

# Sports Programs

## Academy of Shaolin Martial Art Kung Fu, Kenpo, Tai Chi

ages 6 years and older and adults

Come learn a traditional martial art for its history, health, and mental improvement. You will learn traditional forms, self-defenses, and basics to improve ones' health and physical well-being. Learn from certified Master (4th) level teacher in Pai Lum Tao (The Way of the White Dragon).

**Little Dragons** – ages 6 through 11 years of age.

**Junior/Adult Dragons** – ages 12 years of age and older and adults.

<b>Dates/Times:</b>	Mondays	
Session I	February 1-22	
Little Dragons	5:45-6:40 p.m.	<b>#322701.1a</b>
Jr./Adult Dragons	6:40-7:35 p.m.	<b>#322701.1b</b>
Session II	March 1-22	
Little Dragons	5:45-6:40 p.m.	<b>#322701.2a</b>
Jr./Adult Dragons	6:40-7:35 p.m.	<b>#322701.2b</b>
Session III	April 5-26	
Little Dragons	5:45-6:40 p.m.	<b>#322701.3a</b>
Jr./Adult Dragons	6:40-7:35 p.m.	<b>#322701.3b</b>
Session IV	May 3-24	
Little Dragons	5:45-6:40 p.m.	<b>#322701.4a</b>
Jr./Adult Dragons	6:40-7:35 p.m.	<b>#322701.4b</b>

**Place:** Community Learning Center  
5647 Broad Street  
Lower Level

**Fee per session:** Resident \$45.00  
Non-Resident \$55.00

**Instructor:** Sigung Dennis Shain 4th (Master) Level in the Martial Arts

**Note:** Wear black sweat pants (no pockets or please sew pockets shut), a black t-shirt, and tennis shoes or bare feet. Students continuing after one session of classes will be required to purchase a uniform (Instructor Shain will provide more information at class). Registrants in the Greendale class will be able to receive extra training at either the Five Elements Kung Fu Academy, or at the Iron Dragon Kung Fu Academy. Check out Instructor Shain's web site at [twindrgnsmartialarts.com](http://twindrgnsmartialarts.com).



## "Intro to Pickleball" adults

Have you heard of Pickleball? Do you have friends playing, but you don't know the rules or strategy? This intro program will cover the basics to get you started. Don't feel left out when your social group goes to play anymore! You'll be "spiking" in the "kitchen" in no time!

The goal of this program is to give a brief background and create understanding of the game to be able to play socially moving forward.

**Date:** Tuesday, April 13 **#311604.1**

**Time:** 6:00-7:30 p.m.

**Place:** Community Center Park  
6200 S. 76th Street  
Pickleball Courts

**Fee:** Resident \$15.00  
Non-Resident \$25.00

**Instructor:** Southridge Athletic Club Staff

**Note:** Paddles and balls will be available for use during the program for those who do not have their own. Participants should bring a filled bottle of water.

**Rain date make-up: April 20**



## "Open Play" Pickleball adults

Pickleball is a great sport to get and stay active, and increase cardio exercise, while being social and meeting new Pickleballers!

This Pickleball program is open, drop-in style for recreational play. Participants with previous experience will be able to join recreational group play.

**Dates:**

Session I Mondays **#311605.1**  
May 3-June 28  
exclude May 31

Session II Thursdays **#311605.2**  
May 6-June 24

Session III Mondays & Thursdays **#311605.3**  
May 3-June 28  
exclude May 31

**Time:** 9:00-11:00 a.m.

**Place:** Community Center Park  
6200 S. 76th Street  
Pickleball Courts

**Fee per session:**

Mondays Resident \$24.00  
Non-Resident \$34.00

Thursdays Resident \$24.00  
Non-Resident \$34.00

Mon. AND Thurs.  
Resident \$36.00  
Non-Resident \$46.00

**Supervisor:** Greendale Park & Rec Volunteers

**Note:** Paddles and balls will be available for use during the program for those individuals who do not have their own. Participants should bring their own lawn chair and filled water bottle for between games.

### Recreational Tree Climbing

ages 7 years and older and adults

Fun, Fitness, Adventure! Peaceful and invigorating, recreational tree climbing allows climbers to ascend into and explore trees! Gain a new appreciation for trees, nature, and your local parks. Recreational tree climbing is a unique activity that can be enjoyed by an individual, in small groups, and especially rewarding to families. All gear and instruction is provided.

**Date:** Thursday, May 6 **#312907.1**  
**Time:** 4:30-6:30 p.m.  
**Place:** Greendale High School  
 Trees across from District Office on back side of High School (SE corner)  
**Fee:** Resident \$38.00  
 Non-Resident \$48.00  
**Instructor:** Owner/staff of Treetop Explorer LLC  
**Note:** Participants must wear long pants, sturdy shoes, and bring a sense of adventure!



Due to the nature of this activity, there are only 8 spots available so please register early through our registration process. ...Fall of 2020 filled quickly!

### Archery Instruction

ages 8 years and older and adults

Beginner/Casual archery is a five-week course where instruction will be given to beginners or those wanting to improve their archery skills. Learn the sport of archery and all the safety rules will be explained and enforced.

Registrants must have their own equipment (bow-NO cross bows, arrows-NO broad head, quiver, tab/release and arm guard). Those without equipment will be charged an additional fee for equipment rental which may be shared.

**Dates:** Wednesdays  
 April 28-May 26  
**Times:** ages 8-15 5:00-7:00 p.m. **#311608.1**  
 ages 16+ 5:00-7:00 p.m. **#311608.2**  
**Place:** Schultz Gun Club  
 Archery Range  
 W146 S8025 Schultz Lane  
 Muskego

**Fees:**  
 Own Equip. Resident \$40.00  
 Non-Resident \$50.00  
 Rent Equip. Resident \$50.00  
 Non-Resident \$60.00

**Instructors:** Archery Members of Schultz Gun Club  
**Note:** Registrants under 16 years of age must have a parent/guardian present at all times. For more information and directions to the archery range visit [www.schultzgunclub.com](http://www.schultzgunclub.com).

### Bowling Instruction

ages 5 through 11

A great beginner bowling program. Participants will learn about bowling etiquette, scoring, and mechanics during the instruction portion of each lesson. Following the instruction, kids will take to the lanes to apply what they learned.

**Dates:** Saturdays **#321670.1**  
 March 6-April 10  
**Time:** 12:00-1:00 p.m.  
**Place:** Classic Lanes-Greenfield, 5404 W. Layton Avenue  
**Fee:** Resident \$60.00  
 Non-Resident \$70.00  
**Instructor:** Staff of Classic Lanes

**Note:** Each lesson contains instruction, three games of bowling, and shoe rental.



### Soccer Academy

ages 5 through 11

For the "rec-to-select" soccer player (girl or boy), here's an opportunity to work on skills and drills of soccer. Through dribbling, change of pace and direction, 1v1, 2v1, 2v2, to 4v4 small sided games, technical training involving heading, long balls, fast footwork, fitness training, change of point and speed of play, you'll be ready for the spring season of your favorite sport!

**Dates:** Saturdays  
 January 9-March 6  
 exclude January 23  
**Times:** ages 5-7 4:00-5:00 p.m. **#321648.1**  
 ages 8-11 5:15-6:15 p.m. **#321648.2**  
**Place:** Greendale High School, Main Gym  
**Fee:** Resident \$85.00  
 Non-Resident \$95.00  
**Instructor:** Aaron Dausel  
**Note:** Participants must bring shin guards and wear indoor soccer or tennis shoes for participation in this program. Bring a filled bottle of water.

**Participants may register for this program upon receipt of this brochure by calling the Park and Recreation office at 414-423-2790.**

### Middle School Kickball

grades 6 through 8

NEW!

It's the game that never gets old and is always fun to play! Join us for some spring sunshine, and enjoy some fun kickball games. New teams formed each week and mix up of the rules, to keep each week different and interesting, will be incorporated. Exercise doesn't have to be hard-come and enjoy fresh air and kickball!

**Dates:** Tuesdays **#321646.1**  
 April 27-May 18  
**Time:** 5:30-6:30 p.m.  
**Place:** Greenfield Middle School  
 Softball Field  
**Fee:** Resident \$20.00  
 Non-Resident \$30.00  
**Instructor:** Greenfield Parks & Rec Staff

**Note:** Participants must come dressed for action and bring a filled water bottle to each class.

Remember to set up your household account, if you intend to use our online registration process, at least 7 business days before you plan to register. Please go to the website below and click on "Create Account." Then fill out the information and hit submit and we will verify your information and you will be ready to register for classes online! Note: If, when trying to set up a household account, you get an error message about a duplicate household, please call or stop by the office to verify your information and get your online household information for future use.

<https://webtrac.greendale.k12.wi.us/wbWSC/webtrac.wsc/wbSPlash>

Most of the activities will be available for online registration for Winter/Spring beginning January 9.



# Hooper Hands Basketball Academy

ages 4 through 11



Hooper Hands Basketball Academy teaches kids the fundamentals of basketball in a one-of-a-kind way. Kids will have the game broken down into specific parts so they can focus their time in that area to become a better player.

**Place:** Maple Grove Elementary Gym  
Greenfield  
**Fee per session** (inc. t-shirt): Resident \$52.00  
Non-Resident \$66.00

**Instructor:** Hooper Hands Staff  
**Note:** Programs may build on each previous class, but participants may sign up for class without previous registration.

## Basketball 101/201

**101 (ages 4-8)** – This class is designed to give your child an overview of basic basketball skills. During the class, participants will be introduced to dribbling, shooting, rebounding and passing.  
**201 (ages 9-11)** – Participants will be introduced to various ball handling, shooting, passing and rebounding drills. To showcase skills learned in the class, the Hooper's will perform team play at the end of some classes.

**Dates:** Tuesdays, January 19-February 9  
**Age/Time:** 4-5 5:45-6:30 p.m. #321621.1  
6-8 6:40-7:25 p.m. #321621.2  
9-11 7:35-8:20 p.m. #321621.3

## Principles of Dribbling

**Ages 4-8** – This class will build upon Basketball 101. Participants will compete in different ball-handling drills, games and stations to develop those Hooper Hands.  
**Ages 9-11** – This class will build on Basketball 201. Participants will continue to work on numerous dribbling drills, skill stations and 1-on-1 moves to improve those Hooper Hands.

**Dates:** Tuesdays, February 23-March 16  
**Age/Time:** 4-5 5:45-6:30 p.m. #321621.4  
6-8 6:40-7:25 p.m. #321621.5  
9-11 7:35-8:20 p.m. #321621.6

## Intro to Shooting Techniques

We will work on various shooting drills, skills and the techniques of our method "Hand in the Cookie Jar." We will conclude class with players being divided into teams for different shooting competitions.

**Dates:** Wednesdays, March 17-April 14  
exclude March 31  
**Age/Time:** 6-8 6:00-6:45 p.m. #321621.7  
9-11 7:00-7:45 p.m. #321621.8

## Little Hooper Fitness 101

Join in for some fun and basketball fitness! Students will play games, work on various agility drills and basketball skills to develop those Hooper Hands.

**Dates:** Tuesdays, March 23-April 20  
exclude March 30  
**Age/Time:** 4-5 5:45-6:30 p.m. #321621.9  
6-8 6:40-7:25 p.m. #321621.10  
9-11 7:35-8:20 p.m. #321621.11

## Pass-Shoot-Score

This is a mini-basketball-league-class. In the beginning of class, participants will complete a series of different basketball fundamental drills and skills. We will conclude class with players being divided into teams and competing against each other.

**Dates:** Tuesdays, April 27-May 18  
**Age/Time:** 4-5 5:45-6:30 p.m. #321621.12  
6-8 6:40-7:25 p.m. #321621.13  
9-11 7:35-8:20 p.m. #321621.14

## Ice Skating Lessons

ages 3 years and older through adults



Ice skating is one of the world's greatest sports! Skating is fun, challenging, and rewarding. Levels are designed to develop preliminary coordination and strength necessary to maneuver on the ice and gain basic knowledge to advance to specialized levels. Following the program designed by the U.S. Figure Skating Association, this progressive lesson program is perfect for the beginner or "not so" beginner skater!

**\*Dates:** Saturdays  
**Session I:** January 9-February 20 #321672.1  
**Session II:** February 27-April 17 #321672.2  
exclude March 27

**\*Time:** 1:45-2:30 p.m.  
**Place:** Wilson Park Recreation Center  
4001 S. 20th Street-Milwaukee

**\*\*Fee per session:**  
Resident \$125.00  
Non-Resident \$135.00

**Instructor:** Greater Milwaukee Figure Skating Club  
**Note:** \*It should be noted that times may vary on occasion if Wilson Park schedules a tournament, etc. Also, there may be a couple of exclusion dates that were not known at the time of the printing of the brochure. Staff of the program will provide up-to-date information to registrants. Program fee is based on a 7-week schedule.

\*\*If registered for two consecutive 7-week sessions at the same time, the fee for each session is \$110.00 (\$220.00 total). Also, family discount, 3rd person registered in same family receives a \$30.00 discount.

Skate rental is NOT included. Rentals are \$3.00 per lesson at the Wilson Ice Center.

**Participants may register for Session I upon receipt of this brochure by calling the Park and Recreation office at 414-423-2790.**

# Try Something

# New!

## Baseball Pitching Camp

boys, grades 3 through 8



This pitching camp will be a foundation for any pitcher leading into their summer season. The focus of the camp will be on developing proper pitching mechanics along with the mental aspect of pitching. Drills used for throwing progressions will also be taught.

**Dates:** Saturdays **#321651.1**  
March 6, 13 and 20  
(make-up date if needed-March 27)

**Time:** 9:00-10:00 a.m.

**Place:** Greendale High School  
Main and Upper Gyms

**\*Fee** (includes t-shirt):  
Resident \$70.00  
Non-Resident \$80.00

**Instructor:** Brian Johnsen, GHS Head Varsity Baseball Coach and staff and players

**Note:** Students must bring a parent or older teen who can catch for them. Bring a baseball glove, kitchen/hand towel, and gym shoes (no cleats). No jeans or baggy clothes.

\*If registering for all three baseball camps (hitting, pitching and fielding) at the same time, receive a discount. . . total cost is \$175.00. **#321637.1**

## Baseball Fielding and Baserunning Camp

boys or girls, 5K through grade 8



The fielding portion of this camp will focus on the fundamentals and strategies necessary to be strong defensively. Both infield and outfield positions will be focused on. The baserunning portion will focus on technique and mental awareness necessary to be a great baserunner. Students will be divided into groups according to grade levels.

**Dates:** Saturdays **#321673.1**  
March 6, 13 and 20  
(make-up date if needed-March 27)

**Time:** 11:30 a.m.-12:30 p.m.

**Place:** Greendale High School  
Main and Upper Gyms

**\*Fee:** Resident \$60.00  
Non-Resident \$70.00

**Instructor:** Brian Johnsen, GHS Head Varsity Baseball Coach and staff and players

**Note:** Students must bring a baseball glove, kitchen/hand towel. Dress in gym clothes and gym shoes (no cleats). No jeans or baggy clothes.

\*If registering for all three baseball camps (hitting, pitching and fielding) at the same time, receive a discount. . . total cost \$175.00. **#321637.1**  
(grades 3 through 8 only)

## Baseball Hitting Camp

boys or girls, 5K through grade 8



Batters Up! This hitting camp will prepare you for the summer baseball season. The focus of the camp will be on hitting fundamentals, drills to improve hitting skills, bunting, and mental preparation. Students will be divided into groups according to grade levels.

**Dates:** Saturdays **#321655.1**  
March 6, 13 and 20  
(make-up date if needed-March 27)

**Time:** 10:15-11:15 a.m.

**Place:** Greendale High School  
Main and Upper Gyms

**\*Fee** (includes t-shirt):  
Resident \$70.00  
Non-Resident \$80.00

**Instructor:** Brian Johnsen, GHS Head Varsity Baseball Coach and staff and players

**Note:** Students must bring a baseball bat, kitchen/hand towel. Dress in gym clothes and gym shoes (no cleats). No jeans or baggy clothes.

\*If registering for all three baseball camps (hitting, pitching and fielding) at the same time, receive a discount. . . total cost \$175.00. **#321637.1**  
(grades 3 through 8 only)

## Middle School Dodgeball

grades 6 through 8



"If you can dodge a wrench, you can dodge a ball." No need to practice like they do in the movies. Have a blast playing dodgeball with your friends on Tuesday nights. Each week, teams will be formed, and then let the dodgeball frenzy begin! Fun new variations will be used each week.

**Dates:** Tuesdays **#321629.1**  
January 26-February 16

**Time:** 7:00-8:00 p.m.

**Place:** Edgewood Elementary  
Gym - Greenfield

**Fee:** Resident \$20.00  
Non-Resident \$30.00

**Instructor:** Greenfield Parks & Rec Staff

**Note:** Participants should bring a filled water bottle marked with student's name to each class.



## Recreational Youth Baseball/Softball

Grades PreK thru 8<sup>th</sup>

Where kids have fun, improve at baseball or softball, and experience being part of a team.

Registration for summer 2021 season begins December 1<sup>st</sup>!

[Discount for early registrants]

**To register:**  
**TwiNitebaseball.org**

For more information:  
Twiniteyouthbaseball@gmail.com

Season Dates:  
June 4<sup>th</sup> - Opening day  
July 30<sup>th</sup> - Season closes

## Ladies 5 Hole Tour

adults-ladies only



Are you looking to improve your golf game, play a few holes and be with your friends? This 10-week, 5-hole golf league, for ladies only, gives you a chance to learn the game and play a few holes of golf. Lessons will be 5:15-6:15 p.m. (Mondays), 9:30-10:30 a.m. (Tuesdays), or 5:15-6:15 p.m. (Tuesdays) with golf to follow.

At the conclusion of your lesson, pick who you want to play with, you'll then be assigned a starting hole for you and your friends to play as many holes as you wish.

Registrants should plan to attend the "Get Acquainted/Informational" meeting (both days) on **Monday, May 24th**, at 5:30 p.m. at MLCC. Refreshments will be served (beer and soda for nominal charge, snacks free) with the evening including explanations of league activities, common golf terms, rules, and GAMES OF CHANCE!

### Dates/Times:

Session I Mondays #311603.1

June 7-August 9  
exclude July 5

5:15 p.m.-lesson with play to follow at  
6:15 p.m.

Session II Tuesdays #311603.2

June 8-August 10  
exclude July 6

9:30 a.m.-lesson with play to follow at  
10:30 a.m.

Session III June 8-August 10 #311603.3

exclude July 6

5:15 p.m.-lesson with play to follow at 6:15 p.m.

**Place:** Muskego Lakes Country Club

Hwy 36-Muskego

**Fee per session:** Resident \$285.00

Non-Resident \$295.00

**Instructors:** Mark Krause, Bob Beyer, Amanda Bliske,  
Jim Maher and Steve Krause, Golf Pros at  
MLCC-Updated

**Note:** Included in the fee is your golf, lessons, range balls, lessons and a golf cart. Credits even issued for up to two missed lesson days for a future round of golf in 2021 season.. Call (414) 425-6500 for status of class when weather is questionable. Please be on time! More information available at "Muskegolakes.com".

**Deadline to register: April 26th**  
(or until filled)

## Adult Softball Leagues

ages 18 years and older

The Greendale Park and Recreation Department has begun accepting new 2021 adult summer softball team registrations. There are current openings in our Tuesday Co-Rec league, and Thursday Men's leagues. All games will be played at the Community Center Park (6:15, 7:15, 8:15, and 9:15 p.m. and expected to begin late-April/early May). Maximum of 18 players per team. A team fee of \$340.00 (includes department providing balls), and a non-resident player fee of \$10.00 per person will be charged.

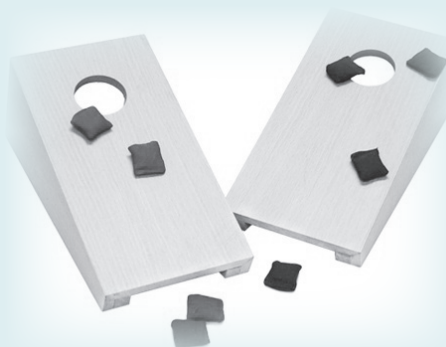
**For further information, contact the  
Park and Recreation Department  
at (414) 423-2790 or e-mail  
park.rec@greendaleschools.org**

## Adult Bags League

ages 21 years and older

The Greendale Park and Recreation Department has begun accepting 2021 adult spring Bags team registrations. There are current openings in our Monday and Wednesday leagues. All games will be played at the space between the Community Learning Center and the Panther Pub (6:15, 7:00, 7:45, and 8:30 p.m.). This six week season will begin in early May and continue in June. Maximum of 4 players per team. Team fee is \$40.00. Top finishers will receive a gift card to the Panther Pub and Eatery.

**For further information, contact the  
Park and Recreation Department  
at (414) 423-2790 or email  
park.rec@greendaleschools.org**



## Co-Rec Volleyball Leagues

adults

There are three leagues with a maximum of 12 players per team and 4 teams per Monday league (3 leagues).

Monday A, Monday B, Monday C leagues available.

**Dates:** Mondays  
February 1-March 29 or April 5  
(9-week season based on  
number of teams)

**Times:** 6:45, 7:45, and 8:45 p.m.

**Place:** Greendale Middle School  
Gym

**Fee:** \$150.00 team fee plus  
\$5.00 Resident,  
\$10.00 Non-Resident player

**Note:** Spots will be filled on a first-come, first-serve basis. Register at the Park and Recreation office during office hours. The \$150.00 team fee must accompany the registration.

## Open Recreation Volleyball

coed adults

Supervision is provided for adults to get together and play volleyball. Department provides the equipment, you provide the energy! Participants must wear gym shoes and provide their own towels, locks, etc.

**Dates:** Thursdays #311601.1  
January 28-May 6  
exclude April 1

**Time:** 7:00-9:30 p.m.

**Place:** Greendale Middle School  
Main Gym

**Fee:** Resident \$50.00  
Non-Resident \$60.00

**Supervisor:** Dominic Graziano

## Fastpitch Softball Fundamentals of Windmill Pitching

girls, grades 3 through 12

This 8-week session is for girls interested in learning how to be a fastpitch pitcher. Through drill work and repetition, athletes will learn all phases of the fastpitch motion to accomplish proper mechanics, speed, and control. They will learn the importance of their mental approach to being on the mound and being in control of a game. Pitching is a highly specialized skill that requires dedication, patience, and lots of practice outside of this 8-week clinic. Girls who are willing to commit the time and effort are encouraged to register.

**Dates:** Mondays  
January 25-March 22  
exclude February 15

**Times:**  
grades 3-6 6:30-7:20 p.m. #321601.1  
grades 7-12 7:35-8:25 p.m. #321601.2

**Place:** College Park School  
Gym

**Fee:** Resident \$120.00  
Non-Resident \$130.00

**Instructor:** Abby Mahsem, 4 year starting pitcher at Wisconsin Lutheran College coached by Katie Boyle. In 2018 earned 1st Team All NACC and 2nd Team All Region honors while becoming the first pitcher in WLC program history to be named NACC Pitcher of the Year. As the reigning Pitcher of the Year, she finished out her career in 2019 again earning 1st Team All NACC, NACC Pitcher of the year, and 2nd Team All Region honors.

**Note:** A catching partner is required to attend. Class size is limited to ensure personalized attention and player safety.



## Spring T-Ball

ages 3 through 5

Learn the fundamentals in a fun and relaxing environment! New teams picked each class.

**Dates:** Mondays and Wednesdays  
April 26-May 19

**Times:**  
Session I 4:25-5:05 p.m. #321604.1  
Session II 5:15-5:55 p.m. #321604.2

**Place:** Greendale Community Center Park  
6200 S. 76th Street  
(grass area north of tennis courts)

**Fee per session:** Resident \$28.00  
Non-Resident \$38.00

**Instructor:** "Coach Meri" Misko

**Note:** Children should bring a filled water bottle marked with their name each time.

## Volleyball Skills

ages 9 through 14

This 5-week session is a great way to touch up on your volleyball skills. The basic fundamentals of serving, setting, and bumping will be taught in this class. New drills will be incorporated each week and volleyball games will be played as the class progresses.

**Dates:** Wednesdays  
February 24-March 24

**Times:**  
ages 9-11 5:45-6:45 p.m. #321642.1  
ages 12-14 6:55-7:55 p.m. #321642.2

**Place:** Glenwood Elementary School  
Gym

**Fee per level:** Resident \$25.00  
Non-Resident \$37.00

**Instructor:** Greenfield Parks & Rec Staff

**Note:** Participants must bring tennis shoes (not street shoes) and a filled water bottle to each class.



## Reporting for Spring Training

grades 3 through 5

Just like the major leagues, join this class to gear up for baseball. Focus of this program is on hitting, base running and throwing. Grab your glove and don't miss out on learning the skills...just like the pros!

**Dates:** Tuesdays  
March 2-April 27  
exclude March 30 & April 6

**Time:** 5:45-6:30 p.m.

**Place:** Canterbury School  
Gym

**Fee per session:** Resident \$25.00  
Non-Resident \$30.00

**Instructor:** Linda Jacobson

**Note:** Bring a glove. If weather permits, program will meet outdoors...dress accordingly.



## Introduction to Martial Arts

ages 3 through seniors

This program is open to only "new" students of Martial Arts America.

From focusing, to goal setting, to self-discipline, to self-respect – kids emerge from this program changed for the better having worked to reach their full potential and having a ton of fun at the same time. And their parents won't be happier!

With "flex scheduling", registrants may begin their program any time **before** February 26th. The program meets twice a week for 6 weeks...so pick what days and times work best for your schedule and when you receive your call from the staff, you'll be ready to begin...on your schedule!

**Date/Times:** Scheduling options include:  
ages 3-7 Mondays at 5:15 p.m.;  
Wednesdays at 5:15 p.m.;  
Thursdays at 6:30 p.m. #322705.1

ages 8+ Mondays at 6:00 p.m.;  
Wednesdays at 6:00 p.m.;  
Thursdays at 6:00 p.m. #322705.2

**Place:** Martial Arts America  
6930 Industrial Loop

**\*Fee:** Resident \$49.00  
Non-Resident \$59.00

**Instructor:** Staff of Martial Arts America

**Note:** All classes are 30-minutes in duration. Upon registration, expect a follow-up phone call from the staff of Martial Arts America to schedule your specific class time.

Proper health and safety precautions are in place.

\*Fee includes one free private lesson and tour of facility, "My First 6 Weeks Martial Arts" workbook, and uniform.