week for 1.5 hours.

This program focuses on the concept of cognitive reserve through:

- Physical Activity
- Emotional Health
- Intellectual Activity
- Nutrition
- Spiritual Activity
- Social Engagement

Program details:

- Greendale Health Department 5650 S. Parking St, Greendale.
- Meet once a week on Tuesdays for 8 weeks. 10:00-11:30am
- Dates: January 23-March 12
- Cost: The program is FREE!



Presented by:
Community Alliance &
Greendale Schools

Join us for the following:

- 8th Grade Wellness Presentations on mental health and substance use
- Vendor fair of local health/wellness services
- Featured presentation from NAMI (National Alliance on Mental Illness)
 - Personal stories
 - Speaker panel
 - Warning signs that your child may be struggling
 - Q&A


Greendale Schools
Cultivating Excellence In Every Student


**Hales Corners & Greendale
COMMUNITY
ALLIANCE**
Reducing substance misuse

Wednesday, February 21st
5:30–7:30pm

Greendale High School

8th Grade Wellness Presentations: 5:30–6:30pm

NAMI SE WI Presentation: 6:30–7:30pm

Free and open to the public

FAMILY WELLNESS EVENT

FEATURING

Rachel Sauer
NAMI Southeast WI

What Your Kids Wish You Knew!

RADON AND YOUR HOME

Are radon levels high in your home?

Radon is a tasteless, odorless, invisible, radioactive gas found in most homes within the United States. Radon is the second leading cause of lung cancer in the United States.

The Greendale Health Department has radon kits available for sale for residents. Please call Greendale Health Department (414-423-2110) for your kit.

For more information on radon in Southeastern Wisconsin:
<http://www.waukeshacounty.gov/defaultwc.aspx?id=39323>

We would like to learn more about the Village of Greendale and your thoughts on what would make the community a great place to live as you age. Your views are important, and we would greatly appreciate your participation in this survey. All your responses will be kept entirely confidential. This survey will take about 20 minutes to complete.

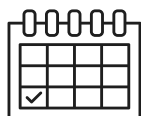
**Take our Survey
and enter
to win a prize**



After completing the survey call, email, or stop by the health department and be entered to win a gift card to the Greendale business of your choice.
414-423-2110 | greendalehealth@greendale.org

<https://survey.cmix.com/B1D290C4/G10DF6LT/en-US>





Public Health Meeting Schedule

If you are interested in learning more about the health department or joining one of our community-led health committees, we encourage you to attend a meeting.

- **SAGE- Second Tuesday of the Month**
3:00-4:30PM Greendale Community Learning Center Meeting Room
- **Board of Health- Second Tuesday of the Month**
5:00 PM Greendale Community Learning Center
- **Healthy Mind, Healthy Greendale- Third Friday of the Month** 8:00-9:00 AM Greendale Community Learning Center Meeting Room
- **Community Alliance- Fourth Tuesday of the Month**
5:30-7 PM Greendale Hose Tower

Harm Reduction Vending Machine

- Medication Disposal Pouches
- Narcan
- Fentanyl Test Strips
- Gun locks
- Medication Lock Bags



**Located at Greendale Police Department
5911 W Grange Ave., Greendale, WI**

2024 Greendale Memory Cafés



Join Us

Memory Cafés are comfortable social gatherings that allow people experiencing memory loss and their loved ones to connect, socialize, and build new support networks.

Greendale Memory Café

4th Wednesday of the Month
2:30-4:00 pm
Greendale Hose Tower, 5699 Parking St.
Greendale

RSVP: Call Greendale Health Dept. 414.423.2110

January 24

The Power of Joy - What brings you joy



February 28

Friends - Love - Chocolate



March 27

Charcuterie board



April 24

Patricia will introduce us to the Art of Chinese Brush Painting



May 22

Kathy Platt will present Fostering Monarch Butterflies



June 26

Storytime with Candice



July 24

Happy Birthday USA- a birthday party



August 28

State Fair Taste Testing - Pick your favorite food



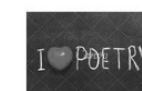
September 25-

School Days / start of fall



October 23

Gary Glasner and the Poetry Project



No programs Nov/Dec.

Brought to you in partnership with:



**Dates and times for all health department meetings, events, and workshops are subject to change. Check our website for the most up to date information.*



THE ARTS

Stage Stars

grades 1 through 5

Spring break Stage Stars Drama class! An afternoon of focused, theatrical fun! Students will explore different skills essential to performance and improvisation. The instructor leads students in a wide variety of collaborative games to dabble in public speaking, social skills, and theater exercises designed to strengthen and bolster confidence in communicating! Emote and joke with us on spring break!

Date: Thursday March 28 **#322202.1**
Time: 1:00-4:00 p.m.
Place: Greendale Middle School
 MPR/Cafeteria
Fee: Resident \$46.50
 Non-Resident \$56.50

Instructor: Staff of Afterschool Enrichment Solutions!
Note: Students should bring a filled water bottle with their name marked on the bottle and a small snack (nut-free please) with them for a break if so desired.

Middle Eastern Dance

ages 16 and older

Learn the basic techniques and spirited essence of Middle Eastern Dance (MED). This ancient dance form is easily adapted to all fitness levels and is a great path to becoming more fit. It is a great workout while teaching muscle control, strength, isolation, grace, flexibility and stamina. Traditional music and finger cymbals set the mood while you gain greater body awareness.

The Continuing and Technique classes are geared towards all levels of experience.

Dates/Times: Tuesdays
 April 9-May 21
 Technique 4:45-5:45 p.m. **#310301.1a**
 Continuing 6:00-7:00 p.m. **#310301.1b**
 Invite Only 7:15-8:15 p.m. **#310301.1c**
Place: Greenfield Community Center
 Studio
Fee per level: Resident \$31.00
 Non-Resident \$46.00
Instructor: Denise Lukasik-Sedmak
Note: This is an instructional class only. Performances are not part of this program.

Adult Ballet

ages 16 years and older

Discover the benefits of ballet instruction through the stretching, strengthening and conditioning of your upper and lower extremities and abdomen. The adult ballet class is designed for adult dancers of all ages and abilities. Whether a student has years of dance experience or wants to learn to dance for the first time, this class is perfect for you!

Dates: Mondays **#310313.1**
 April 8-May 20
Time: 4:30-5:15 p.m.
Place: Greenfield Community Center
 Studio
Fee: Resident \$31.00
 Non-Resident \$46.00

Instructor: Denise Lukasik-Sedmak
Note: Ballet slippers are required.

Intermediate/Advanced Adult Tap

ages 16 years and older

Tap dance emphasizes the flow of movement by teaching the dancer to find rhythms and beats, not only in music, but incorporated in their tap techniques. Tap Dancing is taught in a traditional Broadway and rhythmic style. Students must have at least one (1) year of prior Tap dance instruction with Miss Denise.

Dates: Mondays **#310303.1**
 April 8-May 20
Time: 5:30-6:15 p.m.
Place: Greenfield Community Center
 Studio
Fee: Resident \$31.00
 Non-Resident \$46.00

Instructor: Denise Lukasik-Sedmak
Note: Tap shoes are required

Asian Ink Brush Painting

ages 16 and older

Participants will learn the basic techniques of Asian Ink Brush Painting with a special focus on orchids, bamboo, chrysanthemums, and cherry blossoms. No previous experience is required but more advanced techniques are available for those who are ready.

Dates: Mondays **#311907.1**
 Session I February 26-March 25
 Session II April 1-29 **#311907.2**
Time: 6:00-8:00 p.m.
Place: Greendale Middle School
 Room 178
Fee: Resident \$70.00
 Non-Resident \$80.00
Instructor: Jeeseun Johnson, Visual Art and Graphic Design degrees from Daejin University and Sejong University in South Korea and guest instructor at Alverno College, MIAD and the Oriental Watercolor Society of Milwaukee
Note: Program fee includes use of the brushes used to teach this technique.

Ballet Barre

ages 16 years and older and adults

The ballet barre is usually associated with dance techniques, but it can also provide an effective workout for non-dancers. This technique will focus on core and abdominal conditioning as well as extremity flexibility. No dance training is required.

Dates: Mondays **#310768.1**
 April 8-May 20
Time: 6:30-7:15 p.m.
Place: Greenfield Community Center
 Studio
Fee: Resident \$31.00
 Non-Resident \$46.00

Instructor: Denise Lukasik-Sedmak
Note: Tap shoes are required

Tiny Tots Dance

ages 2 & 3 with parent/caregiver



This interactive program is great for young children to learn the basics of ballet and creative movement. The class will use action songs and props such as ribbons and scarves to encourage movement, creativity, and imagination. Parents will help guide their young dancers through these movements. Get ready to move and groove in this parent/tot class.

Dates: Mondays
February 19-May 13
exclude March 25

Time: 5:00-5:30 p.m.

Place: Greenfield City Hall
Besson Community Room

Fee per pair: Resident \$60.00
Non-Resident \$90.00

Instructors: Greenfield Kidnastics Staff

#321940.1



Note: Children should come dressed in comfortable clothing, easy to move in, and socks (ballet slippers welcome but not required). Bring a filled bottle of water. Each child must be accompanied by a parent or caregiver who will be actively involved in working with and guiding their child through activities.

Tutus and Tumbling

ages 4 through 6



This is a combination class where introductory tumbling and ballet skills are taught-a great way to learn what both disciplines have to offer. Students will learn a variety of skills, including warmups at the ballet barre, chasses, and leaps – as well as jumps, rolls, and tricks on the beam and bar during tumbling.

Dates: Mondays
February 19-May 13
exclude March 25

Times: Session I 5:40-6:40 p.m.
Session II 6:50-7:50 p.m.

Place: Greenfield City Hall
Besson Community Room

Fee: Resident \$90.00
Non-Resident \$120.00

Instructors: Greenfield Kidnastics Staff

#321941.1
#321941.2

Note: Children should come dressed in comfortable clothing, easy to move in (leotards are welcome but not required...no large tutus please!), and socks (ballet slippers welcome but not required). Class participants will perform in the Spring Showcase on Saturday, May 18th. Please see Page #29 for more information.

NEW!

Amanda Doerr Dance Introduction to East Coast Swing, Jitterbug, and Lindy Hop

ages 16 and older



Swing Dance Essentials: An Introduction to East Coast Swing, Jitterbug, and Lindy Hop. Embark on a 6-week series where you'll dive deep into the heart of swing dancing! Whether you're a complete beginner or looking to refine your moves, this class is tailored to introduce you to the fundamentals of three iconic swing dance styles: East Coast Swing, Jitterbug, and Lindy Hop.

Dates: Thursdays
February 8-March 14

Time: 7:00-8:00 p.m.

Place: Greendale High School
Dance Room #058

Fee per person: Resident \$70.00
Non-Resident \$80.00

Instructor: Amanda Derus

#310309.1

Note: Registration with a partner is highly preferred but not required.

NEW!

Amanda Doerr Dance Ballroom Dance Introduction: Rumba, Foxtrot, Waltz

ages 16 and older



Embark on a six-week dance journey, exploring the ballroom world of Rumba, Foxtrot, and Waltz. Whether you're a beginner or looking to refine your skills, this class is designed to introduce you to the fundamentals of these classic ballroom dances.

Dates: Thursdays
April 4- May 9

Time: 7:00-8:00 p.m.

Place: Greendale High School
Dance Room #058

Fee per person: Resident \$70.00
Non-Resident \$80.00

Instructor: Amanda Derus

#310311.2

Note: Registration with a partner is highly preferred but not required.

Music Maker & More

ages 9 months through 4 years
with **parent or caregiver**

This sing along musical activity group is designed for children and their parent or caregiver. Learn traditional children's songs, finger plays, rhythm instruments and dance movements as well as puppets that help tell a story within the songs. Music Maker & More strives to give children an interest and love for all kinds of music. Bring your dancing feet, have fun, socialize with other children and join us for a fun family class.

Dates: Thursdays **#320201.1**
Session I January 18-March 7
exclude February 15

Session II March 28-May 23 **#320201.2**
exclude April 18 & May 16

Time: 10:30-11:00 a.m.

Place: Greenfield Community Center, Studio

Fee per pair: Resident \$53.00
Non-Resident \$63.00

Instructor: Anna Nimphius instructor with Music Maker & More

Note: Dress for activity and movement by both children and their parent/caregiver.

Line Dance

adults 55 years and older

If you think cowboy boots and hats whenever you hear the words "line dancing" then you're only partially right. Although country music has more than its fair share of line dances, it is not limited to country music. Line dancing is an excellent way to stay fit no matter what your age. Some previous experience helpful. No partner needed. Beginner students can meet with the instructor 15 minutes prior to the first class starting to get an overview of the common steps used in class.

Dates: Tuesdays
March 26-May 21
exclude April 2

Time: 2:00-3:00 p.m.
Place: Greenfield Community Center

Fee: Resident \$35.00
Non-Resident \$53.00

Instructor: Carol Chmielewski

Note: Some previous experience helpful. No partner needed.

#310304.1



Poms/Jazz

ages 7 and older

Shake your poms and get ready to move! Learn the fundamentals of poms from arm and leg placements plus technical skills, flexibility, and synchronization. This combo class also offers instruction in jazz technique, including big energetic moves like leaps, jumps, turns, and unique footwork. Instructors will have poms available for use in class.

Dates: Thursdays **#322066.1**
February 15-May 16
exclude March 14 & 28

Time: 5:00-6:00 p.m.

Place: Greenfield Community Center
Studio

Fee: Resident \$90.00
Non-Resident \$120.00

Instructors: Greenfield Kidnastics Staff

Note: Please come dressed in tennis shoes and active wear. Bring a filled bottle of water. Class participants will perform in the Spring Showcase on Saturday, May 18th. Please see Page #29 for more information.

NEW!

Dance Camp

ages 6-15

Unleash your potential at our prestigious DANCE CAMP! Learn an exciting mix of dance styles like Hip-Hop, Modern Dance, and Jazz from an expert instructor. Experience intensive training, refine your technique, and express your artistry. The highlight of the program? An unforgettable performance! Dive into staging and choreography, showcasing your growth and skills on stage. Don't miss this incredible opportunity to be part of an exhilarating production. DANCE CAMP is where passion meets professionalism. Join our vibrant community, elevate your dance abilities, and transform your world. Enroll now and let your talent shine!

Dates: Mondays & Wednesdays
February 26-March 18
exclude March 6

Times: Ages 6-10 5:00-6:00 p.m.
Ages 11-15 6:15-7:15 p.m.
Place: Greendale Middle School
MPR (Cafeteria)

Fee: Resident \$55.00
Non-Resident \$65.00

Instructor: Chanese Knox

Note: Wear comfortable and flexible clothing.



#320305.1
#320305.2



Private Voice Lessons

grades 6 through 8
(middle school students only)

Learning to sing can be an immensely rewarding experience. Unlike other instruments, the voice is a part of you, and learning to use it well opens up virtually limitless possibilities for self-expression (artistry, entertainment, worship, or just plain fun).

Have you ever wanted to take voice lessons?

Whatever your youth's reason, this new cooperative venture with Greendale School District, is to encourage and guide your youth's growth as a singer.

Lessons for younger singers will concentrate more on depth of expression and healthy singing, and less on expanding the vocal range or difficult repertoire.

Dates: Wednesdays and Fridays **#320216.1**
January 17-May 17

Time: 25 minute lessons, beginning at 9:00 a.m. and ending at 12:00 p.m., based on registrants, time slots will be assigned by the instructor.

Place: Greendale Middle School

Fee: Resident \$5.00
Non-Resident \$10.00

Instructor: Emily Wrobel, GSD Vocal Director

Note: Due to limited availability, youth may only be registered for one day/time per week.



Watercolor Workshop

age 55+



Have you ever wanted to try watercolor painting but didn't know how to begin? Explore the beauty of this incredible medium. This class is geared toward the person who never held a brush in their hand or tried watercolor painting as well as those wanting to brush up on their techniques.

Students will develop skills, starting with basic color mixing and painting exercises using only primary colors in warm and cool hues. Basic color theory, along with art elements and principles, are introduced. Students will build skills by learning the fundamentals of various methods of color applications. The class will include demonstrations as well as individual guidance.

Dates: Wednesdays **#310426.1**
Session I March 6-April 17
exclude April 3

Session II April 24-May 29 **#310426.2**

Time: 9:30 a.m.-12:00 p.m.

Place: Greenfield Community Center

Activity Room A
Resident \$60.00
Non-Resident \$90.00

Instructor: Joyce Eesley

Note: Students must bring their own supplies. A general supply list will be noted on your receipt.

Hip Hop Dance

ages 5 through 12



Hip Hop is back! Come learn the different styles and influences of hip hop, including pop-n-lock, funk, and breakdance. Dancers will experience a high-energy class with choreography that is age-appropriate.

Dates: Thursdays
February 15-May 16
exclude March 14 & 28

Times: 6:00-7:00 p.m. **#320306.1**
ages 5-8
7:00-8:00 p.m. **#320306.2**
ages 9-12

Place: Greenfield Community Center
Studio

Fee: Resident \$90.00
Non-Resident \$120.00

Instructor: Greenfield's Kidnastics Staff

Note: Please come dressed in tennis shoes and active wear and a filled water bottle. Class participants will perform in the Spring Showcase on Saturday, May 18th. Please see Page #29 for more information.



"Children are encouraged, supported, and offered choices in their learning experience."

Dates: Mondays and Wednesdays OR Tuesdays and Thursdays
September 9/10- May 21/22 (2024-2025 school year)
exclude certain holidays & regular GSD school breaks
Friday Option: Available only to children registered in the Monday/Wednesday or Tuesday/Thursday program
September 13-May 16
exclude certain holidays and regular GSD school breaks

Time: 9:10-11:25 a.m.

Place: Highland View School, Room 111
(5900 S. 51st Street)

Fees: Resident/Non-Resident \$975.00 (M/W or T/Thu)
Resident/Non-Resident \$450.00 (F)

Staff: Lisa Corrigan, Cynrae Corrigan, and Tami Alcorn

To Register: A \$50.00 "non-refundable" registration fee is required to reserve a place in this class. Students must be toilet trained.

Registration begins January 24th during Open House and continues until full, at the Park and Recreation office during regular business hours.

Note: Participants must be age 3 as of September 9, 2024.

Classes are limited to 16 students, or a 1:8 ratio of teacher/student.

**Come visit Bloom 'N Grow Open House on Wednesday, January 24th
between 6:00-7:00 p.m. at Highland View School (use south entrance-Door D6).**

NEW!

Custom Made Sketchbooks and Bookbinding



ages 16 years and older

Want to make the perfect sketchbook or journal? Maybe turn it into a scrapbook? Learn how to create 4 different hand stitched books. These will have minimal gluing and will focus on the stitching and construction of the books. We will start with simpler constructions: the folio and Japanese side bound books, and move to the Coptic stitch and the Secret Belgium binding. You will have 4 small books by the end of day two of this class.

Dates: Mondays **#311933.1**
February 5 & 12
Time: 6:30-8:30 p.m.
Place: Greendale Middle School
Art Room 290
Fee: Resident \$32.00
Non-Resident \$42.00
Instructor: Jodi Brzezinski, Art Educator,
St. Thomas More High School
Note: All supplies provided for use in this class

NEW!

Watercolor Bubble Painting



ages 16 years and older

Create a watercolor background using watercolor and dish soap to blow colorful bubbles onto cotton rag paper. We will try three different bubble techniques the first class to create textured backgrounds. The second class we can paint on top of our "bubble backgrounds" creating a layered watercolor painting.

Dates: Mondays **#311937.1**
February 19 & 26
Time: 6:30-8:00 p.m.
Place: Greendale Middle School
Art Room 290
Fee: Resident \$24.00
Non-Resident \$34.00
Instructor: Jodi Brzezinski, Art Educator,
St. Thomas More High School
Note: All supplies provided for use in this class

NEW!

Acrylic Painting



ages 16 years and older

This class is for beginners or continuing painters. This opaque water-based media is very versatile, durable and long lasting. Learn to layer and blend colors to create texture and depth in your paintings. You can treat this media very thick like oil paint or thin like watercolor. It can be applied to many different kinds of surfaces. We will be working on one 9x12" canvas board developing a painting over the course of three weeks. We will have a source of imagery to work from or you are welcome to bring in your own reference pictures to work from as well.

Dates: Mondays **#311911.1**
March 4-18
Time: 6:30-8:00 p.m.
Place: Greendale Middle School
Art Room 290
Fee: Resident \$36.00
Non-Resident \$46.00
Instructor: Jodi Brzezinski, Art Educator,
St. Thomas More High School
Note: All supplies provided for use in this class.

NEW!

Charcoal Drawing



ages 16 years and older

Want to get a little messy and tackle charcoal drawing? Learn how to create a range of value and render rich black and white drawings with this soft media. Create texture and depth with charcoal sticks, charcoal pencils and kneaded erasers on drawing paper.

Dates: Mondays **#311908.1**
April 8 & 15
Time: 6:30-8:00 p.m.
Place: Greendale Middle School
Art Room 290
Fee: Resident \$24.00
Non-Resident \$34.00
Instructor: Jodi Brzezinski, Art Educator,
St. Thomas More High School
Note: All supplies provided for use in this class

NEW!

Painting on Rocks



ages 16 years and older

Decorate your garden with colorful baubles. Mark your flowers/veggies with fun painted rock markers. Add a splash of color to your indoor plants or coffee table. Paint fun acrylic designs on rocks found on the beach, walks, etc. Choose from a variety of rocks or you are welcome to bring your own beautiful found rock to embellish.

Date: Monday **#311942.1**
April 22
Time: 6:30-8:00 p.m.
Place: Greendale Middle School
Art Room 290
Fee: Resident \$14.00
Non-Resident \$24.00
Instructor: Jodi Brzezinski, Art Educator,
St. Thomas More High School
Note: All supplies provided for use in this class

NEW!

Beginning Crochet



ages 16 years and older

In this three-night class you will learn some of the basics of crochet. Learn how to read a pattern and then start with a chain stitch, learn to add a single stitch and a double stitch to make square samples. These are the start of many projects like scarves, blankets, sweaters, etc. We will then start to learn how to crochet with single stitch in the round. This is the foundation for a lot of patterns like hats, stuffed animals, etc. Hooks and yarn will be provided and information where to purchase your own will be discussed in class.

Dates: Mondays **#311956.1**
April 29-May 13
Time: 6:30-8:00 p.m.
Place: Greendale Middle School
Art Room 290
Fee: Resident \$36.00
Non-Resident \$46.00
Instructor: Jodi Brzezinski, Art Educator,
St. Thomas More High School
Note: All supplies provided for use in this class

Paper Building Miniature Making

ages 16 years and older

Using cardstock paper, making miniature buildings will be interesting to students. Students will develop concentration and fine motor skills, a good creative activity done using your hands. This program will create Eton college, Thomas Edison's house, Rovaniemi Santa's Village, Jimmy Carter's house, with many more choices.

Dates: Tuesdays **#320412.1**

April 2-May 14

Time: 5:00-6:00 pm

Place: Greendale Middle School

Art Room

Fee: Resident \$32.00

Non-Resident \$37.00

Instructor: So SeonJoo (소선주), Master Teacher of Korean Paper Folding (jongie jupgi)

Note: Please send to class the first day, an additional, one-time, \$24.00 class fee for supplies for the program.

Our Arts Desire by CKKS Art Parties for Children

ages 2-1/2 through 4 years with **parent/caregiver**
ages 5 through 12 years w/o **parent/caregiver**

Help your child unleash their inner artist while creating a one of a kind 8 x 10 canvas painting! Using their imaginations, acrylic paints, and guidance to give them the confidence for creating, your child will come home with individualized art that is ready to hang! The possibilities are endless!

Become an amazing artist! Children will receive step-by-step instructions for a variety of paintings, along with all the tools and guidance needed to give them the confidence for creating their own original piece of artwork.

Date: Saturdays
Session I February 24
Session II March 9
Session III April 6
Session IV May 4
Time: 10:00-10:45 a.m.
Place: Community Learning Center
5647 Broad Street (lower level)

Fee per session:

Resident \$20.00
Non-Resident \$30.00

Instructor: Staff of Our Arts Desire by CKKS

Note: Dress to get messy. Please note that in the younger age grouping, only the child will be creating their art with assistance from their parent/caregiver!



#320418.1
#320418.2
#320418.3
#320418.4

Paper Flowers and Mobile Making

ages 16 years and older

With various papers, learners can make birds, flowers, mobiles, magic cards, and more choices for decorating for the spring season. Learners can improve concentration and fine motor skills and prevent aging and memory loss while using the skills of paper folding arts.

Dates: Tuesdays **#320405.1**

April 2-May 14

Time: 6:15-7:45 p.m.

Place: Greendale Middle School,

Art Room

Fee: Resident \$34.00

Non-Resident \$39.00

Note: Please send to class the first day, an additional, one-time, \$24.00 class fee for supplies for the program.

Our Arts Desire by CKKS Paint Your Arts Desire

ages 13 years and older

Join us for an evening to unleash your inner artist! The staff of Our Arts Desire will walk/coach you through step-by-step instruction!

Spend the night expressing yourself and unwinding with friends! The best part? You will leave with an 11 x 14 wrapped canvas ready to be hung in your home!

Date: Tuesday
May 7
Time: 6:00-7:45 p.m.
Place: Greendale Community Learning Center
5647 Broad Street
(Lower Level)

Fee per session: Resident \$35.00
Non-Resident \$40.00

Instructor: Staff of Our Arts Desire by CKKS

Note: Everything is supplied that you will need to ensure an amazing time!

#310420.1

YOUTH ENRICHMENT

Acrobatics

ages 3 through 10

Roll, twist and turn! Learn cartwheels, hand springs, hand/headstands and more. New or continuing students are welcome.

Dates/Times:

Mondays
January 22-April 8
exclude March 25
ages 3-5 (Beg) 3:55-4:25 p.m.
ages 3-5 (Beg/PT) 6:10-6:40 p.m.
ages 6-10 (Beg/PT) 6:50-7:30 p.m.

Place:

Greendale High School
Room 58
(Door C20-use back entrance near dumpster)

Fees per session:

30-minute Resident \$35.00
Non-Resident \$45.00
40-minute Resident \$42.00
Non-Resident \$52.00

Instructor:

"Miss Kathleen" Burzynski

Note: Beg=(Beginner); PT=(Previous Training) Children should come dressed in leotards or shorts (no zippers) and t-shirt and socks or ballet slippers (if have).



#322018.1
#322018.2
#322018.3

Arabic World Language for Kids

boys and girls, grades 1 through 6



This is an introductory level Arabic language course. The aim of this class is to teach foundational elementary level reading, writing, and speaking skills. Registration is open to beginning or continuing students.

Dates:

Saturdays #322024.1

February 3-March 9

Time:

10:45-12:15 p.m.

Place:

Greendale High School
Room 176
(enter Door A2-northside of school)

Fee:

Resident \$30.00
Non-Resident \$40.00

Instructor:

Reem Barbarawi
Teacher at ISM

Special Notice To Parents Of Youth Program Participants:

Parents are reminded to pick their children up at the completion time listed for the activity they are participating in. Recreation staff are not responsible for participants once their class is completed (they are also not paid to wait for parents who are late in picking up their children). We also ask parents to stress to their children that when they are in a school building they should go directly to their program activity area and not wander around the building. We do not wish to lose our privilege to utilize these facilities because of participants being where they should not be. Your cooperation with this is greatly appreciated.

To Our Program Registrants:

During the course of our programs, there have been times that disruptive participants have impacted our classes. Our instructors try to work with these participants, however, sometimes the behavior becomes such that it impacts the ability of the other students to learn and the ability of the instructor to teach and provide a safe learning environment. The following procedure will be in effect if problems occur:

1. Verbal contact between instructor and program participant and/or parent.
2. Reoccurrence following this conversation will result in removal from the program.
There will be no refund of fees for people removed from programs as the determination of offering classes depends on the number of registered participants.

NEW!

Albanian Language for Children

ages 6-12



This introductory level program will focus on teaching the foundational skills at an elementary level. The skills taught will be reading, writing and speaking. All skill levels welcome!

Dates:

Saturdays
April 13-May 18

#322065.1

Time:

9:00-10:30 a.m.

Place:

Greendale High School
Room 176
(enter Door A2-northside of school)

Fee:

Resident \$30.00
Non-Resident \$40.00

Instructor:

Albana Zagloul, Bachelor of Arts in Linguistics, Healthcare interpreter for Arabic and Albanian, has taught in classrooms in Franklin Public Schools and Albania.

اللغة العربية/ لغة العالم العربي #322024.1

الأولاد والبنات، من الصف الأول الابتدائي حتى الصف السادس

هذه دورة لغة عربية للمبتدئين، الهدف من هذه الدورة هو

تعليم مهارات القراءة والكتابة والتحدث للمستوى الابتدائي

التسجيل مفتوح للطلاب الجدد والقادمي المستمرين

تاريخ الدورة: 3 شباط (فبراير) - 9 ربيع الأول (مارس)

الوقت: 10:45 - 12:15 ظهراً

المكان: المدرسة الثانوية ب جريندل (Greendale High School)

الغرفة: 176

(ادخل من الباب 2A الجانب الشمالي من المدرسة)

الرسوم: 30.00 دولار للمقيم

غير مقيم 40.00 دولار

المدرسة: ريم بربراي

معلمة لغة عربية في المدرسة الإسلامية.

NEW!**Club Preteen**

ages 9-13



One Monday a month, preteens can kick off their week with a fun evening hanging out with their peers, making new friends, and trying something new! Each month features a new theme or activity. Dinner/refreshments are not provided unless otherwise listed in each month's description.

CRAFT NIGHT

During craft night we will be designing memory boxes that preteens can take home with them. We will also be creating bracelets.

Date: Monday, March 18 **#322039.1**

GAME NIGHT

Join us for pizza, refreshments and games such as Bingo, Heads Up, Pictionary, and more! Preteens will be able to socialize and work on their teamwork, patience, coordinator, and sportsmanship all while having fun!

Date: Monday, April 15 **#322039.2**

TALENT SHOW

Come ready with ideas and props! The first hour will be prepping your talent that you want to showcase. Preteens can work in groups or perform their act solo. The second hour will consist of performing, snacks, and beverages.

Date: Monday, May 13 **#322039.3**

Times for all classes: 5:30-7:30 p.m.

Fee per session: \$20.00 Resident
\$30.00 Non-Resident

Location for all classes:
Greenfield Community Center
Activity Room A

Instructors: Makenna Kloss and Michelle Kloss

**Miss Wendy's
Broadway Babies**6-months-18 months old with **parent/caregiver**

"Broadway Babies" is where your little star shines--with and for you! Our youngest theatrical movers and shakers are encouraged to "rehearse" alongside one another covering classic tunes, new songs to clap along to as well as actively learning catchy rhymes in this engrossing offering. Each class incorporates simple props and noisemakers resulting in music to our ears.

Dates: Thursdays
Session I February 8-March 14
Session II April 4-May 9
Time: 5:25-6:00 p.m.
Place: Community Learning Center
5647 Broad Street
(Lower Level)

#321944.1
#321944.2

Fee per parent/child pair:
Resident \$27.00
Non-Resident \$37.00

Instructor: Wendy Lay, Drama Coach

Note: Updated materials presented each session. Comfy clothes are recommended for movement.

**Miss Wendy's
ABC's of Acting**

grade 5K through 2nd



Is your child a real character? Action is the name of the game in this course that embodies the exploration of storytelling through well-known fairy tales while empowering your child to use their own creative voice in a welcoming environment. Expression through emotions, body language, simple ways that our face can tell a story, applying different volume levels as well as sound effects and presenting ideas with confidence will be explored as we embark on new, imaginative destinations.

Dates: Thursdays
Session I February 8-March 14
Session II April 4-May 9
Time: 6:10-6:55 p.m.
Place: Community Learning Center
5647 Broad Street (Lower Level)
Fee: Resident \$30.00
Non-Resident \$40.00

#321919.1
#321919.2

Instructor: Wendy Lay, Drama Coach

Note: No prerequisite required. New themes are cultivated each session.

**Miss Wendy's
Emergent Entertainers**18-months-3 years old with **parent/caregiver**

Building on the basics from well-known tunes to some new fun ditties, your tot will enjoy performing with and for you in our lively class that moves along with the interests and energy of the group. We'll celebrate dancing to different beats and rhythms, incorporating the parachute, playing simple instruments for collective jam sessions, and exploring additions to your repertoire.

Dates: Tuesdays
Session I February 6-March 12
Session II April 2-May 7
Time: 5:25-6:00 p.m.
Place: Community Learning Center
5647 Broad Street
(Lower Level)

#321945.1
#321945.2

Fee per parent/child pair:
Resident \$27.00
Non-Resident \$37.00

Instructor: Wendy Lay, Drama Coach

Note: Updated materials introduced each session. Comfy clothes are recommended for movement.

**Miss Wendy's
ABC's of Theatre**

ages 3 through 5



An engagingly interactive introduction to theatre basics utilizing an alphabetic theme. Every class adventure begins (and closes) with our song, incorporating the ASL alphabet as a segue to the letter of the week that further inspires alliteration-oriented movement activities. It is a forum for expressive energy while collaboratively celebrating bringing individual talents to fruition.

Dates: Tuesdays
Session I February 6-March 12 (letters K to P)
Session II April 2-May 7 (letters Q/R to X/Y/Z)
Time: 6:10-6:55 p.m.
Place: Community Learning Center
5647 Broad Street
(Lower Level)

#321918.1
#321918.2

Fee: Resident \$30.00
Non-Resident \$40.00

Instructor: Wendy Lay, Drama Coach

Note: Child must be comfortable attending class independently. Every class is tailored to the enthusiasm of the group.

Beginners Topsy Turvy Tykes

ages 2 & 3 with parent/caregiver

This class is a play-filled class centered around age appropriate tumbling movements with an emphasis on socialization and group interaction. Children will learn basic tumbling skills on the floor, balance beam, vault and bar, all while making friends and having fun.

Dates:
Session I Wednesdays
February 21-May 15
exclude March 27
5:00-5:30 p.m. **#321910.1**

Session II Saturdays
February 17-May 11
exclude March 30
9:50-10:20 a.m. **#321910.2**

Times:
Place: Greenfield City Hall
Besson Community Center

Fee per pair per level:
Resident \$60.00
Non-Resident \$90.00

Instructors: Greenfield Kidnastics Staff

Note: Children must be able to walk without the assistance of a parent. Each child must be accompanied by a parent or caregiver who will be actively involved in working with and guiding their child through the activities. Please come dressed in comfortable clothing that permits movement and socks. Bring a filled bottle of water.

Advanced Topsy Turvy Tykes

ages 2 & 3 with parent/caregiver

This class is designed for children who have participated in 2 or more sessions of the Topsy Turvy Tykes-Beginner and have a great comfort level with all the skills taught in the Beginner class and will be challenged with new movements and tumbling skills to work on. It is a great stepping stone to the Head Over Heels class! We will continue to emphasize fun and socialization in classes.

Dates: Saturdays
February 17-May 11
exclude March 30
Time: 8:30-9:00 a.m. **#321911.1**

Place: Greenfield City Hall
Besson Community Room

Fee per pair per level:
Resident \$60.00
Non-Resident \$90.00

Instructors: Greenfield Kidnastics Staff

Note: Children must be able to walk without the assistance of a parent. Each child must be accompanied by a parent or caregiver who will be actively involved in working with and guiding their child through the activities. Please come dressed in comfortable clothing that permits movement and socks. Bring a filled bottle of water.

Head Over Heels

ages 4-6

Learn the basics of gymnastics and tumbling movements on the floor, vault, bar and balance beam. Participants will learn these beginning movements with an emphasis on creativity, socialization, and listening skills.

LEVEL I- If your child/children are new to Head Over Heels or have only done on Head Over Heels session, Level I is the most appropriate. Teachers will be teaching introductory skills to tumble and the other gymnastics apparatuses.

LEVEL II- If your child/children have participated in 2 or more Head Over Heels sessions in the past, they can advance to level II. In Level II Head Over Heels, students will strengthen their previously acquired skills.

Dates: **LEVEL I-**
Saturdays, February 17-May 11 (exclude March 30)
10:30-11:30 p.m. **#321913.1**

LEVEL I-
Wednesdays, February 21-May 15 (exclude March 27)
5:40-6:40 p.m. **#321913.2**
6:50-7:50 p.m. **#321913.3**

LEVEL II-
Tuesdays, February 20-May 14 (exclude March 26)
5:00-6:00 p.m. **#321913.4**

Place: Greenfield City Hall Besson Community Room

Fee per level: Resident \$90.00
Non-Resident \$120.00

Instructors: Greenfield Kidnastics Staff

Note: Please come dressed in comfortable clothing that permits movement and socks. Bring a filled bottle of water. Class participants will perform in the Spring Showcase on Saturday, May 18th. Please see Page #29 for more information.

2024



For the twenty-first summer,
the Greendale Park & Recreation Department is proud to offer the

Summer Adventure Club

Join us June 10-August 27
(not open July 4 & 5), Monday-Friday
between 6:30 a.m. and 6:00 p.m.

Registration fee - \$40.00 per child/ \$75 per family



Summer Adventure Camp is open to children ages 5 (as of June 10th) through 12 for up to ten hours of care per day. Children must be toilet-trained and be able to provide self-care to participate in the program. Families must provide their child with their own beverage and lunch. Once your child is registered, families will pay their childcare fees each Tuesday prior to the week of childcare.

An informational meeting will be held on Wednesday, March 20th at 6:00 PM in the Greendale Middle School (6800 Schoolway) Cafeteria/Multi-Purpose Room for parents and guardians unfamiliar with the Summer Adventure Camp program.

NEW FOR SUMMER 2024 REGISTRATION

Summer Adventure Camp registration is on a first-come, first-serve basis until the program capacity is reached at 275 children. In-person registration begins on Tuesday, April 16th at 9:00 AM in the Greendale Park & Recreation Office (5647 Broad St). Registrations will not be accepted before April 16th. If registration fills early, please make sure to sign up on the waitlist.

Kidnastics

ages 7 and older



Kidnastics is a tumbling focused class designed to increase strength, flexibility, and tumbling skills on the mat. Whether you have participated in previous Kidnastics levels or are new to the program, our instructors will plan classes based on the skill level of class participants.

LEVEL I-If your child/children are new to Kidnastics or have only done one Kidnastics session, Level I is most appropriate. Teachers will be teaching introductory skills to tumbling and meeting student needs based on current ability.

LEVEL II-If your child/children have participated in 2 or more Kidnastics sessions in the past, they can advance to Level II. In Level II Kidnastics, students will strengthen their previously acquired skills.

Dates:

LEVEL I-

Thursdays, February 15-May 16
exclude March 14 & 28
6:10-7:10 p.m.

#321914.1

LEVEL II-

Tuesdays, February 20-May 14
exclude March 26
7:20-8:20 p.m.

#321914.2

Place: Greenfield City Hall
Besson Community Room

Fee per level: Resident \$90.00
Non-Resident \$120.00

Instructors: Greenfield Kidnastics Staff

Note: Please come dressed in comfortable clothing that permits movement and socks. Bring a filled bottle of water. Class participants will perform in the Spring Showcase on Saturday, May 18th. Please see Page #29 for more information.



Cheernastics

ages 5 through 12



Calling all Cheerleaders! Practice perfecting your jumps, stunts, and tumbling skills, along with learning cheers and dance/tumbling routines. This class will focus on proper cheerleading techniques and having fun as a team!

Dates:

Thursdays
February 15-May 16
exclude March 14 & 28

Times:

ages 5-8
ages 9-12

5:00-6:00 p.m.
7:20-8:20 p.m.

#322072.1
#322072.2

Place:

Greenfield City Hall
Besson Community Center

Fee per time slot:

Resident \$90.00
Non-Resident \$120.00

Instructors:

Greenfield Kidnastics Staff

Note: Please come dressed in socks/tennis shoes and active wear. No experience needed. Class participants will perform in the Spring Showcase on Saturday, May 18th. Please see Page #29 for more information.

Save The Date! Youth Dance & Kidnastics Spring Showcase



Date: Saturday, May 18

Place: Greenfield High School Performing Arts Center

Theme: Dance the Night Away!

Dress Rehearsal: Friday, May 17

Participating Classes:

Tutus & Tumbling, Poms/Jazz, Hip Hop,
Head Over Heels, Cheernastics, Kidnastics

NOTE: Class fee includes a \$30.00 costume fee for the Youth Dance and Kidnastics Spring Showcase. In addition to the showcase costume, your child will receive a complimentary themed T-shirt. Indicate size t-shirt needed at time of registration.

Class participants will receive event details as the dates get closer including dress rehearsal times, how to buy admission tickets, and much more.

NEW!

Friday Night Frenzy

ages 4 through 10



Parents, enjoy your own night of relaxation...kid free! Drop your children off and have a worry-free night knowing they are having a great time! Dinner and a snack for the movie are included. Please indicate any food allergies at the time of your registration.

Session I - To the Moon and Back (February 9)

Show your love by creating valentine themed crafts for your friends and family! We will end the evening by playing games and watching a movie.

Session II - Swing into Spring (March 8)

Springtime is here and it's time to move!! Join us for a fun night of dancing, games, and of course a movie!

Session III - Once Upon a Time (April 5)

It is your turn to write and illustrate your own book – the story is up to you! After writing and illustrating books, we will play magical games and end the night watching a movie!

Session IV - Rock Stars (May 3)

I wanna rock and roll all night long! Come join us for our night of music and dancing – show us what you got! There will be games and a movie to round out the night.

Date:

Session I

Session II

Session III

Session IV

Time:

Place:

Fridays

February 9

March 8

April 5

May 3

5:30-10:00 p.m.

Greenfield Community Center

Jansen Fest Hall

Resident \$25.00

Non-Resident \$37.50

Greenfield Kidnastics Staff

Facilitator:

Note: Bring a filled bottle of water. Wear your comfiest clothes and don't forget your pillow and sleeping bag! Parents, if you want to pick-up your younger child/ren earlier, please feel free to do so, just advise the staff when dropping off at the program of your intent, and a time.

Deadline to register:

Session I- Tuesday, January 30

Session II-Tuesday, February 27

Session III-Tuesday, March 26

Session IV-Tuesday, April 23

American Red Cross Babysitters Training with Pediatric CPR and First Aid(Blended Learning)



ages 11 through 13

Learn about the job of a babysitter in this course from effective supervision of children and infants, to choosing safe, age appropriate games and toys, to performing basic child-care skills such as diapering, feeding and dressing. Discuss how to find and interview for a babysitting job and how to communicate effectively with parents.

After completing the online classwork online at home and **bringing your online completion confirmation to class (required to participate)**, you will practice and polish your CPR and First Aid skills. Learn to prevent emergencies by identifying safety hazards and how to provide care for common injuries such as burns, cuts, and bee stings should they occur.

After attending both class sessions, completing the online coursework, and checking off all the required skills, participants will receive the American Red Cross Babysitters Training (no expiration) and Pediatric CPR with First Aid (expires in 2 years) certifications. Class fee includes the American Red Cross certification fee, all class supplies and a binder with all class materials.

Dates:	Tuesdays	
Session I	February 6 & 13	#322075.1
Session II	March 5 & 12	#322075.2
Session III	April 16 & 23	#322075.3
Session IV	May 7 & 14	#322075.4
Time:	5:30-8:30 p.m.	
Place:	Greenfield City Hall Room 206	
Fee per session:	Resident \$95.00 Non-Resident \$115.00	
Instructor:	Sue Stadler, ARC Authorized Instructor	

Note: Deadline to register for Session I is January 23, for Session II is February 20, Session III is April 2 and Session IV is April 23.

Each participant must provide a unique (own) email address to which the classwork to do online is sent directly to the registrant after the deadline date.

Preschool Movement



ages 2-4 with parent/caregiver

In this class, kids will work on colors, shapes, numbers, matching, and much more while getting their body moving! Each week brings a new activity that gives creative movement and imaginative freedom to students as they use props and music to express themselves. Come sing and dance with us while learning and having fun. Kids and parents/guardians should come in socks and clothing that allows you to MOVE. Please bring a water bottle.

Dates:	Saturday February 17-May 11 exclude March 30	#321926.1
Time:	9:10-9:40 a.m.	
Place:	Greenfield City Hall Besson Room	
Instructors:	Makenna Kloss, Michelle Kloss	
Fee:	Resident \$60.00 Non-Resident \$90.00	

Little Learners



ages 3-4

This two-hour, twice a week program is designed to encourage the development of social skills and positive self-esteem through a variety of fun and creative activities. Each day children will be lead through a variety of physical activities, arts & crafts, educational activities, and more all while creating new friendships and experiences. **Children must be fully potty trained.** This class will be taught by two teachers, Miss. Makenna and Ms. Michelle. They both have Early Childhood backgrounds, certifications, and experience in daycares, public schools and recreational classrooms. They are looking forward to teaching and having fun with your child.

Dates:	Mondays & Wednesdays	
Session I	February 26-April 3 exclude March 25 & 27	#321933.1
Session II	April 15-May 15	#321933.2
Time:	9:00AM-11:00AM	
Place:	Greenfield City Hall Besson Room	
Fee per Session:	Resident \$150.00 Non-Resident \$225.00	

Note: Children should bring a water bottle and healthy snack to each class.

Driver's Education (Classroom and Behind the Wheel)

ages 14 1/2 years and older

The Department is excited to announce continuation of a contract with *JUST DRIVE*, who are currently running programs at the Whitnall and New Berlin School Districts, to bring their Driving School to Greendale. The program meets the state requirements for driver's education (30 hours of classroom + 6hrs of Behind the wheel instruction + 6 hours of observation).

The Online classroom is on-demand. Students must be at least 14 1/2 years of age to start the classroom portion. There has been a recent change and students are now able to obtain an instruction permit and start the Behind the Wheel program at the age of 15 years old. If you have any questions or would like more information, please contact John at *JUST DRIVE* at 262-220-7792.

All registration is done online at:
<https://www.justdrivewi.com/greendale>



AQUATIC PROGRAMS

Frequently Asked Questions and Answers for Aquatic Programs

What TO bring and NOT TO bring: Must provide own suit and towel. Proper swim attire required—no cutoffs, shorts, and/or t-shirts, and no 2-piece swim suits (bikinis). Recommend participants come dressed in swim attire. Long hair should be pulled back. The Park and Rec Dept. is not responsible for lost/stolen items. No food or drink is allowed in the pool/locker room areas. (Water in a water bottle is acceptable).

Water Temperature: 80-82 degrees.

Do NOT show up more than 5 minutes prior to the participant's scheduled class time.

Enter the pool at entrance **C20**. That is the entrance on the south side of the pool.

We will be allowing ONE parent to attend the lesson with their child/ren.

Showers will NOT be required and Locker Rooms are available only on a limited basis for bathrooms access. We do recommend, however, that the children use the bathroom at home before arriving for lessons. Staff will direct the child to the appropriate bathroom area for the child's use (one child at a time in the boys and one child at a time in the girls). We are trying to limit as much congestion, contamination, and mutual usage in facilities as much as possible.

Make sure to check that everything the child came with to the pool goes home with them

(towel, goggles, extra clothing, swim attire, boots/shoes, water bottle, coats and any other personal belongings). These items, if left behind, will NOT be saved in a lost and found. They will be put in the trash.

Mini Masters Swimming

graduates of Level 5 and up

Have you passed level 5 or 6 and want to swim but don't want to take lessons and are not old enough for or interested in a team. Look no further—Mini Masters is the program for you! Come join us in learning lap swim etiquette, swimming for fitness, games that will build strength and endurance, and much more! The first half of the class will be spent on lap swimming and the second half will be spent playing a game like Water Polo, Sharks and Minnows, or relay races. Participants, working with staff, will weekly develop a workout for the lap swim time and follow the workout with pointers provided by the instructor.

Dates: Tuesdays and Thursdays **#321516.1**
January 30-March 21

Time: 8:05-8:45 p.m.

Place: Greendale High School, Pool

Fee: Resident \$48.00
Non-Resident \$58.00

Instructor: Greendale Park and Rec Aquatic Staff

Note: This class is not for teaching technique, but refining what the participant already knows and preparing them for programs with competitive swimming and situations where they would have to share a lane to exercise.

Master Lap Swim

ages 14 years and older

Do you enjoy swimming and are looking for physical exercise by lap swimming? Join us for a great way to end your day and work on staying more healthy.

#311505.1

Dates: Tuesdays and Thursdays
January 30-March 21

Time: 8:05-8:45 p.m.

Place: Greendale High School Pool

Fee: Resident \$48.00
Non-Resident \$58.00



Parent/Child Swim Lessons

ages 6 months through 3 years with parent/caregiver

Splish, splash ... become comfortable in a water environment! Here's an excellent opportunity for parents to acquaint their children with the water and begin the development of swimming techniques. Parents must accompany their children in the water at all times.

Dates: Tuesdays
Session I January 30-March 19 **#311502.1**

Session II Thursdays
February 1-March 21 **#311502.2**

Time: 6:00-6:30 p.m.

Place: Greendale High School, Pool

Fee per pair per session:

Resident \$55.00

Non-Resident \$65.00

Instructor: Greendale Park and Rec Aquatic Staff

Note: Disposable diapers are not allowed unless specified swim diapers. Suits with tight leg closures and a snug waist are recommended. Water temperature at Greendale High School pool is only 80-82 degrees so may be cooler for smaller children.



The Greendale Park and Rec Department is accepting applications for swim lesson instructors and lifeguards. Applicants should be certified. Classes run in the evenings in the fall and winter/spring. Classes run in the daytime and evening during the summer. Contact Kelly Schmidt, kelly.schmidt@greendaleschool.org or (414) 423-2790 for more information or to start the application process.



Sea Squirts Swim Lessons

ages 3 and 4

Make Swimming an Important Part of Your Child's Life!

Swim requirements offer a wide variety of activities to stimulate interest and motivate students to advance to the next level of swim instruction.

Students must provide their own suit and towel. Normal water temperature is 80-82.

Dates: Tuesdays
January 30-March 19
Thursdays
February 1-March 21

Place: Greendale High School Pool
Fee per session: Resident \$55.00

Instructors:

Non-Resident \$65.00

Greendale Park & Rec Aquatic staff

Skills indicated are the skills that will be taught at the level. Students, if they can do all the skills listed, should be registered in the next level.

Sea Squirts I

Introduction to Water Skills ... Helps children feel comfortable in the water and enjoy the water safely while learning how to float, kick and do elementary strokes.

Thursday 6:00-6:35 p.m.

Ratios: 6 per instructor.

#321521.2



Sea Squirts II

Fundamental Aquatic Skills ... Passed Sea Squirrel One, works on floating without support, builds on kicking and basic swimming skills by increasing distance while decreasing support. *Ratios: 6 per instructor.*

Tuesdays 6:00-6:35 p.m.

#321522.1

Sea Squirts III

Stroke Development... Passed Sea Squirrel Two, continues to work on kicking. Develops swimming on front and back without assistance. Introduces glides and rotary breathing. *Ratios: 6 per instructor.*

Tuesdays 6:00-6:35 p.m.

#321523.1



Learn to Swim Program

ages 5 years and older

Make Swimming an Important Part of Your Child's Life!

Swim requirements offer a wide variety of activities to stimulate interest and motivate students to advance to the next level of swim instruction.

Students must provide their own suit and towel. Normal water temperature is 80-82.

Dates: Session I Tuesdays
January 30-March 19

Session II Thursdays
February 1-March 21

Place: Greendale High School Pool

Fee per session:

Resident \$55.00

Non-Resident \$65.00

Skills indicated are the skills that will be taught at the level. Students, if they can do all the skills listed, should be registered in the next level.

Instructors: Greendale Park & Rec Aquatic staff

Note: If a child is 4 years of age, please see the "Sea Squirts" program above and register according to the skill levels.



Level I

Introduction to Water Skills ... Learn basic water safety information, including how to enter and exit a pool safely, experience buoyancy and breath control, floating and kicking, introduction to arm strokes. All skills done with assistance. *Ratios: 6 per instructor.*

Tuesday 6:40-7:15 p.m.

#321501.1

Thursday 6:40-7:15 p.m.

#321501.2

Level II

Fundamental Aquatic Skills ... Passed Level One, continue to practice floating and kicking on front and back, rhythmic breathing, combined strokes on front and back, treading water. Builds on water safety skills. *Ratios: 6 per instructor.*

Tuesday 6:40-7:15 p.m.

#321502.1

Thursday 6:40-7:15 p.m.

#321502.2

Level III

Stroke Development ... Passed Level Two, teaches survival float, elementary backstroke, coordination of front crawl and backstroke. Participants are introduced to the scissors kick and butterfly kick. Builds on water safety skills. *Ratios: 6 per instructor.*

Tuesday 7:20-7:55 p.m.

#321503.1

Thursday 7:20-7:55 p.m.

#321503.2

Level IV

Stroke Improvement... Passed Level Three, develops confidence and competency in front crawl, elementary backstroke, backstroke, begins breaststroke, sidestroke, and butterfly. Builds on water safety skills. *Ratios: 10 per instructor.*

Thursday 7:20-7:55 p.m.

#321504.2

Level V

Stroke Refinement ... Passed Level Four, refines and adds distance for front crawl, back crawl, sidestroke, elementary backstroke, breaststroke and butterfly. Introduces flip turns and builds on water safety skills. *Ratios: 10 per instructor.*

Tuesday 7:20-7:55 p.m.

#321505.1

Level VI

Swimming and Skill Proficiency... Passed Level Five; personal water safety, fitness swimmer; refines strokes to swim with ease, efficiency, power, and smoothness over greater distances. With the new emphasis areas of Level 6, participants will take several semesters to complete. *Ratios: 10 per instructor.*

Tuesday 7:20-7:55 p.m.

#321506.1

Deep Water Fitness



ages 16 years and older

Spice up your workout with a variety of full body movements, burn calories, increase cardiovascular endurance, and develop overall body strength. Enjoy the privacy that this completely submerged workout can provide as you reap the benefits of a deep water workout.

Dates: Thursdays
Session I January 25-March 14 **#311512.1**
Session II April 4-May 23 **#311512.2**

Session III Tuesdays April 2-May 21 **#311512.3**
Time: 6:30-7:30 p.m.
Place: Greenfield High School Pool (deep end)
 (60th & Layton, use entrance #11)

Fee per session: Resident \$35.00
 Non-Resident \$53.00

Instructors:
 Tuesdays Raelyn Tetting
 Thursdays Maria Patterson

Note: Swimming skills are necessary – must be able to tread water and float. Flotation belts and hand buoys are provided.

Shallow Water Fitness



ages 16 years and older

Spice up your workout with a variety of full body movements, burn calories, increase cardiovascular endurance, and develop overall body strength. Shallow Water Fitness is geared towards those looking to experience the benefits of exercise and movement in the water to stretch and strengthen muscles in a gentle water supported environment.

Dates: Wednesdays
Session I January 24-March 13 **#311503.1**
Session II April 3-May 22 **#311503.2**

Time: 6:30-7:30 p.m.
Place: Greenfield High School Pool (shallow end)
 (60th & Layton, use entrance #11)

Fee per session: Resident \$35.00
 Non-Resident \$53.00

Instructor: Maria Patterson

Note: Class is in the shallow water so general comfort being in the pool is necessary, no swimming skills required.

Open Swim



all ages

This extremely wet and fun “drop in” program for kids and adults is designed for lifeguard supervised free time use of the pool. Everyone entering the pool during the Open Swim period must either pay the daily admission rate or be participating in the “Practice Makes Perfect” option of the Greenfield Parks & Recreation’s Learn to Swim program.

Dates: Sundays
Session I January 21-March 10
Session II April 7-May 19

Time: 1:15 p.m. -2:45 p.m.
Place: Greenfield High School Pool

Daily Admission: Adults (18+) \$4.00 per person
 Youth (3-17) \$2.00 per person
 Infant (0-2) FREE

Instructor: Staffed by American Red Cross Lifeguards

NOTES: Children 5 and under must have an adult in the water with them within arm’s reach at all times. Children 11 and under must be accompanied by an adult.

NEW! Aquatic Badge Workshops

ages 10 through 17

Our Aquatic Badge Workshops are designed for those seeking to earn the entire merit badge, so plan to attend all 4 scheduled sessions. Each session focuses on different requirements that must be successfully met to complete the Merit Badge. Our instructor had planned a 5th “make-up” date into the schedule for participants who might need more practice time. There are no guarantees for badge completion.

Instructor: Mike Seavert

Note for Scout BSA Lifesaving Merit Badge: To take this course, participants must have already earned the Swimming Merit Badge and be at least an American Red Cross Level 5 swimmer, or be able to swim 400 yards using front crawl, sidestroke, breaststroke, and elementary backstroke. This is not the BSA Lifeguard course.

Scouts BSA Swimming Merit Badge



Complete the Boy Scout Swimming Merit Badge while refining your swimming skills. Learn about and demonstrate survival swimming, surface dives, retrieving an object in deep water, basic water rescues, wearing a life jacket, and basic first aid. Participants must have completed the American Red Cross Level Four Swim or be able to swim 150 yards demonstrating (in good form) the front crawl, back stroke, sidestroke, and elementary backstroke. Reading and written requirements will need to be done in between class sessions.

Dates: Sundays, April 7-28 **#321513.1**
Time: 10:00-11:00 a.m.
Place: Greenfield High School Pool

Fee: Resident \$40.00
 Non-Resident \$60.00

Note: Any cancelled classes will be rescheduled on May 5th.

Scouts BSA Lifesaving Merit Badge



If you have earned the Boy Scout Swimming Merit Badge, take your aquatic skills to the next level in this course. Learn how to prevent aquatic emergencies and how to effectively respond. Participants will learn and demonstrate reaching and throwing assists, tired swimmer assists, removing someone from the water, defenses and escapes should someone grab you, rescue breathing and CPR, retrieve a 10-pound weight in deep water, and how to care for spinal injury.

Dates: Sundays, April 7-28 **#321510.1**
Time: 11:10 a.m.-12:25 p.m.
Place: Greenfield High School Pool

Fee: Resident \$56.00
 Non-Resident \$84.00

Note: Any cancelled classes will be rescheduled on May 5th.

SPORTS PROGRAMS

Ice Skating Lessons

ages 3 years and older

Ice skating is one of the world's greatest sports! Skating is fun, challenging, and rewarding. Levels are designed to develop preliminary coordination and strength necessary to maneuver on the ice and gain basic knowledge to advance to specialized levels. Following the program designed by the U.S. Figure Skating Association, this progressive lesson program is perfect for the beginner or "not so" beginner skater!

***Dates:** Saturdays
 Session I January 6-February 17 **#321672.1**
 Session II February 24-April 13 **#321672.2**
 exclude March 30
 Session III April 20-June 1 **#321672.3**
***Time:** 1:45-2:30 p.m.
Place: Wilson Park Recreation Center
 4001 S. 20th Street-Milwaukee

****Fee per session:**
 Resident \$125.00
 Non-Resident \$135.00

Instructor: Greater Milwaukee Figure Skating Club

Note: *It should be noted that times may vary on occasion if Wilson Park schedules a tournament, etc. Also, there may be a couple of exclusion dates that were not known at the time of the printing of the brochure. Staff of the program will provide up-to-date information to registrants. Program fee is based on a 7-week schedule.

**If registered for two consecutive 7-week sessions at the same time, the fee for each session is \$110.00 (\$220.00 total). Also, family discount, 3rd person registered in same family receives a \$30.00 discount.

Skate rental is NOT included. Rentals are \$3.00 per lesson at the Wilson Ice Center.

Registration for Session I began during the fall so if you are interested in registering, please call Park and Recreation office at 414-423-2790 to see if there are still openings.

ETS Performance Youth Performance Camps

ages 8 through 17

At ETS Performance, our mission is to provide unparalleled athletic performance training in the areas of acceleration, deceleration, speed, and overall strength development. We cater to athletes of all sports, ranging in age from 8 and up. Our approach is centered around individualized programming, ensuring that each athlete receives the personalized attention they need to excel.

Speed Plus

ages 8-11

This program includes dynamic movement preparation, change of direction and linear sprint mechanics development, relative bodyweight strength training, leadership and confidence development, and technical mastery of basic athletic movement.

Dates: Monday-Friday
 Session I January 22-March 1 **#320701.1**
 Session II March 11-April 26 **#320701.2**
 exclude March 25-29
Time: 5:00-5:45 p.m.
Place: ETS Performance
 Franklin Business Park
 5080 W. Ashland Way
 Franklin, WI 53132
Fee: Resident \$110.00
 Non-Resident \$120.00

Instructor: ETS Performance Staff
Note: Attend as many sessions per week as you'd like. One to five times weekly.

Strength Plus

ages 12-17

Similar to the younger kids, all of these middle and high schoolers will learn how to move efficiently and effectively to aid in injury prevention. They'll be coached on sprinting and lateral change of direction mechanics, how to decelerate and accelerate, be introduced to strength and power development using weights and banded resistance, and developing confidence by training alongside their peers with enthusiastic coaches in an electric, exciting environment.

This performance camp is much different than the speed camp group, as athletes are evaluated on an individual basis, and have a customized program that each kid follows. So, while these kids will train alongside their peers, they will follow their own program while they're here.

Dates: Monday-Friday
 Session I January 22-March 1 **#320709.1**
 Session II March 11-April 26 **#320709.2**
 exclude March 25-29
Time: 5:45-7:00 p.m.
Place: ETS Performance
 Franklin Business Park
 5080 W. Ashland Way
 Franklin, WI 53132
Fee: Resident \$190.00
 Non-Resident \$200.00
Instructor: ETS Performance Staff
Note: Attend 2-4 sessions per week.



Greendale Youth Wrestling Phase II

grades 5K through 8



Not sure if wrestling is the sport for you? This program will provide students work on wrestling skills and strategies, but more importantly, it will incorporate all-around physical activity through competitive games and activities including tumbling which enhances the wrestling experience. The Phase II program is for students interested in advancing skills (in freestyle and folkstyle wrestling styles) and possibly competing in tournaments following the wrestling season. Here's an opportunity to continue refining skills learned in Phase I Youth Wrestling!

Dates: Tuesdays and Thursdays
 January 16-February 22
Times:
 Beginner II 6:00-6:45 p.m. **#321649.1**
 Advanced 7:00-8:00 p.m. **#321649.2**
Place: Greendale Middle School
 Upper Gym
Fee:
 Beginner: Resident \$55.00
 Non-Resident \$65.00
 Advanced: Resident \$85.00
 Non-Resident \$95.00
Instructor: Brandon Kircher, NCAA National Qualifier at UW-Parkside, WI
 State Place winner, 3x WIAA state qualifier

Note: Participants are expected to be on-time and come prepared for activity. Dress should be tennis shoes, socks, t-shirts, and shorts or sweatpants (no zippers) and no jewelry. Also, bring a water bottle.

The Beginner II program will focus on the fundamentals of wrestling and build upon what was learned in Phase I. To participate in Beginner II program, students will have had to complete this fall Beginner wrestling program. The advanced program will focus on live hands-on wrestling. To be considered for the advanced program, you have completed Phase I of the program previously, have experience wrestling, and are comfortable with the sport. To participate in the Phase II program, students will have had to complete this fall wrestling program or have other wrestling experience. Whitnall residents will pay resident fee due to the Co-Op WhitDale Wrestling program.

Skyhawks Floor Hockey

ages 5 through 10



Played on a hard surface, these classes focus on hand-eye coordination and reaction time to learn the sport of hockey. These young athletes will learn stickhandling, passing, shooting, and teamwork in a non-contact environment.

Dates: Thursdays, February 15-March 7
Times:
 ages 5-7 5:15-6:00 p.m. #321674.1
 ages 8-10 6:10-7:10 p.m. #321674.2
Place: Canterbury Elementary School Gym
Fee:
 ages 5-7 Resident \$66.00
 Non-Resident \$76.00
 ages 8-10 Resident \$74.00
 Non-Resident \$84.00
Instructor: Skyhawks Sports

Skyhawks HoopsterTots

ages 2 through 4



Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately-sized basketballs are used to always provide just the right amount of challenge. Parent participation is required.

Dates: Thursdays, March 14-April 11
 exclude March 28
Times:
 ages 2-3 5:15-5:45 p.m. #321668.1
 ages 3-4 5:55-6:25 p.m. #321668.2
Place: Canterbury Elementary School Gym
Fee: Resident \$58.00
 Non-Resident \$68.00
Instructor: Skyhawks Sports

Skyhawks Volleykats

ages 4 through 6



A great way to learn the signature sport of summer! One of the more difficult motor skills to grasp for children, these forgiving classes help them learn to bump, set, and spike, as well as develop agility, reaction, speed, and teamwork.

Dates: Thursdays, April 18-May 9
Times: 5:15-6:00 p.m. #321642.1
Place: Canterbury Elementary School Gym
Fee: Resident \$66.00
 Non-Resident \$76.00
Instructor: Skyhawks Sports



Skyhawks Volleyball

ages 7 through 9



Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginning to intermediate player and includes a focus on critical life skills such as leadership and teamwork.

Dates: Thursdays, April 18-May 9
Times: 6:10-7:10 p.m. #321643.1
Place: Canterbury Elementary School Gym
Fee: Resident \$74.00
 Non-Resident \$84.00
Instructor: Skyhawks Sports

Skyhawks Beginning Golf

ages 6 through 10

Skyhawks Beginning Golf is powered by Payne Stewart Golf Experiences, the recommended entry-level golf program for PGA Junior Golf Camps. The unique, games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate plastic golf equipment will be provided.

Dates: Saturdays, May 4-May 25
Times:
 ages 6-7 9:00-10:00 a.m. #321610.1
 ages 8-10 10:10-11:10 a.m. #321610.2
Place: Community Center Park
Fee: Resident \$74.00
 Non-Resident \$84.00
Instructor: Skyhawks Sports
Note: Skyhawks participants should bring: Appropriate athletic attire and sneakers, water bottle, sunscreen (outdoor camps), hat (optional, outdoor camps). All golf equipment will be provided. No outside golf equipment is allowed.

Skyhawks Track and Field

ages 5 through 12



Skyhawks Track & Field combines technical development, fundamental techniques, and safety with a major focus on fun! Using special equipment, our staff teaches exercises and drills that prepare athletes for a future of track & field events and cross-country while inspiring a love for running and being active. Track & Field athletes will participate in events such as sprints, relays, hurdles, shot put, and long jump. Participants put it all together for one fun-filled day at the Skyhawks track meet!

Dates: Saturdays, May 4-May 25
Times:
 ages 5-7 11:30 a.m.-12:30 p.m. #321606.1
 ages 8-12 12:40-1:40 p.m. #321606.2
Place: Community Center Park
Fee: Resident \$74.00
 Non-Resident \$84.00
Instructor: Skyhawks Sports
Note: Skyhawks participants should bring: Appropriate athletic attire and sneakers, water bottle, sunscreen (outdoor camps), and hat (optional, outdoor camps).

Skyhawks Soccer Tots

ages 2 through 4



This soccer-themed class helps youngsters develop motor skills while getting involved in sports. We develop kicking, running control, and dribbling. This course will help kiddos learn to listen and follow instructions all while playing a variety of fun games with lots of physical activity. Parent participation is required.

Dates: Sundays, May 5-May 26
Times:
 ages 2-3 1:00-1:30 p.m. #321645.1
 ages 3-4 1:40-2:10 p.m. #321645.2
Place: Community Center Park
Fee: Resident \$58.00
 Non-Resident \$68.00
Instructor: Skyhawks Sports
Note: Skyhawks participants should bring: Appropriate athletic attire and sneakers, water bottle, sunscreen (outdoor camps), and hat (optional, outdoor camps)

Skyhawks Soccer

ages 5 through 12

Using our progressional curriculum, our sport-specific staff will ensure your young athlete will gain the technical skills & sport knowledge required for their next step into soccer. This camp focuses on dribbling, passing, shooting, and ball control. By the end of the camp your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their sport skills preparing them to play for the playground or league play!

Dates: Sundays, May 5-26
Times:
 ages 5-7 2:20-3:20 p.m. #321647.1
 ages 8-12 3:30-4:30 p.m. #321647.2
Place: Community Center Park
Fee: Resident \$74.00
 Non-Resident \$84.00
Instructor: Skyhawks Sports
Note: Skyhawks participants should bring: Appropriate athletic attire and sneakers, water bottle, sunscreen (outdoor camps), and hat (optional, outdoor camps).

Spring Tennis Lessons

ages 5 through 13

Pee Wee (ages 5 through 7)

Program is a modified version of tennis that anyone can play the first day. Children will progress toward the traditional game of tennis.

Beginner I (ages 8 through 13)

No or limited knowledge.

Beginner II (ages 8 through 13)

Have basic fundamental skills in forehand/backhand, need more work on serving.

Dates: Tuesdays and Thursdays
May 7-May 30

Times:
Pee Wee 5:30-6:00 p.m. **#321701.1**
Beg I 6:05-6:50 p.m. **#321704.1**
Beg II 6:55-7:40 p.m. **#321704.2**

Place: Community Center Park
Tennis Courts
6200 S. 76th Street

Fee: Resident \$30.00
Non-Resident \$55.00

Instructor: Jennifer Derksen

Note: Bring your own racquet if you have one; otherwise, appropriate sized racquets will be provided and balls.

Bowling Instruction

ages 5 through 11

A great beginner bowling program. Participants will learn about bowling etiquette, scoring, and mechanics during the instruction portion of each lesson. Following the instruction, kids will take to the lanes to apply what they learned.

Dates: Saturdays **#321670.1**
March 23-April 27

Time: 11:00 a.m.-12:00 p.m.

Place: Classic Lanes-Greenfield, 5404 W.
Layton Avenue

Fee: Resident \$65.00
Non-Resident \$75.00

Instructor: Staff of Classic Lanes

Note: Each lesson contains instruction, shoe rental, and an hour of bowling.



Teen Sports Sampler

grades 6 through 8



Join the staff of Greenfield Parks and Recreation for fun filled spring evenings playing a variety of sports. Register for one or both!

Dodgeball

"If you can dodge a wrench, you can dodge a ball!" No need to practice like they do in the movies. Have a blast playing dodgeball with your friends on Thursday nights. Each week, teams will be formed, and then let the dodgeball frenzy begin! Fun new variations will be used each week.

Dates: Wednesdays **#321629.1**
March 20-April 10

Time: 7:00-8:00 p.m.
Place: Glenwood Elementary School Gym
3550 S 51st Street, Greenfield

Kickball

It's the game that never gets old and is always fun to play! Join us for some summer sunshine, and enjoy some fun kickball games. We will form new teams each week and mix up the rules to keep each week different and interesting. Exercise doesn't have to be hard-come and enjoy fresh air and kickball.

Dates: Thursdays **#321607.1**
April 18-May 9

Time: 6:00-7:00 p.m.
Place: Greenfield Middle School
3200 W Barnard Avenue, Greenfield

All Programs Fee:

Resident \$30.00
Non-Resident \$45.00

Instructor: Staff of Greenfield Parks and Recreation

NEW!

Special Olympics Basketball Skills

ages 8 year and older

Greendale Park and Recreation is now the Agency Manager for Greendale Special Olympics. Special Olympics provide a variety of Olympic-type sports for children and adults with intellectual disabilities.

Dates: Wednesdays **#324001.1**
January 24-March 20

Time: 5:30-7:00
Place: Canterbury Elementary School
Gym

Fee: No charge; however, participants must register

Instructor: Special Olympics Volunteer

Note: After registering, please email Greendale Park & Recreation Supervisor Kelly Schmidt at kelly.schmidt@greendaleschools.org as soon as possible to be sure to comply with Special Olympics nation-wide rules and deadlines. Participants must be 8 years old by January 1, 2024. This program is for previous participants and Greendale residents only.

Special Olympics Athletics (Track & Field)

ages 8 years and older

Greendale Park and Recreation is now the Agency Manager for Greendale Special Olympics. Special Olympics provides a variety of Olympic-type sports for children and adults with intellectual disabilities. We will practice on Saturdays and plan to participate in regional and state competitions pending abilities and scores.

Dates: Saturdays **#324001.2**
March 2-June 8

exclude March 30
10:00-11:30 a.m.

Time: 10:00-11:30 a.m.
Place: Greendale High School
Track

Fee: No charge; however, participants must register

Coach: Ron Irwin

Note: After registering, please email Greendale Park & Rec Recreation Supervisor Kelly Schmidt at kelly.schmidt@greendaleschools.org as soon as possible to be sure to comply with Special Olympics nation-wide rules and deadlines. Participants must be 8 years old by March 1, 2024. This program is for previous participants and Greendale residents only.

NEW!

TOPSoccer

ages 4 years and older

TOPSoccer (The Outreach Program for Soccer) is a community-based training program for young athletes with disabilities, organized by TOPSoccer SE WI. The program is designed to bring the opportunity of learning and playing soccer to any boy or girl, age 4 and older, who has a mental or physical disability. Our goal is to enable any young athletes with disabilities to become valued and successful members of the US Youth Soccer family.

Dates: Wednesdays **#321626.1**
April 3-May 8

Time: ages 4-12 5:00-5:45 p.m.
ages 13+ 6:00-7:00 p.m.
Place: Greendale Middle School
Gym

Fee: Resident \$20.00
Non-Resident \$30.00

Instructor: TOPSoccer SE WI Staff

Note: Family member participation is required for ages 4-12.

Hooper Hands Basketball Academy

ages 4 through 11

Basketball 101 ages 4-8



This class designed to give your child an overview of basic basketball skills. During the class, participants will be introduced to dribbling, shooting, rebounding, and passing.

Basketball 201 ages 9-11

This class is designed to develop the basic fundamentals of the game of basketball. Participants will be introduced to various ball handling, shooting, passing and rebounding drills. To show case skills learned in class, the Hooper's will perform team play at the end of some classes.

Session I

Dates: Fridays
March 1-22

Times:
ages 4-5 5:45-6:30 p.m. #321621.1a
ages 6-8 6:40-7:25 p.m. #321621.1b
ages 9-11 7:35-8:20 p.m. #321621.1c

Pass-Shoot-Score

This is a mini-basketball-league-class. In the beginning of class, participants will complete a series of different basketball fundamental drills and skills. We will conclude class with players being divided into teams and competing against each other.

Session II

Dates: Fridays
April 5-26

Times:
ages 4-5 5:45-6:30 p.m. #321621.2a
ages 6-8 6:40-7:25 p.m. #321621.2b
ages 9-11 7:35-8:20 p.m. #321621.2c

Place: Greendale Middle School
Main Gym

Fee: Resident \$63.00
Non-Resident \$73.00

Instructors: Staff of Hooper Hands

Note: Please bring a bottle full of water marked with the child's name.

Spring Volleyball Camps

girls and boys, grades 6 through 8

Interested in the sport of volleyball and want to know if it's right for you? Want to get some more touches on the ball during the volleyball club season? Missing volleyball now that the middle school season is complete? If you answered yes to any of these questions, then maybe this program is for you. Beginner sessions will focus on skill instruction and games that use the skills being taught. Advanced sessions will focus on instructional drills and game play. Advanced players should have previous volleyball experience of playing on a team.

Dates: Tuesdays
April 2-30
exclude April 16

Time:
Beginner 5:15-6:00 p.m. #321612.1
Advanced 6:15-7:15 p.m. #321612.2
Place: Greendale Middle School
Main Gym

Fee:
Beginners Resident \$50.00
Advanced Resident \$65.00

Instructor: Kelly Schmidt, GHS Varsity Volleyball Coach
Note: For Greendale Residents only. Please wear athletic clothing and gym shoes, no street shoes. Knee pads are suggested, but not required. Bring a filled labeled water bottle. Net will be at women's height and no volley-lites will be used.



Jr Panthers Volleyball

Open to Greendale Residents who are girls entering 7th and 8th Grade in the 2024-25 school year. Tryouts will be the week of May 20th, 2024 at the Greendale Middle School Gym.

For those who make the team the cost per player is \$250.00.

To express interest in tryouts or have questions, contact
greendalegirlsvolleyball@gmail.com.

Bucks Little Dribblers

ages 4 through 10

The Milwaukee Bucks Little Dribblers program takes place over a four-week period. Each weekly session lasts for one hour and is designed to introduce your child to the fundamentals of basketball including: dribbling, passing, and shooting skills.

Every "Little Dribbler" participant will receive a performance style t-shirt, Bucks youth basketball branded basketball, ticket and a chance to show their skills at a Bucks home game during the 23-24 season.

Dates: Saturdays #321665.1
February 3-February 24

Time: 10:45-11:45 a.m.

Place: Greendale Middle School
Gym

Fee: Resident \$120.00
Non-Resident \$130.00

Instructor: Milwaukee Bucks Staff

Note: This program is limited to the first 60 participants, so sign up ASAP!



Milwaukee Bucks Spring Break Camp

ages 7 through 14

Planning a staycation for Spring Break? Keep the kids in your life active at this Milwaukee Bucks Spring Break Camp! Participants will learn the game of basketball in a fun and team-oriented environment.

Each Spring Break participant will receive a t-shirt and a ticket to a future Milwaukee Bucks home game.

Dates: Monday-Thursday #321684.1
March 25-28

Time: 9:00 a.m.-12:00 p.m.

Place: Greendale High School
Main Gym

Fee (inc. t-shirt): Resident \$195.00
Non-Resident \$205.00

Instructor: Milwaukee Bucks Staff



Baseball Pitching Camp

boys, grades 3 through 8



This pitching camp will be a foundation for any pitcher leading into their summer season. The focus of the camp will be on developing proper pitching mechanics along with the mental aspect of pitching. Drills used for throwing progressions will also be taught.

Dates: Saturdays **#321651.1**
March 2, 9, and 16

Time: 9:00-10:00 a.m.

Place: Greendale High School
Main Gym

***Fee** (includes t-shirt):
Resident \$70.00
Non-Resident \$80.00

Instructor: Brian Johnsen, GHS Head Varsity Baseball Coach and staff and players

Note: Students must bring a parent or older teen who can catch for them. Bring a baseball glove, kitchen/hand towel, and gym shoes (no cleats). No jeans or baggy clothes.

Registration for all 3 camps:

*If registering for all three baseball camps (hitting, pitching and fielding) at the same time, receive a discount. Total cost is \$175.00. **#321637.1**

Baseball Fielding and Baserunning Camp

boys and girls, grades 5K through 8



The fielding portion of this camp will focus on the fundamentals and strategies necessary to be strong defensively. Both infield and outfield positions will be focused on. The baserunning portion will focus on technique and mental awareness necessary to be a great baserunner. Students will be divided into groups according to grade levels.

Dates: Saturdays **#321673.1**
March 2, 9, and 16

Time: 11:30 a.m.-12:30 p.m.

Place: Greendale High School
Main and Upper Gyms

***Fee:** Resident \$60.00
Non-Resident \$70.00

Instructor: Brian Johnsen, GHS Head Varsity Baseball Coach and staff and players

Note: Students must bring a baseball glove, kitchen/hand towel. Dress in gym clothes and gym shoes (no cleats). No jeans or baggy clothes.

Registration for all 3 Camps:

*If registering for all three baseball camps (hitting, pitching and fielding) at the same time, receive a discount. Total cost \$175.00. (grades 3 through 8 only) **#321637.1**

Baseball Hitting Camp

boys and girls, grades 5K through 8



Batters Up! This hitting camp will prepare you for the summer baseball season. The focus of the camp will be on hitting fundamentals, drills to improve hitting skills, bunting, and mental preparation. Students will be divided into groups according to grade levels.

Dates: Saturdays **#321655.1**
March 2, 9, and 16

Time: 10:15-11:15 a.m.

Place: Greendale High School
Main and Upper Gyms

***Fee** (includes t-shirt):
Resident \$70.00
Non-Resident \$80.00

Instructor: Brian Johnsen, GHS Head Varsity Baseball Coach and staff and players

Note: Students must bring a baseball bat, kitchen/hand towel. Dress in gym clothes and gym shoes (no cleats). No jeans or baggy clothes.

Registration for all 3 Camps:

*If registering for all three baseball camps (hitting, pitching and fielding) at the same time, receive a discount. Total cost \$175.00. (grades 3 through 8 only) **#321637.1**



Recreational Youth Baseball & Softball

4K through 8th Grade

Where kids have fun,
improve at baseball or
softball, and experience
being part of a team

2024 Summer Registration
at TwiniNitebaseball.org

begins on
Friday, December 1st!

*(Discount and raffle prize
for early registrants)*

**Opening Day is
Monday, May 13th**

For more information:
twiniyouthbaseball@gmail.com

Academy of Shaolin Martial Art Kung Fu, Kenpo, Tai Chi

ages 6 years and older

Come learn a traditional martial art for its history, health, and mental improvement. You will learn traditional forms, self-defenses, and basics to improve ones' health and physical well-being. Learn from certified Master (6th) level teacher in Pai Lum Tao (The Way of the White Dragon).

Little Dragons – ages 6 through 10

Junior/Adult Dragons – ages 11 and older

Dates/Times:	Mondays	
Session I	January 22-February 12	
Little Dragons	5:45-6:40 p.m.	#322701.1a
Jr./Adult Dragons	6:45-7:40 p.m.	#322701.1b
Session II	February 26-March 18	
Little Dragons	5:45-6:40 p.m.	#322701.2a
Jr./Adult Dragons	6:45-7:40 p.m.	#322701.2b
Session III	April 1-22	
Little Dragons	5:45-6:40 p.m.	#322701.3a
Jr./Adult Dragons	6:45-7:40 p.m.	#322701.3b
Session IV	April 29-May 20	
Little Dragons	5:45-6:40 p.m.	#322701.4a
Jr./Adult Dragons	6:45-7:40 p.m.	#322701.4b

Place: Community Learning Center
5647 Broad Street
Lower Level

Fee per session: Resident \$45.00
Non-Resident \$55.00

Instructor: Sigung Dennis Shain 6th (Master) Level in the Martial Arts

Note: Wear black sweat pants (no pockets or please sew pockets shut), a black t-shirt, and tennis shoes or bare feet. Students continuing after one session of classes will be required to purchase a uniform (Instructor Shain will provide more information at class).



Archery Instruction

ages 8 years and older

Beginner/Casual archery is a five-week course where instruction will be given to beginners or those wanting to improve their archery skills. Learn the sport of archery and all the safety rules will be explained and enforced throughout classes.

Registrants must have their own equipment (bow-NO crossbows; arrows-NO broad head arrows; quiver; tab/release; and arm guard). Those without equipment will be charged an additional fee for equipment rental which may be shared.

Dates:	Wednesdays	#321653.1
	April 24-May 22	
Times:	5:00-7:00 p.m.	
Place:	Schultz Rod and Gun Club Archery Range W146 S8025 Schultz Lane Muskego	
Fees:		
Own Equip.	Resident \$40.00 Non-Resident \$50.00	
Rent Equip.	Resident \$50.00 Non-Resident \$60.00	
Instructors:	Archery Members of Schultz Gun Club	
Note:	Registrants under 16 years of age must have a parent/guardian present at all times. For more information and directions to the archery range visit www.schultzgundub.com .	

Greendale Child Development Days

Who: All Greendale resident children turning 3-4 years of age in the 2023-2024 school year

Where: Highland View Elementary- 5900 St. 51st St.

When: Tuesday, January 30, 2024 from 8 a.m.-2 p.m.
Thursday, April 25, 2024 from 3:15 p.m.-7 p.m.

Greendale Child Development Days will offer:

- Screening of your child's speech and language development, readiness skills, social-emotional maturity, and fine and gross motor skills.
- Information on normal child growth and development.
- Access to developmental resources.
- Screening of your child's vision and hearing.

Families will be able to obtain informational handouts, share refreshments and receive a free gift for their children.

Please call (414) 423-2713 to schedule your appointment.

Open Play Pickleball

adults

Pickleball is a great sport to get and stay active, and increase cardio exercise, while being social and meeting new Pickleballers! This Pickleball program is open, drop-in style for all types of recreational players.

Dates:		
Session I	Mondays	#311605.1
	April 29-June 24 exclude May 27	
Session II	Thursdays	#311605.2
	May 2-June 20	
Session III	Mondays & Thursdays	#311605.3
	April 29-June 24 exclude May 27	
Time:	9:30-11:30 a.m.	
Place:	Community Center Park 6200 S. 76th Street Pickleball Courts	

Fee per session:

Mondays	Resident \$26.00 Non-Resident \$36.00
Thursdays	Resident \$26.00 Non-Resident \$36.00
Mon. <u>AND</u> Thurs.	Resident \$40.00 Non-Resident \$50.00

Supervisor: Greendale Park & Rec Volunteers

Note: Paddles and balls will be available for use during the program for those individuals who do not have their own. Participants should bring their own lawn chair and filled water bottle for between games.



Ladies 5 Hole Tour

adults-ladies only



Are you looking to improve your golf game, play a few holes and be with your friends? This 10-week (Monday evening or Tuesday morning) and 13-week (Tuesday evening), 5-hole golf league, for ladies only, gives you a chance to learn the game and play a few holes of golf. Lessons will be 5:15-6:15 p.m. (Mondays), 9:30-10:30 a.m. (Tuesdays), or 5:15-6:15 p.m. (Tuesdays) with golf to follow.

At the conclusion of your lesson, pick who you want to play with, you'll then be assigned a starting hole for you and your friends to play as many holes as you wish.

Monday and Tuesday registrants should plan to attend the "Get Acquainted/Informational" meeting on **Monday, May 20th**, at 6:00 p.m. at MLCC. Refreshments will be served (beer and soda for nominal charge, snacks free) with the evening including explanations of league activities, common golf terms, and rules.

Dates/Times:

Session I Monday Evenings **#311603.1**
June 3-August 12
exclude July 1
5:15 p.m.-lesson with play to follow at
6:15 p.m.

Session II Tuesday Mornings **#311603.2**
June 4-August 13
exclude July 2
9:30 a.m.-lesson with play to follow at
10:30 a.m.

Session III Tuesday Evenings **#311603.3**
May 21-August 20
exclude July 2
5:15 p.m.-lesson with play to follow at 6:15 p.m.

(note no lessons on June 4 and 25, July 23 and 30, and August 13)-arrive at 6:00 p.m.

Place: Muskego Lakes Country Club
Hwy 36-Muskego

Fee per session:

Session I or II Resident \$355.00
Non-Resident \$365.00

Session III Resident \$415.00
Non-Resident \$425.00

Instructors: Bob Bayer, Derek Dehart, Kyle Petersen,
Jim Maher, Mike Bode and Mark Krause,
Golf Pros at MLCC

Note: Included in the fee is your golf, lessons, range balls, and a golf cart. Vouchers are issued for up to two missed lesson days for a future round of golf in the 2024 season. Call (414) 425-6500 for status of class when weather is questionable. Please be on time! More information is available at "Muskegolakes.com".

Deadline to register: April 15th
(or until filled)

Sunday Co-Rec Softball League

ages 18 years and older

The Greenfield Park and Recreation Department will begin accepting new 2024 adult open co-rec summer softball team registrations on Tuesday March 12th. All games will be played Sundays at Konkil Park on fields #1 or #2 at 5:00, 6:00, 7:00 or 8:00pm. League begins Sunday April 21st and runs through July 28th. Minimum of 10 players per team. A team fee of \$350 (includes the department providing softballs), resident player fee of \$12.00, and non-resident player fee of \$24.00 per person will be charged. Greendale residents will pay resident player fees. Teams can register through teamsideline.com/greendale.

Thursday Men's Softball League

ages 18 years and older

The Greendale Park and Recreation Department will begin accepting registrations for returning men's softball teams for the 2024 season on Monday, January 8th. New teams can register beginning Monday, March 11th. There is a maximum of 12 teams, first come, first serve basis. All games will be played on Thursdays at the Community Center Park softball field diamonds #2 or #3 at 6:45, 7:45, or 8:45pm. League begins Thursday, May 9th and runs through Thursday, August 15th. Maximum of 18 players per team.

A team fee of \$350.00 (includes the department providing softballs), resident player fee of \$5.00 per person, and a non-resident player fee of \$10.00 per person will be charged. All team and players fees are due before the first night of the league.

Manager contracts and blank team rosters can be found on the Greendale Park and Recreation website under "Sports", then "Softball". Completed contracts and rosters can be dropped off or mailed to the Park and Recreation Department or emailed to Recreation Supervisor, Kelly Schmidt, at kelly.schmidt@greendaleschools.org.

Adult Bags League

ages 21 years and older

The Greendale Park and Recreation Department will begin accepting 2024 adult spring Bags team registrations on Monday, April 1st. There is a Monday and/or Wednesday league choice. All games will be played at the space between the Community Learning Center and the Panther Pub (6:15, 7:00, 7:45 p.m.). This six-week season will begin in early May and continue in June. Maximum of 4 players per team. Team fee is \$40.00. Top finishers will receive a gift card to the Panther Pub and Eatery.

Bags League contract and roster form can be found on the Greendale Park and Recreation website under "Sports", then "Bags". Completed Bags League contract and roster form can be dropped off or mailed to the Park and Recreation Department or emailed to Recreation Supervisor, Kelly Schmidt, at kelly.schmidt@greendaleschools.org.

For further information, contact the Park and Recreation Department at (414) 423-2790 or email Recreation Supervisor, Kelly Schmidt, at kelly.schmidt@greendaleschools.org

Co-Rec Volleyball Leagues

adults

There are three leagues with a maximum of 12 players per team and 4 teams per Monday league (3 leagues).

Monday A, Monday B, Monday C leagues available.

Dates: Mondays
January 15-March 18
Times: 6:30, 7:30, and 8:30 p.m.
Place: Greendale Middle School
Gym
Fee: \$200.00 team fee plus
\$5.00 Resident
\$10.00 Non-Resident player

Supervisor: Greendale Park & Recreation Staff
Note: Spots will be filled on a first-come, first-serve basis. Co-Rec Volleyball Managers Contract and Team Roster Form can be found on the Greendale Park and Recreation website under "Sports", then "Volleyball". Completed Co-Rec Volleyball League contract and roster forms can be dropped off or mailed to the Park and Recreation Department or emailed to Recreation Supervisor, Kelly Schmidt, at kelly.schmidt@greendaleschools.org. The \$200.00 team fee must accompany the registration. Returning teams were given the opportunity to register at the beginning of November so spots may be limited. Contact Kelly at the Park and Rec Office for league availability.

Open Recreation Volleyball

coed adults

Supervision is provided for adults to get together and play volleyball. Department provides the equipment, you provide the energy! Participants must wear gym shoes. No street shoes.

Dates: Thursdays **#311601.1**
January 25-April 18
exclude March 7 & 28
Time: 7:00-9:30 p.m.
Place: Greendale Middle School
Main Gym
Fee: Resident \$44.00
Non-Resident \$55.00
Supervisor: Greendale Park & Recreation Staff

AFTER SCHOOL ACTIVITIES

STEM Exploration

grades 5K through 5

Explore all areas of STEM (Science, Technology, Engineering, and Math) with local High School students. Activities will include using chemistry to create polymers, exciting engineering challenges, math and coding games, and more through interactive activities! Help your aspiring scientist or engineer grow their knowledge by enrolling today!

Dates/Places:

Session I Fridays
January 26-February 9
Canterbury School
Art Room **#320806.1**

Session II Fridays
February 23-March 8
College Park
Art Room **#320806.2**

Session III Fridays
March 15-April 12
exclude March 22 and 29
Highland View School
Art Room **#320806.3**

Time: 3:50-4:50 p.m.

Fee per session: Resident \$30.00

Instructors: Greendale Robotics "Team A.L.I.E.N."
(supervised by Aleks Skibicki)

Note: Open to new and returning students from previous sessions. Some new projects and some "favorite" repeats this session.

60 Minutes of Play

grades 5K through 5

This program is a fun and exciting way to stay active and try a variety of games. We will play at least 3 different games or activities each day. Activities will range from sports to playground-style games.

Dates/Places:

Session I Mondays
February 26-March 18 **#321657.1**
Session IV April 8-April 29
Canterbury Gym **#321657.4**

Session II Tuesdays
February 27-March 19 **#321657.2**
Session V April 2-April 23
College Park Gym **#221657.5**

Session III Thursdays
February 29-March 21 **#321657.3**
Session VI April 4-April 25
Highland View Gym **#321657.6**

Time: 3:50-4:50 p.m.
Fee: Resident \$25.00
Non-Resident \$35.00

Instructor: Linda Jacobson

Note: Bring a water bottle and dress to be active

Introduction to Taekwondo

grades 5K through 5

This beginner program will emphasize character development and physical activity which will foster greater self-discipline, concentration, and confidence in participants. All students will participate in drills that will teach them techniques for basic self-defense. They will also do exercises in order to learn how to safely break a board, which is a major confidence builder!

Dates/Places:

Session I Tuesdays
April 16-May 7
Highland View School
Gym **#322706.1**

Session II Wednesdays
April 17-May 8
Canterbury School
Gym **#322706.2**

Session III Thursdays
April 18-May 9
College Park School
Gym **#322706.3**

Time: 3:50-4:50 p.m.
Fee per session: Resident \$25.00
Non-Resident \$35.00
Instructor: Staff of J.K. Lee Black Belt
Academy-Hales Corners

Note: Participants should wear athletic shoes.



Chess Scholars with Instruction

grades 5K through 5

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Chess can also enhance children's motivation, concentration, focus, social skills, and creativity! No previous knowledge of chess is necessary.

Each class will consist of a fun interactive teaching period and guided practice time. Beginner and experienced participants are welcome and will receive instruction to get them to the next level under the guidance of an experienced Chess Scholars coach.

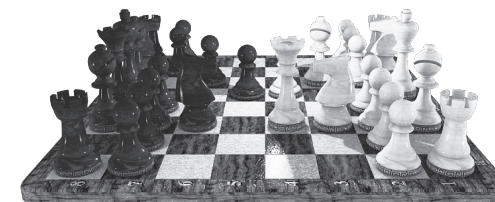
Dates/Places:

Session I Mondays
January 29-March 18
exclude February 19 **#322402.1**
Session IV April 8-May 20
Highland View School
Library/LMC **#322402.4**

Session II Tuesdays
February 6-March 19 **#322402.2**
Session V April 16-May 28
Canterbury School
Art Room **#322402.5**

Session III Wednesdays
February 7-March 20 **#322402.3**
Session VI April 17-May 29
College Park School
Art Room **#322402.6**

Time: 3:50-4:50 p.m.
Fee per session: Resident \$105.00
Non-Resident \$115.00
Instructor: Staff of Chess Scholars



Forte Theatre Company

grades 6 through 8

Join Forte Youth Productions for a Theatre Workshop at Greendale Middle School! In this after school class, students will focus on acting, vocal production and theatre skills through improvisation, theatre games, and scene work. No experience required. Parents are invited to attend a special showcase at the end of each session.

Dates: Thursdays
 Session I February 1-March 21 **#322201.1**
 Session II April 11-May 30 **#322201.2**
Time: 3:15-4:30 p.m.

Place: Greendale Middle School
 Room 106 (Choir Room)

Fee Per Session:

Resident \$110.00
 Non-Resident \$120.00

Instructor: Forte Teaching Artists, all of whom are professional actors in and around the Greater Milwaukee Area.

Note: New and returning students are welcome at each session.



NEW!

Comic Book Workshop

ages 7 through 16

Students begin by covering simple aspects of cartooning, like discussing the eyes as drivers of emotion in comics or different languages of comics. Then they draw more extensive animals and popular cartoon characters, using the input of the group to add wild and wacky features to familiar drawings. Included is POSE DRAWING, where group members will strike a crazy pose up front while we, or another group member, draw them. Finally, students will create a six-panel comic, discussing aspects of storytelling as they make an original comic together!

The precise content of the workshop is determined by group participation, with room for spontaneity within the structure loosely outlined above. Students are encouraged to pursue their own inspiration and staff will work with all abilities. They will leave this workshop inspired and excited to do art.

Dates: Tuesdays **#320419.1**
 February 6-March 5

Time: 4:00-6:00 p.m.
Place: Greendale Middle School
 Art Room 290

Fee: Resident \$140.00
 Non-Resident \$150.00

Instructor: Do Art Productions Cast Members

Note: Do Art Productions has held over 70 workshops across the country and have been in the business of creating comics for 5 years

Skyhawks Multi-Sport Class

grades 6 through 8

Skyhawks Multi-Sport Class is designed to develop hand/eye coordination, movement, and balance through a series of fun games including Basketball, Soccer, Flag Football, Capture the Flag, Kickball, and many more activities.

Dates: Mondays **#321644.1**
 April 29-May 20

Times: 3:20-4:20 p.m.
Place: Greendale Middle School
 Outdoor Athletic Fields
 (east of school building)

Fee: Resident \$74.00
 Non-Resident \$84.00

Instructor: Skyhawks Sports



Don't Miss Out... More After School Opportunities



If you are interested in this program, please visit their website for more information or to register!

MAD SCIENCE

Tuesdays (CP)

February 20-March 12

Wednesdays (HV)

February 7-March 13

Thursdays (CA)

February 8-March 14

262-330-5029
milwaukee.madscience.org



Department Policies

Department Sales Tax

Sales tax is included in those programs that have an admission charge, such as open swim, open basketball and entry fees for any leagues (volleyball/softball/ basketball), in accordance with the Department of Revenue laws.

Waiting Lists

When you register and your class is filled, please be sure to call the office to get on the waitlist . The Department will make every effort to accommodate those on the waiting lists (adding classes, etc). If any openings become available, we will then go to the waiting list to fill the class. Once you've been called about a class opening, you have two days to pay for your spot or it will be released to the next person on the waiting list.

Transfer and Refund Policy

The Park and Recreation Department will assess a service fee of \$5.00 for any class transfer or refund request in all classes that are not covered by our refund policy. NO refund will be given unless the Department cancels the class. To receive a refund, you must bring in your receipt seven (7) full business days prior to the class starting date. There also will be no prorating of class fees.

Refund Checks

If the department cancels a class, or you request a refund, checks are processed from the Park and Recreation Office, and will be mailed out. They take up to 2 weeks to receive.

Notice of Nondiscrimination Policy

It is the policy of the Greendale School District that no person shall be denied admission to, participation in, the benefits of any curricular, extracurricular, pupil services, recreational or other program or activity, or employment on the basis of sex, race, color, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, medical condition or disease, or physical, mental, emotional or learning disability.

No Smoking/Alcohol Use Policy

A reminder to all program participants: The use of all tobacco products or drinking of alcoholic beverages on premises owned or rented by the Greendale School District is prohibited by state law. Your cooperation in upholding this law is necessary.

Adaptive Program

We are interested in identifying the recreational needs of children and adults with disabilities who reside in Greendale. These needs may include adaptive or mainstreamed programming or resource assistance. Please contact the Greendale Park and Recreation Department weekdays at (414) 423-2790 if there is a program that someone you know would like to participate in but special adaptation may be necessary.

Hospital/Medical Insurance

The Department does not provide hospital/medical insurance coverage for people participating in sponsored activities. Further, the School District and/or Village does not provide hospital/medical coverage for Department sponsored activities. Participants are encouraged to obtain their own insurance coverage prior to and for the duration of the activity they take part in.

Cooperative Programming

What does this mean? When you see this symbol it means this program is being made available as part of a cooperative programming agreement with other local departments or agencies. This is being done because individually each department or agency may not have the facility or instructor or enrollment necessary to offer the program. Working together the cooperative departments are able to better serve the needs of their residents by expanded program opportunities.

Class Cancellations

1. Due to weather...Questions regarding class cancellations often arise with weather. We may wait up to one hour prior to class time to cancel a class. Parents are encouraged to use their own discretion about sending children if conditions are questionable. If Greendale cancels schools for the day or sends students home, all Park and Recreation activities are cancelled.
 - a. If the program is being held at a Greenfield location, please call the Greenfield Parks & Recreation 24 hour hotline at (414) 297-9008.
2. If you have not been informed by email or phone, assume your activity has not been cancelled.
3. If poor weather conditions develop within 1-1/2 hours of the activity/event, report to the site if in doubt. Remember all sites are unique and activities may be conducted or modified.
4. Once at a program site, decisions concerning the cancellation or discontinuation of the activity will be in the judgment of the instructor, site supervisor/leader or game official.
5. If unanticipated school (educational or athletic) programming, unrelated to weather, forces program cancellation all registered participants will be notified by email or phone.

Confirmations are not mailed unless a self-addressed stamped envelope is enclosed

Serving the School Board and Village Board and the Department in an advisory capacity ,
is the Greendale Park and Recreation Committee.

Park and Recreation Committee Members

Joydeep Bhattacharya, School Board Appointee* Rachael Bush, School Board Appointee*
Caitlin Konecny, Village Board Appointee* Robby McFaul, Village Trustee *Alaina Kohl, School Board
Appointee-Student Representative*Eileen Rauterberg, Committee Appointee*
Aleks Skibicki, Village Board Appointee* Stephen Waite (Chairman), Village Board Appointee-Senior Representative*
Robert Kobleska, School Board Member

Department Staff

Director: Ryan Broderick • Recreation Supervisor: Kelly Schmidt • Child Care Director: Kathy Fern •
Administrative Assistant: Alexandra Gates • Bookkeeper: Julie Goetz • Plus the 85+ child care staff/seasonal instructors/supervisors
scorekeepers, etc. who work very hard to provide you with the selection and quality of programs offered year-round

Park & Rec Volunteers: Debbie Eberhardt, Jim Goetz, and Jane Stoller

GREENDALE PARK AND RECREATION DEPARTMENT
Community Learning Center• 5647 Broad Street, Greendale, Wisconsin 53129
(414) 423-2790

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Park and Recreation Department
5647 Broad Street • Greendale WI 53129
(414)423-2790
gpr.greendale.k12.wi.us

**GREENDALE
PARK and RECREATION
DEPARTMENT
SUMMER PROGRAMMING**



ONLINE REGISTRATION

- Resident online registration begins on
Saturday, January 6th at 8:00 AM
- Non-resident online registration begins on
Wednesday, January 10th at 8:00 AM

Register online at
[https://web2.myvsccloud.com/wbwsc/
wigreendalewt.wsc/splash.html](https://web2.myvsccloud.com/wbwsc/wigreendalewt.wsc/splash.html)

**MAIL-IN/WALK-IN/
PHONE-IN REGISTRATION**

Park and Recreation Office • 5647 Broad Street
Greendale, WI 53129 • 414-423-2790, press 2

- Resident: Tuesday, January 9th
- Non-Resident: Wednesday, January 10th

OFFICE HOURS

- Mon-Fri 8 a.m.-4:30 p.m. (phone)
- Mon-Fri 9 a.m.-4:30 p.m. (in-person/counter)



**THE LAST
5
YEARS**

two casts,
one weekend.
THIS WINTER.

**Greendale
COMMUNITY
THEATRE**

**JANUARY 11-12, 7 PM
JANUARY 13, 2 & 7 PM**

TICKETS/INFO: WWW.GREENDALETHEATRE.ORG
A PROUD AFFILIATE OF GREENDALE PARK & REC

Join us for these 2024

**COMMUNITY CONNECTIONS
CELEBRATIONS**

Black History Month

Tues., Feb. 20, 5:30 – 8:00 p.m.
at Canterbury



Arab American Heritage Month

Thurs., April 25, 5:30 – 8:00 p.m.
at College Park



Scan the QR
Code for event
information.


Greendale Schools

**WORK
WITH US!**

- SUBSTITUTE TEACHERS
- PARAPROFESSIONALS
- CHILD CARE WORKERS (BEFORE & AFTER SCHOOL)
- FOOD SERVICE
- AND MORE!

Scan the QR Code or type in
www.greendaleschools.org/district/employment.cfm
for more information!




Greendale Schools
Cultivating Excellence In Every Student