

Sports Programs

Co-Rec Volleyball Leagues

adults

There are three leagues with a maximum of 12 players per team and 4 teams per Monday league (3 leagues).

Monday A, Monday B, and Monday C leagues available.

Dates: Mondays
September 11-December 4/11
(12-week season based on number of teams)
exclude November 6

Times: 6:45, 7:45 and 8:45 p.m.

Place: Greendale Middle School Gym

Fee: \$200.00 team fee plus
\$5.00 Resident,
\$10.00 Non-Resident player

Note: Spots will be filled on a first-come, first-serve basis. Register at the Park and Recreation office during office hours. The \$200.00 team fee must accompany the registration.

Spikeball

ages 11 through 18

Come join us for this new up-and-coming sport! The sport is played 2 vs 2, with a taut hoola hoop-sized Spikeball net placed between the teams. A player starts a point by serving the ball down on the net so it ricochets up at the opponent. The opponents have up to three hits between them (just like volleyball) to control the ball and bounce it back off the net. When they miss, you score! Even better, there are no boundaries. Once a point starts, players can move or hit the ball anywhere. Don't miss this program!

Dates: Wednesdays **#221658.1**
September 20-October 11

Time: 5:15-6:15 p.m.

Place: Konkel Park-Greenfield Sand Courts

Fee: Resident \$15.00
Non-Resident \$20.00

Supervisor: Greenfield Parks & Recreation Staff



Packer Backer Tour

grades 6 through 9

Spend a day with friends and ride up to Green Bay, home of the Super Bowl XLV champions. Our trip to Lambeau Field will begin with a visit to the brand new Packers Hall of Fame and browse through highlights of championship seasons gone by. We will eat lunch at the new 1919 Kitchen & Tap restaurant inside the atrium, followed by a two-hour guided, walking stadium tour, which will take you to places the general public usually does not get access to, including the player tunnel and field, press box, visiting team locker room, luxury suites, and yes, the roof of the stadium!

Before heading home, we will visit the expanded Packers Pro Shop, with photo opportunities at the statues by the front entrance.

Date: Saturday, November 11 **#220104.1**

Time: Bus (school) departs from Greenfield City Hall (7325 W. Forest Home Avenue) at 7:45 a.m. SHARP, and Returns to Greenfield City Hall at 5:30 p.m. (approx.)

Fee: Resident \$50.00
Non-Resident \$60.00

Trip Coordinator: Mike Seavert, Whitnall Middle School teacher and 2004 Green Bay Packers Fan Hall of Fame finalist

Note: Please bring additional spending money for lunch and souvenirs (as these costs are not included in the reservation fee). Interested in being a parent chaperone? Contact Park and Recreation (414-423-2790) for details on a reduced rate (and availability).

Deadline to register: October 26th

Fastpitch Softball Fundamentals of Windmill Pitching

girls, ages 9 through 16

This 8-week session is for girls interested in learning fastpitch softball pitching. Through drill work and repetition, athletes will learn all phases of the windmill pitching motion to accomplish proper mechanics, speed, and control. Pitching is a highly specialized skill that requires dedication, patience, and lots of practice. Girls who are willing to commit the time and effort are encouraged to register.

Dates: Mondays
October 2-November 20

Times: Session I 7:00-7:55 p.m. **#221601.1**
Session II 8:00-8:55 p.m. **#221601.2**

Place: Canterbury School, Gym

Fee per session: Resident \$120.00
Non-Resident \$130.00

Instructor: Katie Boyle, 4-year Starting Pitcher at UW-Whitewater, named NFCA First Team All-Region and WIAC Pitcher of the year in 2013.

Note: A catching partner is required to attend. Class size is limited to ensure personalized attention and player safety.



Free Passes to Athletic Events

Adults 65+

Passes are available to Greendale resident "older adults" for free admittance to any Greendale High School home athletic event (excluding conference, regional or sectional events).

Athletic contests away from home are excluded. Non-transferable. Pass is available at the High School Athletic office, Monday-Friday from 9:00 a.m.-3:00 p.m. or Greendale School District Office/Park and Recreation Department between 8:00 a.m. and 4:00 p.m. A picture identification indicating age and address must be shown to obtain a pass.

Resident Registration Wednesday, September 6th (see page 3 for details)

Youth Wrestling

Kindergarten through grade 5



Not sure if wrestling is the sport for you? This program will provide students work on wrestling skills and strategies, but more importantly, it will incorporate all-around physical activity through competitive games and activities including tumbling which enhances the wrestling experience. Students will leave invigorated...and tired from a great workout!

Dates: Mondays and Thursdays **#221649.1**
November 27-January 11
exclude December 25, 28 & January 1

Time: 7:00-8:15 p.m.

Place: Greendale Middle School
Upper Gym

Fee: Resident \$30.00
Non-Resident \$40.00

Instructor: Brandon Kircher, NCAA National Qualifier at UW-Parkside; 3 time WIAA wrestling qualifier; WI state place winner

Note: Participants are expected to be on-time and come prepared for activity. Dress should be tennis shoes, t-shirts, and shorts or sweatpants (no zippers) and no jewelry. Also bring a water bottle. The Department will be offering a Phase II program beginning in late-January which will provide more skill development and learning opportunities...with possibly a couple of tournament opportunities. To participate in this Phase II program, students will have had to complete this fall wrestling program or have other wrestling experience.

Pee Wee Tennis Lessons

Kindergarten through grade 3



5Kgn through Grade 1 (Pee Wee I)

Learn the basics of tennis including grip, stance and basic strokes. A special racket designed for the younger player will be utilized.

Grades 2 & 3 (Pee Wee II)

Continued tennis instruction for older players and those who participated in Pee Wee Tennis I. Classes will teach proper mechanics, using a variety of fun drills and games. As skills progress, modified tennis matches may be played.

Dates: Tuesdays
October 3-31

Times:
Pee Wee I 5:15-6:00 p.m. **#221701.1**
Pee Wee II 6:00-6:45 p.m. **#221701.2**

Place: Maple Grove Elementary Gym - Greenfield

Fee: Resident \$30.00
Non-Resident \$60.00

Instructor: Greenfield Parks & Rec Staff

Note: Appropriate sized racquets will be provided and balls.

NEW!

Intro to Racquetball

grades 3 through adults



This "Introduction to Racquetball" program will introduce participants to the game of racquetball including rules, strategy, and technique. Participants do not need previous experience, just an interest in learning. This is a great class to learn with a friend so sign up together.

Dates: Wednesdays
November 1-15

Times:
gr. 3-5 6:00-6:45 p.m. **#221653.1**
gr. 6-8 6:50-7:35 p.m. **#221653.2**
gr. 9-adult 7:40-8:40 p.m. **#221653.3**

Place: Southridge Athletic Club
6815 W. Edgerton Avenue

Fees per age grouping:
gr. 3-5 & 6-8 Resident \$18.00
Non-Resident \$23.00
gr. 9-adults Resident \$24.00
Non-Resident \$29.00

Instructor: Scott Lein, Owner-Southridge Athletic Club
Note: Participants should have protective eye wear. Southridge Athletic Club has a few extra glasses, but if participants want to guarantee protection, proper fit, or prescription, bringing their own is best. Dress should be appropriate for fitness activities and clean, indoor only shoes.

Bowling Instruction

ages 5 through 11



A great beginner bowling program. Participants will learn about bowling etiquette, scoring, and mechanics during the instruction portion of each lesson. Following the instruction, kids will take to the lanes to apply what they learned.

Dates: Saturdays **#221670.1**
October 14-November 18

Time: 9:00-10:15 a.m.

Place: Classic Lanes-Greenfield, 5404 W. Layton Avenue

Fee: Resident \$60.00
Non-Resident \$70.00

Instructor: Staff of Classic Lanes

Note: Each lesson contains instruction, three games of bowling, and shoe rental.



Soccer Academy

ages 5 through 11



For the "rec-to-select" soccer player (girl or boy), here's an opportunity to work on skills and drills of soccer. Through dribbling, change of pace and direction, 1v1, 2v1, 2v2, to 4v4 small sided games, technical training involving heading, long balls, fast footwork, fitness training, change of point and speed of play, you'll be ready for the spring season of your favorite sport!

Dates: Saturdays
January 6-March 10
exclude January 13

Times:
ages 5-7 4:00-5:00 p.m. **#221648.1**
ages 8-11 5:00-6:00 p.m. **#221648.2**

Place: Greendale High School, Main Gym

Fee: Resident \$85.00
Non-Resident \$95.00

Instructor: TBD

Note: Participants must bring shin guards and wear indoor soccer or tennis shoes for participation in this program.

NEW!

Racquet Sports

grades 3 through adults



We will offer a different racquet sport each week. Participants will experience basic rules, strategy and technique before participating in open play with rotation. Class rotation: Badminton on December 6; Pickleball on December 13; and Racquetball on December 20.

Dates: Wednesdays
December 6-20

Times:
gr. 3-5 6:00-6:45 p.m. **#221641.1**
gr. 6-8 6:50-7:35 p.m. **#221641.2**
gr. 9-adult 7:40-8:40 p.m. **#221641.3**

Place: Southridge Athletic Club
6815 W. Edgerton Avenue

Fees per age grouping:
gr. 3-5 & 6-8 Resident \$18.00
Non-Resident \$23.00
gr. 9-adults Resident \$24.00
Non-Resident \$29.00

Instructor: Scott Lein, Owner-Southridge Athletic Club
Note: Participants should have protective eye wear, especially for racquetball. Southridge Athletic Club has a few extra glasses, but if participants want to guarantee protection, proper fit, or prescription, bringing their own is best. Dress should be appropriate for fitness activities and clean, indoor only shoes.

Advanced Basketball Skill Development

boys and girls, ages 10 through 12

This program is designed for boys and girls looking to advance their basketball skills beyond basic fundamentals. Participants will learn advanced dribbling, shooting, passing and rebounding techniques to take their game to the next level! Mini-scrimmages will be held as skill level develops to test the progression of participants.

Dates: Tuesdays **#221682.1**
October 17-November 14

Time: 7:10-7:55 p.m.

Place: Glenwood Elementary School
Gym-Greenfield

Fee: Resident \$30.00
Non-Resident \$60.00

Instructor: Greenfield Parks & Rec Staff

Note: Prerequisite is Basketball Beginnings II or prior basketball experience.



Men's Recreation Basketball/Volleyball

adults

Supervision is provided for adults to get together and play basketball and volleyball. Department provides the equipment, you provide the energy! Participants must wear gym shoes and provide their own towels, locks, etc.

Dates: Thursdays **#211601.1**
October 5-December 21
exclude October 26 & November 23

Time: 7:00-9:30 p.m.

Place: Greendale Middle School
Main Gym

Fee: Resident \$40.00
Non-Resident \$50.00

Supervisor: Scott Starr/Taylor Thompson

Basketball Beginnings

boys and girls, ages 6 through 9

BEGINNINGS I

ages 6 and 7

A beginning basketball program for boys and girls which stresses fun and basic fundamentals such as dribbling, passing, rebounding, shooting, rules, and team play. Scrimmages will be played as skill level develops.

BEGINNINGS II

ages 8 and 9

Participants will be taught the inner workings of team play and game strategy, with continued emphasis on improving the basic fundamentals such as dribbling, passing, rebounding, and shooting. Scrimmages will be held as skill level develops. Prerequisite: Basketball Beginnings I or prior basketball experience.

Dates: Tuesdays
October 17-November 14

Times: ages 6 & 7: 5:30-6:15 p.m. **#221668.1**
ages 8 & 9: 6:20-7:05 p.m. **#221668.2**

Place: Glenwood Elementary School, Gym-Greenfield

Fee: Resident \$30.00
Non-Resident \$60.00

Instructor: Greenfield Recreation Staff

Instructional Basketball League

boys and girls, grades 1 through 4

Program is structured around game play with continued emphasis on learning and developing the fundamentals. Instructors will guide each participant through defensive and offensive drills. Rosters will be limited to 8-10 players. The first two meetings will be used for general practices and formation of teams.

Dates: Wednesdays
October 11-November 1

Times: gr. 1 & 2: 6:00-7:00 p.m. **#221667.1**
gr. 3 & 4: 6:00-7:00 p.m. **#221667.2**

Place: Elm Dale Elementary School
Gym-Greenfield

Fee: Resident \$28.00
Non-Resident \$56.00

Instructor: Greenfield Recreation Staff

Note: Prerequisite for registration in this program is participation in the Basketball Beginnings I or II program or prior basketball experience.

Ice Skating Lessons

ages 3 years and older through adults

Ice skating is one of the world's greatest sports! Skating is fun, challenging, and rewarding. Levels are designed to develop preliminary coordination and strength necessary to maneuver on the ice and gain basic knowledge to advance to specialized levels. Following the program designed by the U.S. Figure Skating Association, this progressive lesson program is perfect for the beginner or "not so" beginner skater!

***Dates:** Saturdays

Session I: September 9-October 21 **#221672.1**
Session II: October 28-December 16 **#221672.2**
exclude November 25

Session III: January 6-March 3 **#321672.3**

***Time:** 1:45-2:30 p.m.

Place: Wilson Park Recreation Center
4001 S. 20th Street-Milwaukee

****Fee per session:** Resident \$125.00
Non-Resident \$135.00

Instructor: Greater Milwaukee Figure Skating Club

Note: *It should be noted that times may vary on occasion if Wilson Park schedules a tournament, etc. Also, there may be a couple of exclusion dates that were not known at the time of the printing of the brochure. Staff of the program will provide up-to-date information to registrants. Program fee is based on a 7-week schedule.

**If registered for two consecutive 7-week sessions at the same time, the fee for each session is \$110.00 (\$220.00 total). Also, family discount, 3rd person registered in same family receives a \$30.00 discount.

Skate rental is NOT included. Rentals are \$3.00 per lesson at the Wilson Ice Center.

Participants may register for Session I upon receipt of this brochure.

Fall T-Ball

ages 3 through 5

Learn the fundamentals in a fun and relaxing environment! New teams picked each class.

Dates: Mondays and Wednesdays **#221604.1**
September 18-October 4

Time: 5:15-5:55 p.m.

Place: Jaycee Park Grass Area (across from Greendale HS)

Fee: Resident \$20.00
Non-Resident \$30.00

Instructor: "Coach Meri" Misko

Note: Children should bring a water bottle marked with their name each time.

Dodgeball

grades 6 through 8



"If you can dodge a wrench, you can dodge a ball."

No need to practice like they do in the movies. Have a blast playing dodgeball with your friends on Thursday nights. Each week teams will be formed, and then, let the dodgeball frenzy begin. Each week new, fun variations will be used.

Dates: Thursdays **#221629.1**
 November 2-30
 exclude November 23
Time: 6:00-7:00 p.m.
Place: Maple Grove Elementary School
 Gym-Greenfield
Fee: Resident \$15.00
 Non-Resident \$20.00
Facilitator: Greenfield Parks & Rec Staff
Note: Bring a water bottle and gym shoes.



Special Olympics

ages 8 through adults

Greendale Park and Recreation is now the Agency Manager for Greendale Special Olympics. Special Olympics provide a variety of Olympic-type sports for children and adults with intellectual disabilities. This fall we will participate in **bowling** with practice on Saturdays. We will also compete in the regional competition in Wauwatosa. Future sports will include basketball skills (winter) and athletics (track and field) in spring.

Dates: Saturdays **#224001.1**
 September 9-November 18
Time: 12:00-2:00 p.m.
Place: Country Lanes Bowling Alley
 11231 W. Forest Home Avenue-
 Franklin
Fee: No charge; however must pre-register
Coaches: John Bill & Mark Ulmen
Note: Please email Nick at Nick.Phalin@greendale.k12.wi.us as soon as possible to be sure to comply with Special Olympics nation-wide rules and deadlines. Participants for this bowling program must be 8 years old by October 1, 2017. This program is for residents only.

Participants may register for this program upon receipt of this brochure.

NEW!

Remote Control-Kids Club

boys and girls, grades 3 through 8 with parent/caregiver



RC-Kids is a club created for kids, by kids, to get them away from their computer games and game consoles and interacting with other kids in a safe, yet competitive, environment while still having fun using radio-controlled cars and trucks. Participants must bring their own hobby-grade radio-controlled car(s) and/or truck(s). Parents are expected to remain at meetings and races to supervise and help their child or children. Come join in the fun of this hobby-sport.

Dates: Mondays **#222035.1**
 September 18-December 18
Time: 6:30-7:30 p.m.
Place: Maple Grove Elementary School
 Gym-Greenfield
Fee: Resident \$10.00
 Non-Resident \$20.00
Instructor: Karl Barthel
Note: Sign up for a full calendar year (fall, winter/spring, summer) for only \$20.00 (\$10.00 discount). For more information, contact Karl @ 414-899-5965 or RCKidsClub@gmail.com or visit www.rc-kids.org.

NEW!

Fall Fishing Fiesta

ages 5 through 10 with parent/adult caregiver



This unique event is the perfect opportunity to introduce youngsters, ages 5-10, to the benefits of fishing and the abundance of public access opportunities available in our community. No fishing gear? No problem! Each participant will receive a fishing pole, tackle box, basic instruction, and a grill-out lunch. This event is limited to the first 20-25 kids.

Date: Saturday, September 30 **#222103.1**
Time: 9:00 a.m.-12:00 p.m.
Place: Idle Isle Park Fishing Pier
 W182 S6666 Hardtke Drive-Muskego
Fee per pair: Resident \$35.00
 Non-Resident \$45.00
Instructor: Staff of Muskego Parks & Rec

Martial Arts "Little Dragons"

ages 6 through adults

Come learn Authentic Shaolin Kung Fu (long and fast) or Chinese Kempo (close and short) from a certified instructor of the all-encompassing Pai Lum Tao (The Way of the White Dragon). Class will include general basics (punches, kicks, and blocks), form/kata, and self-defenses for practical application.

Little Dragons – ages 6 through 11 years of age.
Junior Dragons – ages 12 years of age through adults.

Dates/Times: Mondays
 Session I September 25-October 23
 exclude October 9
 5:45-6:40 p.m. **#222701.1a**
 6:40-7:35 p.m. **#222701.1b**
 Little Dragons
 Jr. Dragons
 Session II October 30-November 20
 5:45-6:40 p.m. **#222701.2a**
 6:40-7:35 p.m. **#222701.2b**
 Little Dragons
 Jr. Dragons
 Session III November 27-December 18
 5:45-6:40 p.m. **#222701.3a**
 6:40-7:35 p.m. **#222701.3b**
Place: Community Learning Center
 5647 Broad Street
 (Lower Level)
Fee per session: Resident \$45.00
 Non-Resident \$55.00
Instructor: Sigung Dennis Shain, 4th (Master) Level in Martial Arts

Note: Wear black sweat pants (no pockets or please sew pockets shut), a black t-shirt, and tennis shoes or bare feet. Students continuing after one session of classes will be required to purchase a uniform (Instructor Shain will provide more information at class). Registrants in the Greendale class will be able to receive extra training at either the Five Elements Kung Fu Academy, or at the Iron Dragon Kung Fu Academy. Check out Instructor Shain's web site at twindrgnsmartialarts.com.

