

SPORTS PROGRAMS

Fall Tennis Lessons

ages 5 through 13

Pee Wee (ages 5 through 7)
Program is a modified version of tennis that anyone can play the first day. Children will progress toward the traditional game of tennis.

Beginner I (ages 8 through 13)
No or limited knowledge.

Beginner II (ages 8 through 13)
Have basic fundamental skills in forehand/backhand, need more work on serving.

Dates: Tuesdays and Thursdays
September 10–October 3

Times:
Pee Wee 5:30–6:00 p.m. **#221701.1**
Beg I 6:10–6:55 p.m. **#221704.1**
Beg II 7:00–7:45 p.m. **#221704.2**

Location: Community Center Park
Tennis Courts
6200 S. 76th Street

Fee:
Pee Wee Resident \$32.00
Non-Resident \$42.00
Beg I/Beg II Resident \$48.00
Non-Resident \$58.00

Instructor: Jennifer Derksen
Note: Bring your own racquet if you have one; otherwise, appropriate sized racquets will be provided.

Pee Wee Tennis Camp

ages 5 through 7

Throughout this camp, children will progress toward the traditional game of tennis. The progression of non-traditional tennis games and activities takes a child with no prior tennis knowledge through an extremely fun, educational, and rewarding tennis experience. Classes will progress to teaching proper mechanics using a variety of fun tennis drills and games.

Dates/Times:

	<u>Mondays-Thursdays</u>	
Session I	June 10–20 9:30–10:00 a.m.	#121701.1
Session II	July 22–August 1 11:50 a.m.–12:20 p.m.	#121701.2
Session III	<u>Tuesdays and Thursdays</u> June 18–July 16 exclude July 4 5:15–5:45 p.m.	#121701.3

Location: Greendale Community Center Park
Tennis Courts
Fee: Resident \$32.00
Non-Resident \$42.00

Instructors: Jennifer Derksen
Note: Appropriate sized racquets will be provided and balls. **Fridays** will be used for rainout/make-ups for day classes.

Youth Tennis Lessons

ages 8 through 13

Tennis Lesson Skill Levels:

Skills listed are what students should be able to perform in order to register for that level.

BEGINNER I – No, or limited, knowledge.

BEGINNER II – Has basic fundamental skills in forehand/backhand, needs more work on serving.

ADVANCED BEGINNER – Can hit forehands and backhands while stationary and is familiar with volleying skills.

INTERMEDIATE – More confidence with forehands and backhand ground strokes and can use interchangeably while moving. Able to direct easy shots. Cannot hit with spin, pace or depth consistently. Some success with serve and volleying. Second serve weak and ineffective.

Dates/Times:

	Each session meets either for two weeks, Mondays through Thursdays or Session III meets twice a week for four weeks. Please review carefully. It is best to wait until your child finishes a session before enrolling in another session. Fridays will be used for rainout/make-ups for day classes.	
Session I	<u>Mondays-Thursdays</u> June 10–20 10:10–10:55 a.m. 11:00–11:45 a.m. 11:50 a.m.–12:35 p.m.	#121704.1 #121704.2 #121704.3
Session II	<u>Mondays-Thursdays</u> July 22–August 1 9:15–10:00 a.m. 10:05–10:50 a.m. 10:55–11:40 a.m.	#121704.4 #121704.5 #121704.6
Session III	<u>Tuesdays and Thursdays</u> June 18–July 16 exclude July 4 5:55–6:40 p.m.	#121704.7
Location:	Greendale Community Center Park Tennis Courts	
Fee per session:	Resident \$48.00 Non-Resident \$58.00	
Instructors:	Jennifer Derksen	
Note:	Students must provide own racquet, we provide the balls. Also, bring a filled water bottle to each class. No water available at courts.	

Take a swing at tennis!

Teen Tennis Lessons

ages 14 and older

Here's a great opportunity to learn the basic tennis skills to get you ready for the courts. Playing abilities will be matched at class.

Dates/Times: Tuesdays and Thursdays
June 18–July 16
exclude July 4

Beginner 6:45–7:30 p.m. **#111701.1**
Adv. Beginner 7:35–8:20 p.m. **#111701.2**

Location: Greendale Community Center Park
Tennis Courts
Fee: Resident \$48.00
Non-Resident \$58.00

Instructor: Jennifer Derksen
Note: Students must provide their own racquet. Bring a filled water bottle to each class as there is no water at the park. 13 year olds, with a semester of tennis experience, are also eligible to enroll in this lesson program.



Skyhawk Sports Camps

ages 4 through 12



Location: Greendale Middle School Outdoor Athletic Fields
(to the west of the school)

Fee per camp: Resident \$109.00
Non-Resident \$119.00

Instructor: Skyhawk Staff and Coaches

Note: Rain location is Greendale Middle School Gym unless otherwise noted.

Mini Hawk Camp

ages 4 through 6

This multi-sport program was developed to give children a positive first step into athletics. Flag football, basketball and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. Participants should bring 2 snacks and plenty of water.

Dates: Monday-Thursday
Session I June 10-13 #121632.1
Session II July 22-25 #121632.2
Time: 9:00 a.m.-12:00 p.m.

Note: Rain location is Canterbury Elementary School Gym

Multi-Sport Camp

ages 7 through 12

Skyhawks multi-sport camp is designed to introduce athletes to a variety of different sports in one setting. For this program we combine flag football, basketball, and soccer into one fun-filled week. Athletes will learn the rules and essential skills of each sport along with vital life lessons such as respect and teamwork. Participants should bring 2 snacks and plenty of water.

Dates: Monday-Thursday
Session I June 10-13 #121633.1
Session II July 22-25 #121633.2
Time: 1:00 p.m.-4:00 p.m.

Track and Field Camp

ages 6 through 12

Skyhawks Track & Field combines technical development, fundamental techniques, and safety with a major focus on fun! Using special equipment, our staff teaches exercises and drills that prepare athletes for a future of track & field events and cross-country while inspiring a love for running and being active. Track & Field athletes will participate in events such as sprints, relays, hurdles, shot put, and long jump. Participants put it all together for one fun-filled day at the Skyhawks track meet! Participants should bring 2 snacks and plenty of water.

Dates: Monday-Thursday
Session I June 17-20 #121634.1
Session II August 5-8 #121634.2
Time: 9:00 a.m.-12:00 p.m.

Soccer Camp

ages 6 through 12

Developed over 40 years, Skyhawks is the number one soccer camp for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our progression-based curriculum, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer. Participants should bring 2 snacks and plenty of water.

Dates/Times: Monday-Thursday
Session I June 24-27 #121635.1
9:00 a.m.-12:00 p.m.
Session II August 5-8 #121635.2
1:00 p.m.-4:00 p.m.

Flag Football Camp

ages 6 through 12

Flag Football is the perfect introduction to "America's Game." Campers learn skills on both sides of the football including the core components of passing, catching, and defense – all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron! Participants should bring 2 snacks and plenty of water.

Dates/Times: Monday-Thursday
Session I June 24-27 #121638.1
1:00 p.m.-4:00 p.m.
Session II July 29-August 1 #121638.2
9:00 a.m.-12:00 p.m.

T-Ball Instruction by Skyhawks

ages 3 through 5

Learn the fundamentals of fielding, catching, throwing, hitting, and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons.

Dates/Times:

Session I Mondays
June 10-July 15
5:00-5:45 p.m. #121604.1a
6:00-6:45 p.m. #121604.1b

Session II Tuesdays
June 11-July 16
5:00-5:45 p.m. #121604.2a
6:00-6:45 p.m. #121604.2b

Session III Wednesdays
June 12-July 17
5:00-5:45 p.m. #121604.3a
6:00-6:45 p.m. #121604.3b

Location: Jaycee Park
6601 Catlapa Street

Fee per session/time slot:
Resident \$62.00
Non-Resident \$72.00

Instructor: Skyhawks Sports

Note: Children should bring a glove and filled water bottle marked with their name each time. Rain location is Greendale High School Upper Gym.

Skyhawks Volleyball Camp

ages 6 through 8

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting, and serving. This co-ed program is designed for the beginning and intermediate player. Skyhawks staff will assist campers in developing fundamental skills through game-speed drills and daily games aimed at developing the whole player. Participants should bring 2 snacks and plenty of water.

Dates: Monday-Thursday
Session I June 17-20 #121644.1

Session II July 29-August 1 #121644.2

Time: 1:00 p.m.-4:00 p.m.

Location: Greendale Middle School Gym

Fee: Resident \$109.00

Non-Resident \$119.00

Instructor: Skyhawk Staff and Coaches



Skyhawks Beginning Golf Camp

ages 5 through 8

Campers will learn the fundamentals of swinging, putting, and body positioning. Skyhawks has adopted the SNAG (Starting New At Golf) system as its curriculum. SNAG, developed by the PGA, is specifically designed for the entry-level player using plastic clubs and tennis balls; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided. Participants should bring 2 snacks and plenty of water.

Dates: Monday and Tuesday
July 1-2 #121610.1

Time: 10:00 a.m.-12:00 p.m.

Location: Greendale Middle School Outdoor Athletic Fields
(to the west of the school)

Fee: Resident \$69.00
Non-Resident \$79.00

Instructor: Skyhawk Staff and Coaches

Note: Rain location is Canterbury Elementary School

Skyhawks Baseball Camp

ages 6 through 10

Skyhawks baseball staff teach the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility. Participants should bring 2 snacks and plenty of water.

Dates: Monday and Tuesday
July 1-2 #121605.1

Time: 1:00 p.m.-3:00 p.m.

Location: Greendale Middle School Outdoor Athletic Fields
(to the west of the school)

Fee: Resident \$69.00
Non-Resident \$79.00

Instructor: Skyhawk Staff and Coaches

Note: Rain location is Greendale Middle School Gym

Skyhawks SoccerTots

ages 2 through 4

This soccer-themed class helps youngsters develop motor skills while getting involved in sports. We develop kicking, running control, and dribbling. This course will help kiddos learn to listen and follow instructions all while playing a variety of fun games with lots of physical activity. Parent participation is required.

Dates: Mondays
July 22-August 12

Time: ages 2-3 5:30 p.m.-6:00 p.m. #121645.1
ages 3-4 6:10 p.m.-6:40 p.m. #121645.2

Location: Canterbury Elementary School
Gym

Fee: Resident \$58.00
Non-Resident \$68.00

Instructor: Skyhawk Staff and Coaches

Skyhawks BaseballTots

ages 2 through 4

BaseballTots is a developmental program that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. We build fitness, muscle coordination, baseball fundamentals and create a love of the game. Parent participation is required.

Dates: Wednesdays
July 24-August 14

Time: ages 2-3 5:30 p.m.-6:00 p.m. #121603.1
ages 3-4 6:10 p.m.-6:40 p.m. #121603.2

Location: Greendale Middle School Outdoor Athletic Fields
(to the west of the school)

Fee: Resident \$58.00
Non-Resident \$68.00

Instructor: Skyhawk Staff and Coaches

Note: Rain location is Greendale Middle School Gym

Greendale Youth Football Camp

grades 5 through 8
(2024-2025 school year)

Greendale has a long tradition of football excellence from top to bottom!

The Greendale Youth Football Camp is effective for student-athletes who are learning the fundamental skills for football. Our camp focuses on instruction and proper technique for all positions.

Dates: Monday-Friday **#121664.1**
July 15-19
Time: 5:00 p.m. - 7:30 p.m.
Location: Greendale High School
Gavinski Memorial Stadium Football Field
Fee: Resident \$35.00
Instructors: Head Coach Jermaine Murry and the Greendale High School Varsity Coaching staff

What to bring: T-shirt, shorts or wind pants, Athletic supporter, and mandatory mouth guard. Bring both tennis/running shoes and football cleats. Bring water/sports drink bottle, and fruit or energy bars. It is expected that all student athletes are on time each day. "Panther Time" means arrive at least 20 minutes before the actual starting time to change and warmup.

Greendale Football Camp

grades 9 through 12 or by special invitation from Coach Murry
(2024-2025 school year)

Greendale has a long tradition of football excellence from top to bottom!

This padded camp is for any student athlete who plays offense, defense, or special teams. One day of camp will include contact scrimmages... optional for camp participants

Dates: Monday-Friday **#121663.1**
July 22-26
Time: 4:00 p.m. - 8:30 p.m.
Location: Greendale High School
Gavinski Memorial Stadium Football Field
Fee: Resident \$85.00
Instructors: Head Coach Jermaine Murry and the Greendale High School Varsity Coaching staff

What to bring: T-shirt, shorts or wind pants, Athletic supporter, and mandatory mouth guard. Bring both tennis/running shoes and football cleats. Bring water/sports drink bottle, and fruit or energy bars. It is expected that all student athletes are on time each day. "Panther Time" means arrive at least 20 minutes before the actual starting time to change and warmup.

Panther Volleyball Skills Camp

girls and boys, grades 4 through 6
(2024-2025 school year)

A beginning volleyball program that emphasizes the basic fundamentals of the game. Passing, setting, hitting, serving, defense and court position will be introduced.

Dates: Monday-Thursday **#121617.1**
July 29-August 1
Time: 3:30-4:45 p.m.
Location: Greendale High School
Gym - use Athletic Entrance
Fee (inc. t-shirt): Resident \$60.00
Instructors: Kelly Schmidt, GHS Girls' Varsity Volleyball Coach, and GHS Girls' Varsity Players

Note: Please wear athletic clothing and gym shoes and bring a filled water bottle.

Panther Volleyball Performance Camp

girls and boys, grades 7 through 8
(2024-2025 school year)

Players will improve basic skills (passing, setting, hitting, serving, blocking, and defense) through drills and team play. The players and coaches will focus on technique, communication, and court sense in team based drills and games.

Dates: Monday-Thursday **#121612.1**
July 29-August 1
Time: 5:00-6:30 p.m.
Location: Greendale High School
Gym - use Athletic Entrance
Fee (inc. t-shirt): Resident \$65.00
Instructors: Kelly Schmidt, GHS Girls' Varsity Volleyball Coach, and GHS Girls' Varsity Players

Note: Please wear athletic clothing and gym shoes and bring a filled water bottle.



Panther Basketball Fundamentals Camp

boys, grades 3 through 8
(2024-2025 school year)

Learn basic fundamentals with the main focus on individual skills such as ball handling, shooting, defense and rebounding with a combination of basketball drills and games.

Drills will also be presented that can be used at home to become a better shooter with shooting contests.

Dates: Monday-Wednesday
June 10-12
Times: grades 3-5 8:00-10:00 a.m. **#121679.1a**
grades 6-8 10:30 a.m. - 12:30 p.m. **#121679.1b**
Location: Greendale High School
Main Gym - use Athletic Entrance
Fee (inc. t-shirt): Resident \$75.00
Non-Resident \$85.00
Instructor: Ryan Johnsen, GHS Boys Varsity BB Coach, and Assistant Coaches and Former GHS Alumni

Note: Students should bring a water bottle with their name on it each day.

Jr. Panther Girls' Basketball Camp

girls, grades 3 through 8
(2024-2025 school year)

This camp will focus on the basic skills of passing, shooting, dribbling, and rebounding. The main focus will be the physical and mental skill development with a variety of games and contests mixed in.

The main goal of the camp is to provide a basic foundation of skills for girls to use while practicing at home, in the gym, or on your team.

Dates: Monday-Wednesday
June 17-19
Times: gr. 3-5 1:15-2:45 p.m. **#121628.1a**
gr. 6-8 3:00-4:30 p.m. **#121628.1b**
Location: Greendale High School
Main Gym/Main Side Court - use Athletic Entrance
Fee (inc. t-shirt): Resident \$60.00
Non-Resident \$70.00
Instructor: Bob Krol & Jr. Panther Coaches
Note: Campers should bring their own water bottle with their name on it to each class.

Greendale Track Club

Grades 5K through 12
(2024-25 school year)

This club is a coed opportunity for athletes of all levels to learn proper acceleration and sprinting form, while increasing strength, power, speed, agility, endurance, coordination, and flexibility. Athletes will receive expert coaching and training methods, and use the latest and greatest training aids and equipment. In addition, athletes will engage in character development by learning skills in patience, selflessness, cooperation, readiness, respect, responsibility and worth ethic. Each session will begin with dynamic warmup, form drills, and a series of coordinated skipping patterns. Athletes will then participate in a running workout designed to increase their speed. Then athletes will practice event specific work including: block starts for sprints, hurdles, long jump, triple jump, high jump, and relays. At the end of each practice students will do different cool down activities and games.

Little Track Stars (grades 5K-3)

Athletes will learn the basics of each track and field event. They also will participate in our warmup routine, running workouts, cool down exercise, and games. Emphasis will be put on having fun!

Emerging Elite (grades 4-8)

Athletes will learn what it takes to perform their best. Athletes will learn proper techniques for each track and field event and will gain training that will help them become stronger and faster and help them with every other sport they play.

Varsity Elite (9-12)

Athletes will learn advanced techniques for each track and field event. Emphasis will be put on learning smarter training methods to increase speed and power.

Dates: Mondays and Thursdays
June 3-August 1
exclude June 6, July 4, 15, 18, 22, 25

Time:
Little Track Stars 6:00-7:30 p.m. #121615.1
Emerging Elite 6:00-8:00 p.m. #121615.2
Varsity Elite 6:00-8:00 p.m. #121615.3

Location: Greendale High School Track

Fee (incl. t-shirt or swag):
Little Track Stars Resident \$140.00
Non-Resident \$150.00
Emerging Elite and Varsity Elite Resident \$205.00
Non-Resident \$215.00

Instructors: Owen Jarrette – Greendale High School Track & Field Coach, 18 years coaching sprints, hurdles, and jumps, USA Track & Field Certified Coach, Sprint Chairman for WI Track Coaches Association, Greendale Schools Health and Physical Education Teacher. Assistant Coaches – high school varsity track coaches, all-American college athletes, and track and field alumni from the community.

Note: Bring a labeled water bottle and positive attitude to every practice.

Co-Rec Sand Volleyball

girls and boys, grades 6 through 8
(2024-2025 school year)

Join your friends this summer at Community Center Park for some sand volleyball and fun! This program will focus on playing games and we will mix up teams each week.

Dates: Thursdays #121687.1
June 27-July 25
exclude July 4

Time: 4:30-5:30 p.m.
Location: Community Center Park
Sand Volleyball Court

Fee per player: Resident \$15.00
Non-Resident \$20.00
Coordinator: Kelly Schmidt, GHS Girls Varsity Volleyball

Hooper Hands Drills, Skills and Games Summer Camp

ages 4 through 11

Are you ready for some fun; while learning the basic fundamentals of basketball? Little Hooper's will participate in different fundamental drills, skill challenges, team play, and fun games. We provide a non-competitive environment to develop and excite the kid's vision of the game of basketball. Each camper will receive a t-shirt.

Dates: Tuesday-Friday
August 13-16

Times:
ages 4-5 1:00-2:00 p.m. #121620.1a
ages 6-8 2:15-3:15 p.m. #121620.1b
ages 9-11 3:30-4:30 p.m. #121620.1c

Location: Greendale Middle School
Main Gym

Fee (incl. t-shirt): Resident \$75.00
Non-Resident \$85.00

Instructors: Staff of Hooper Hands 
Note: Please bring a bottle full of water marked with the child's name.



Jr Panthers Volleyball

Open to Greendale Residents who are girls entering 7th and 8th Grade in the 2024-25 school year. Tryouts will be the week of May 20th, 2024 at the Greendale Middle School Gym.

Teams will consist of 12 players and will play in the Greater MKE Power League fall 2024.

For those who make the team the cost per player is \$250.00. Practices will start August 2024.

To express interest in tryouts or have questions, contact greendalegirlsvolleyball@gmail.com.

Milwaukee Bucks Summer Basketball Camp

ages 7-14

Milwaukee Bucks Summer Camps provide a fun and team-oriented environment for boys and girls ages 7 to 14. These camps include instruction on ball handling, passing, shooting, defensive and offensive concepts with 5 on 5 scrimmages. Bucks camp coaches are selected for their basketball knowledge and ability to teach kids of all ages and skill levels.

Date: Monday-Friday #121631.1
July 29-August 2

Time: Monday-Thursday 9:00 a.m.-3:00 p.m.
Friday 9:00 a.m.-1:00 p.m.

Location: Greendale High School
Main Gym - use Athletic Entrance

Fee (incl. t-shirt): Resident \$325.00
Non-Resident \$335.00

Instructor: Milwaukee Bucks Summer Camp Staff
Note: Campers get a Bucks Youth basketball, jersey, and a ticket to a 2024-2025 Bucks home game.

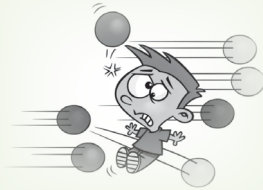


Middle School Dodgeball

Grades 6 through 8
(2024-2025 school year)

If you can dodge a wrench, you can dodge a ball. No need to practice like they do in the movies. Have a blast playing dodgeball with your friends on Monday nights. Each week, teams will be formed, and then let the dodgeball frenzy begin! Fun new variations will be used each week.

Date: Mondays, June 17-July 8 **#121629.1**
Time: 4:00-5:00 PM
Location: Greenfield Middle School Field
Fee: Resident \$40.00
 Non-Resident \$60.00



Recreational Tree Climbing

ages 7 and older

Fun, Fitness, Adventure! Peaceful and invigorating, recreational tree climbing allows climbers to ascend into and explore trees! Gain a new appreciation for trees, nature, and your local parks. Recreational tree climbing is a unique activity that can be enjoyed by an individual, in small groups, and especially rewarding to families. All gear and instruction is provided.

Dates/Times: Tuesday, July 23
 9:30 a.m.-11:30 a.m. **#112907.1**
 12:00 p.m.-2:00 p.m. **#112907.2**
Location: Greendale High School
 Trees across from District Office on back side of High School (SE corner)
Fee: Resident \$46.00
 Non-Resident \$56.00

Instructor: Owner/staff of Treetop Explorer LLC
Note: Participants are recommended to wear long pants, sturdy shoes, and bring a sense of adventure!

Due to the nature of this activity, there are only 9 spots available so please register early through our registration process.

Kickball

ages 10 through 13

It's the game that never gets old and is always fun to play! Join us for some summer sunshine, and enjoy some fun kickball games. We will form new teams each week and mix up the rules to keep each week different and interesting. Exercise doesn't have to be hard-come and enjoy fresh air and kickball.

Dates: Wednesdays, July 10-July 31 **#121646.1**
Time: 1:00-2:00 PM
Location: Greenfield Middle School South
Fee: Resident \$40.00
 Non-Resident \$60.00



Archery Instruction

ages 8 and older

Beginner/Casual archery is a five-week course where instruction will be given to beginners or those wanting to improve their archery skills. Learn the sport of archery and all the safety rules will be explained and enforced throughout classes.

Registrants must have their own equipment (bow-NO crossbows; arrows-NO broad head arrows; quiver; tab/release; and arm guard). Those without equipment will be charged an additional fee for equipment rental which may be shared.

Dates: Wednesdays
 July 31-August 28
 5:00-7:00 p.m. **#111608.1**
Times: **#111608.3**
Equipment Rental:
Location: Schultz Gun Club
 Archery Range
 W14658025 Schultz Lane
 Muskego

Fees:
 Own Equip: Resident \$40.00
 Non-Resident \$50.00
 Rent Equip: Resident \$50.00
 Non-Resident \$60.00

Instructors: Archery Members of Schultz Gun Club
Note: Registrants under 16 years of age must have a parent/guardian present at all times. For more information and directions to the archery range visit www.schultzgunclub.com.

Free Passes to Athletic Events

adults 65+



Passes are available to Greendale residents ages 65 and older for free admittance to any Greendale High School home athletic event (excluding WIAA regional or sectional events). Away athletic events are excluded. Non-transferable. Pass is available at the High School Athletic office, Monday-Friday from 9:00 a.m.-3:00 p.m. during the school year or Greendale Park and Recreation Office located at 5647 Broad Street between 9:00 a.m.-4:00 p.m. beginning early August. A picture identification indicating age and address must be shown to obtain a pass.

Track Club

ages 7 through 14

Sprinting and Distance Running - High, Long, and Triple Jumps - Relay Team - And More!

Want to see if Track is for you? Learn proper technique and stretching while experiencing the many aspects of the sport of track. Participants will test their skills in a friendly competition track meet the last week of Track Club. This ongoing non-competitive club is a great way to stay active this summer and explore the exciting world of track!

Dates: Mondays and Wednesdays **#121606.1**
 July 15-August 7
Time: 6:00-7:15 p.m.
Location: Greenfield High School
 Track
Fee (inc. t-shirt): Resident \$50.00
 Non-Resident \$60.00
Coach: Casey Stefanowski
Note: Please come dressed in tennis/running shoes and bring a clearly labeled water bottle.



Ice Skating Lessons

ages 3 and older

Ice skating is one of the world's greatest sports! Skating is fun, challenging, and rewarding. Levels are designed to develop preliminary coordination and strength necessary to maneuver on the ice and gain basic knowledge to advance to specialized levels. Following the program designed by the U.S. Figure Skating Association, this progressive lesson program is perfect for the beginner or "not so" beginner skater!

***Dates:** Saturdays
Session I June 22-August 3 #121672.1
Session II August 10-September 21 #121672.2
***Time:** 1:45-2:30 p.m.

Location: Wilson Park Recreation Center
4001 S. 20th Street—Milwaukee

****Fee per session:** Resident \$125.00
Non-Resident \$135.00

Instructor: Greater Milwaukee Figure Skating Club

Note: *It should be noted that times may vary on occasion if Wilson Park schedules a tournament, etc. Also, there may be a couple of exclusion dates that were not known at the time of the printing of the brochure. Program fee is based on a 7-week schedule between the dates listed. Staff of the program will provide up-to-date information to registrants.

**If registered for two consecutive 7-week sessions at the same time, the fee for each session is \$110.00 (\$220.00 total). Also, family discount, 3rd person registered in same family receives a \$30.00 discount.

Skate rental is NOT included. Rentals are \$3.00 per lesson at the Wilson Ice Center.

Bowling Instruction

ages 5 through 11

A great beginner bowling program. Participants will learn about bowling etiquette, scoring, and mechanics during the instruction portion of each lesson. Following the instruction, kids will take to the lanes to apply what they learned.

Dates: Thursdays #121670.1
May 23-June 27

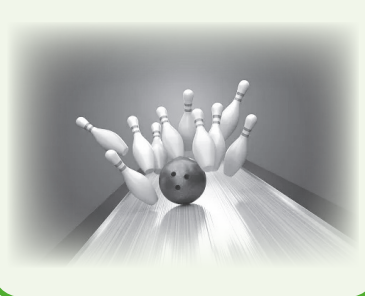
Time: 5:00-6:00 p.m.

Location: Classic Lanes-Greenfield,
5404 W. Layton Avenue

Fee: Resident \$60.00
Non-Resident \$70.00

Instructor: Staff of Classic Lanes

Note: Each lesson contains instruction, shoe rental, and an hour of bowling.



NEW!

Kidokinetics

ages 2 through 5

Kidokinetics of Milwaukee empowers kids from ages 1 to 10 to play confident by providing a fun introduction to sports through 8 different programs offered at local centers, schools, and parks. Each class & camp has what we call the F.U.N. Factor – meaning it's Fundamental, Understandable, and Noncompetitive.

Location: Canterbury Elementary School
Gym

Fee:
ages 2-3 Resident \$54.00
Non-Resident \$64.00
ages 3-5 Resident Fee: \$58.00
Non-Resident Fee: \$68.00

Instructor: Kidokinetics Greater Milwaukee Area Staff

Note: Parent participation is required for ages 2-3. All participants will need to sign Kidokinetics waiver before participation at first class.

NinjaPlay

NinjaPlay is a combination of agility, mobility, and plyometric play designed to develop skills around stability, agility, balance, jump distance and more. Everything is designed for optimal skill development and, of course - optimal FUN!

Dates: Monday-Thursday
July 15-18

Time:
ages 2-3 9:00-9:30 a.m. #121690.1
ages 3-5 9:45-10:30 a.m. #121690.2

FlagFun

Kids will run, jump, and hop their way through our FlagFun program! We will work with flags, footballs, hoops, and parachutes to keep participants active and engaged in both individual and team-oriented activities. The activities will focus on speed, agility, coordination, balance, accuracy and stamina as both gross and fine motor skills are exercised and developed in each class.

Dates: Monday-Thursday
August 12-15

Time:
ages 2-3 9:00-9:30 a.m. #121691.1
ages 3-5 9:45-10:30 a.m. #121691.2

Introduction to Taekwondo

grades 5K through 5
(2023-2024 school year)

This beginner program will emphasize character development and physical activity which will foster greater self-discipline, concentration, and confidence in participants. All students will participate in drills that will teach them techniques for basic self-defense. They will also do exercises in order to learn how to safely break a board, which is a major confidence builder!

Dates: Tuesdays #122702.1
July 16-August 6
Time: 2:00-3:00 p.m.
Location: Canterbury Elementary School
Gym
Fee: Resident \$25.00
Non-Resident \$35.00

Instructor: Staff of J.K. Lee Black Belt Academy-
Hales Corners

Note: Participants should wear athletic shoes.



NEW!

Adaptive Defense: Empowering Athletes

ages 8 and older

In this course, athletes with disabilities will be empowered with some basic self-defense techniques and striking skills. This is a non-competitive environment where athletes work with the instructor to better their abilities and confidence.

Dates: Wednesdays #122703.1
June 19-July 31
exclude July 3

Time: 5:00-6:00 p.m.
Location: Canterbury Elementary School
Gym

Fee: Resident \$10.00
Non-Resident \$20.00
Instructor: David Corneliuson,
Martial Arts Instructor

Open Play Pickleball

adults

Pickleball is a great sport to get and stay active, and increase cardio exercise, while being social and meeting new Pickleballers!

This Pickleball program is open, drop-in style for recreational play. Participants with previous experience will be able to join recreational group play.

Dates:

	<u>Mondays</u>	#111605.1
Session I	July 15-September 16 exclude September 2	
	<u>Thursdays</u>	#111605.2
Session II	July 18-September 12	
	<u>Mondays & Thursdays</u>	#111605.3
Session III	July 15-September 16 exclude September 2	

Time: 8:30-10:30 a.m.

Location: Community Center Park
6200 S. 76th Street
Pickleball Courts

Fees per session:

Mondays	Resident \$29.00 Non-Resident \$39.00
Thursdays	Resident \$29.00 Non-Resident \$39.00
Mon. AND Thurs.	Resident \$45.00 Non-Resident \$55.00

Supervisor: Greendale Park & Rec Volunteers

Note: Paddles and balls will be available for use during the program for those individuals who do not have their own. Participants should bring their own lawn chair and water for between games.

Adult Bags League

ages 21 years and older

The Greendale Park and Recreation Department will begin accepting 2024 adult summer Bags team registrations on Monday, June 3rd. There is a Monday and/or Wednesday league choice. All games will be played at the space between the Community Learning Center and the Panther Pub (6:15, 7:00, 7:45 p.m.). This six-week season will begin in early July and continue in August. Maximum of 4 players per team. Team fee is \$40.00. End of season top tournament finishers will receive a gift card to the Panther Pub and Eatery.

Bags League contract and roster form can be found on the Greendale Park and Recreation website under "Sports", then "Bags". Completed Bags League contract and roster forms can be dropped off or mailed to the Park and Recreation Department or emailed to Recreation Supervisor, Kelly Schmidt, at kelly.schmidt@greendaleschools.org.

For further information, contact the Park and Recreation Department at (414) 423-2790 or email Recreation Supervisor, Kelly Schmidt, at kelly.schmidt@greendaleschools.org.

NEW!

Bak Swing Golf - Golf Instruction

ages 18 years and older

Beginner/Intermediate golf instruction. Students will learn golf set-up, swing mechanics, putting, chipping, etiquette and practical playing advice.

Dates:	Mondays	
Session I	June 3-24	#111613.1
Session II	July 8-29	#111613.2
Time:	6:00-7:00 p.m.	
Location:	Gastrau's Golf Center 1300 E Rawson Ave. Oak Creek, WI 53154	
Fee:	Resident \$45.00 Non-Resident \$55.00	

Instructor: Bruce Krajcir, co-owner of Galleria Greendale, is a golf professional with 30 years of experience giving group and private instruction

Note: Additional cost of \$40.00 to Gastrau's Golf Center, payable at the first lesson, which covers range balls and facility fees for four weeks of golf instruction. Participants must bring their own equipment.

Backyard Bocce League

adults

The Greendale Park and Recreation Department begin accepting 2024 Backyard Bocce League team registrations on Monday, June 3rd. Backyard Bocce League games will be played Wednesday nights at Daffodil Park with games times at 6:00pm and 6:45pm. This six-week season will begin in early July and continue in August. Teams of 2-4 will compete and socialize while enjoying the great game of Bocce. Team entry fee is \$40.00. This 6-week backyard Bocce league will culminate in a champions tournament.

Backyard Bocce League contract and roster form can be found on the Greendale Park and Recreation website under "Sports", then "Bocce". Completed Bocce League contract and roster forms can be dropped off or mailed to the Park and Recreation Department or emailed to Recreation Supervisor, Kelly Schmidt, at kelly.schmidt@greendaleschools.org.

For further information, contact the Park and Recreation Department at (414) 423-2790 or email Recreation Supervisor, Kelly Schmidt, at kelly.schmidt@greendaleschools.org.

Co-Rec Volleyball Leagues

adults

There are three leagues with a maximum of 12 players per team and 4 teams per Monday league (3 leagues).

Monday A, Monday B, Monday C leagues available.

Dates:	Mondays September 16-December 9 exclude November 4
Times:	6:45, 7:45, and 8:45 p.m.
Location:	Greendale Middle School Gym
Fee:	\$210.00 team fee plus Resident \$5.00 Non-Resident \$10.00

Supervisor: Greendale Park & Recreation Staff

Note: Spots will be filled on a first-come, first-serve basis. Co-Rec Volleyball Managers Contract and Team Roster Form can be found on the Greendale Park and Recreation website under "Sports", then "Volleyball". Completed Co-Rec Volleyball League contract and roster forms can be dropped off or mailed to the Park and Recreation Department or emailed to Recreation Supervisor, Kelly Schmidt, at kelly.schmidt@greendaleschools.org. The \$215.00 team fee must accompany the registration. Returning teams were given the opportunity to register at the beginning of July so spots may be limited. Contact Kelly at the Park and Rec Office for league availability.

