

GREENDALE PARK AND RECREATION DEPARTMENT

CO-REC VOLLEYBALL LEAGUE RULES



1. ELIGIBILITY

- a. Each player must be at least 18-years-old.
- b. PLAYERS MAY PLAY IN ONLY ONE LEAGUE/DIVISION PER EVENING that is sponsored by the Greendale Park and Recreation Department.

2. FEES

- a. Total team entry fee is \$175.00 plus \$5.00 for each resident player and \$10.00 for each non-resident player.

3. LEAGUE INFORMATION

- a. All games will be played at 6:45, 7:45, and 8:75 p.m. at the Greendale Middle School Gym (subject to change).
- b. Teams should not arrive more than 10 minutes prior to scheduled game time, especially for the early games due to other school activities.
- c. Court 1 will be used for Monday A Division and Monday B Division
- d. Court 2 will be used for Monday B Division and Monday C Division.

4. AWARDS

- a. Teams with the best overall record at the end of the season will receive an award of \$40.00.
- b. Checks can be made payable to a person or sponsor.
- c. Standings will be based on the overall set win/loss record.
 - i. Ties will be determined by the following: 1. Point differential 2. Coin Toss

5. REGISTRATION

- a. All players must be recorded on the team roster sheet, which must be on-file with the Park and Recreation Office prior to the first night of league games.
- b. A full team consists of 12 players (maximum).
- c. All rosters will be frozen after the 2nd week of league game play unless for a medical, work-related or job transfer situation.
- d. The Recreation Supervisor will have the discretion on allowing an exception to the roster freeze.

6. SMOKING/ALCOHOL

- a. There is to be no smoking or consumption of alcohol on the school grounds or in the buildings.

7. POSTPONEMENTS

- a. There will be no postponements of scheduled games, unless rescheduled by the Park and Recreation Department.
- b. If the schools are closed because of bad weather in the morning, games will be canceled and schedule will be followed as printed, skipping that night and making it up at a later date, if possible.
- c. Afternoon school closures may not result in automatic volleyball game cancellation.
- d. Any cancellations will be communicated through email and social media posts.

8. TEAM DISBANDMENTS

- a. A team withdrawing after filing its entry fees and forms, and before the season schedule is printed will receive a 50% refund.
- b. A team withdrawing after the season schedule is printed will forfeit their entire entry fee
- c. In case a team disbands before the schedule is completed, all remaining games will be credited to its scheduled opponents.
- d. The manager's name will remain with the team, not the sponsor's name, in case of disbandment.

9. SPORTSMANSHIP

- a. Players found guilty of false registration or unsportsmanlike conduct are liable for suspension from the Greendale Park and Recreation program.
- b. Any matches in which an ineligible player was used will be forfeited.

10. UNIFORMS: Gym shoes must be worn. No street shoes.

11. GRACE PERIOD:

- a. The referee will allow a 5 minute grace period from the scheduled time for the match before the team forfeits the first game.
- b. This grace period is intended only for a team unable to place a required starting team on the court at scheduled match time.
- c. **The playing time of the match is NOT adjusted so the start of the next match will not be delayed. Fifty-five (maximum) minutes is allowed for a match.**
- d. **A match consists of three games to 25 points, win by two, cap of 27.** If a team has to forfeit the first game, it may play the second if the team has at least the minimum players required within 10 minutes of the time scheduled for the start of the match.
- e. Time will be deducted from the 55 minutes for the remaining games. A team forfeiting the first 2 games shall forfeit the third game even if it has enough players for that game.
- f. A \$20.00 forfeit fee will then be assessed and is payable to the Park and Recreation Department prior to the next scheduled match.

12. PROTEST

- a. No protests will be accepted on the referee's judgment of play.
- b. Protests on ineligible players or rule interpretation must be indicated to the referee at the end of the match, and then submitted, **in writing**, to the Park and Recreation Department no later than 48 hours after the incident.
 - i. The Department requires a \$25.00 protest fee to accompany the written protest.
 - ii. If the protest is upheld, the \$25.00 will be returned; if the protest is denied, the \$25.00 will be forfeited.
 - iii. No phone calls will be accepted.
 - iv. The season will be considered officially completed for a team two days after its final league match. No protest against a team will be accepted after the completion of its season.

13. PLAYOFF

- a. Teams will be seeded based on their overall set win/loss record.
- b. Ties in the standings will be broken using the following criteria:
 - i. Point % (Divide points won by points lost)
 - ii. Coin Flip

14. PLAYING RULES: The current National Federation Edition Volleyball rules will govern league play.

- a. **9-4-8c (NEW):** Eliminates the judgment call of a multiple contact fault in a single attempt to play the ball on the second team hit if the ball is next contacted by a teammate.
 - i. **Rationale:** Allows for play to continue when multiple contacts on the second contact does not create an advantage for the offending team.

15. LEAGUE RULES AND REGULATIONS:

- a. League rules must be understood by both managers and players.
- b. Violations of league rules may bring suspensions/dismissal to players, managers and the team.
- c. Depending on league division, tightness of calls will vary.
- d. **Matches/Games**
 - i. **A match shall be 3 games to 25, win by two, cap at 27.**
 - ii. **Matches will be 55 minutes long.**

1. If a match is not concluded by the 55 minute mark, the next point wins the game.

iii. Rally scoring will be implemented

e. Line-Ups/Players

- i. Our co-rec rules provide for 12 players on a team, 6 men and 6 women.
- ii. A team must start with at least 4 players and must end with at least 4 players.
- iii. A maximum of 6 on each side may play at one time.
- iv. The number of men playing at one time cannot be greater than the number of women.
 1. Four women may not play as a team; at least one male must play in order to fulfill the co-rec status.
- v. Two men may not be together in the serving order or positions on the floor.

f. Timeouts/Time Limits

- i. Each team will be allowed only one 60 second timeout per game.
- ii. Officials will notify both teams when 50 minutes of play is done.
- iii. No timeouts will be allowed in the last 5 minutes of play.
- iv. Delay of game penalty will be assessed for teams not ready to play after a 60 second timeout.
- v. One Minute maximum time between games, loss of serve/point if the team is not ready to play.
- vi. If a game is tied at the end of the fifty-five-minute time frame, whichever team wins the next point will be declared the winner.
 1. The team in control of the serve when the time limit expires will begin serve in the "tiebreaker" situation.
 2. There will not be any rearrangement of players allowed in this "tie-breaker" play situation.

g. Match Play

i. Rotations/Substitutions

1. When a sideout is awarded to a team, that team shall then rotate one position clockwise and the first server of the game is the player in the right back position. Thereafter, when a team is awarded a point/sideout, the player in the right-front position rotates to the serving area.
2. For a team starting play with less than a full team, the following applies:
 - a. If you start with four players and can play up to six players, when your team has the serve, as many players as you are short may enter.
 - b. If you do not want to wait until you gain the service to bring in late players, you may use one of your timeouts on a dead ball.
3. Except in the case of injury, substitutes will enter the game in the position following the server and be consistent with a standard team rotation. An injured player who is replaced cannot re-enter the same game.
4. If a team using substitution breaks their rotation of players, the player who did not rotate in at the time of his/her rotation will not be allowed in for the remainder of that game.

ii. Serving

1. No assist on a serve.
2. Serves hitting the net, inside the two antennas, and going over the net is allowed.
3. It is illegal to block or spike a serve.
4. A readiness to serve whistle will be used, and 5 seconds will be allowed for the player to serve. Players failing to serve in this time frame will result in a side out and service goes to the other team.
5. On the serve, a reserve shall be called when the server releases the ball for service, then catches it or drops it to the floor. The referee shall cancel the serve and direct a second and last attempt at serve.
6. The serving area shall be behind the end line and from sideline to sideline.
7. After the referee's signal for service, no requests for timeout or substitution may be recognized until a dead ball.

iii. Additional Game Rules

1. Derogatory remarks and noises, which tend to influence the opponents playing, are not permitted.
2. If a team has more than one hit to play the ball over the net, one of these players must be a woman.
3. When a man and woman have simultaneous contact, it will be considered a hit by the woman.
4. Ball hitting ceiling may continue being played as long as it stays on the offending team's side and the ball has not hit above the opponent's area.
5. A backrow player may not jump to return a ball which is completely higher than the top of the net while positioned on or in front of the 10 ft line.
 - a. A backrow player may spike if the player is behind or jumps from behind the attack line contacting the ball before landing on or in front of the line.
6. When a team has only 4 or 5 players, one man from the back row may also block when only one man is in the front row.

16. HOW TO REACH GREENDALE PARK AND RECREATION DEPARTMENT:

Office Hours: 9:00am to 4:30pm Monday through Friday.
Closed on Saturday and Sunday.

Address: 5647 Broad Street
Greendale, WI 53129

Phone: (414) 423-2790 press 2 (8:00am-4:30pm, Monday through Friday)

Standings will be updated weekly on the department website: gpr.greendale.k12.wi.us

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